



Ontario Road Youth Cup – Midweek Youth Cup

Presented by:



July 11th, 2026

July 8, 2026
Technical Guide V2



Event Sponsors and Partners



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Event Description

Date: July 11, 2026

Location: 4720 Tahoe Boulevard, Mississauga, Ontario L4W 5P2

Midweek Youth Cup returns to Tahoe and Buckhorn in Mississauga, Ontario!

The event takes place on a 1km circuit near the airport--the same road Midweek uses every week for our Monday Learn-to-Race and Tuesday Criterium Series.

The race features a Criterium running clockwise and short Time Trial running counter-clockwise.

Parking & Washrooms:

Thanks to our friends at UNC, racers and spectators can park in the north east lots at 1875 Buckhorn Gate. Due to traffic control, please access the parking from Eglinton Ave, not Eastgate Pkwy.

There is no other event parking around the Tahoe/Buckhorn circuit or adjacent lots off Eastgate. Do not park in crew parking at corner 1.

Parking in unauthorized areas puts our event permit at risk and may result in riders being prohibited from participating. Please be respectful of the Marshals directing traffic at the lot and to all the property users. We are guests and if we want this parking to continue, we need to behave accordingly.

Please do not ride in any of the parking lots around the Tahoe/Buckhorn course, including the designated parking, as these are private property.

There is an accessible portalet. (washroom) located about 150 meters east of the finish line. All participants and guests must use the provided unit.

Event Contacts

Position	Name
Event Organizer	Midweek Cycling Club E: midweekcycling@gmail.com
Ontario Cycling Event Lead	Darren De Ruiter E: events.team@ontariocycling.org
Ontario Cycling Membership	Chris Baskys E: info@ontariocycling.org
Timing	https://www.racedb.ca/RaceDB/Hub/SearchCompetitions/
Medical	Dillon Dubusz

Commissaires

Position	Name
President of the Commissaire Panel	Joseph Hall
Finish Judge	Edward Sitarski
Member (Trainee)	Elijah McCaffrey

Registration

- Challenge Membership, Compete Membership, and UCI Race License holders are permitted to participate at all OC sanctioned events. Out-of-Province riders must have a UCI License. Licenses will not be sold on event day and must be purchased in advance.
- Registration for the Midweek Youth Cup closes on Thursday **July 9 (Thu of race week) at 11:59pm.**
- If the Thursday at 11:59pm registration deadline passes and a rider would still like to register, they have until Friday at 4:00pm to contact the OC office for registration to be re-opened and may be subject to a \$50 late entry fee.

Road Youth Cup – Midweek Youth Cup Registration		
Event	Registration Timeline	Link
Youth Cup	Closes Thu, July 9 (Thu of race week) @ 11:59pm	HERE
Cost per event	Price of \$45	

Pre-Riding

Riders assume their own risk and responsibility when riding the course outside of official competition on event weekend, be cautious of other road users and follow all rules of the road.

Categories & Pricing

Youth Cup Schedule				
Time Trial 9:30				
Category	Age Range	Time/Distance	Entry Fee	Start Time
Youth Cat E	8-18	1 lap (1km)	\$45 (Includes both Time Trial and Crit)	9:30am
Youth Cat D	8-18	2 laps (2km)		9:30am
Youth Cat C	8-18	2 laps (2km)		9:30am
Youth Cat B	8-18	3 laps (3km)		9:30am
Youth Cat A	8-18	3 laps (3km)		9:30am
Road Races 11:30				
Youth Cat E	8-18	30 minutes		11:30am
Youth Cat D	8-18	30 minutes		12:15pm
Youth Cat C	8-18	35 minutes		1:00pm
Youth Cat B	8-18	40 minutes		1:45pm
Youth Cat A	8-18	40 minutes		2:45pm

Youth Cup Membership Structure

Category	Age Range	Challenge membership	Compete Membership	UCI License
Cat A Youth	8-18	X	X	X
Cat B Youth	8-18	X	X	X
Cat C Youth	8-18	X	X	X
Cat D Youth	8-18	X	X	X
Cat E Youth	8-18	X	X	X

Awards & Prizes

- Medals will be awarded to the top three (3) finishers in each category.
- Should categories be combined because of low participation numbers, results will be broken out for awards. Awards will be awarded based on the results of each category separated.
- Riders must attend the awards ceremonies or risk forfeiting their awards.
- Podium protocol shall be enforced, and fines may be issued to those who fail to comply. Riders must wear their competition uniform for medal presentations.
- Medal presentations will take place 15 minutes after the subsequent start wave begins or after the last finisher crosses the line.

Event Schedule

Saturday, July 11, 2026:

- 8:30am Rider Sign-In is Open*
- 9:30am Time Trials begin
- 11:30am Road Races begin

**All riders must sign-in before their race. Sign-in closes 30 minutes prior to the start of each race wave.*

Results & Timing

RaceDB will be the timing provider for Midweek Youth Cup. Start lists and results can be found [HERE](#) after registration for the event has closed. Complete official results will be posted on the Ontario Cycling website after the conclusion of the event.

Timing chips will be provided for the time trial and road race. Please return your timing chip at the end of the day.

Bibs Numbers

Time Trial: Bib numbers should be placed in the centre of the jersey.



Road Race: Bib numbers should be placed on the lower right side of the jersey.



Course Maps

Time Trial







Event Rules

General Rules & Regulations

- The event will be run under UCI rules with Ontario Cycling/Cycling Canada modifications.
- The penalty scale of the OC rulebook will be applicable.
- Out of province riders residing in Canada will be required to present a UCI license during registration. Riders residing outside of Canada are required to have a valid UCI race license.
- Races will start promptly at the indicated start times.
- For your safety, if you withdraw from the event for any reason, you must inform the nearest commissaire that you will no longer be racing. Riders not reporting to a race official may be subject to a fine.
- Protests are considered from the point of the incident up to 15-minutes after the posting of results for the related event. All protests are to be made to the President of the Commissaire Panel and all determinations made by the Commissaire Panel are final.
- Radio communication is not permitted between riders and anyone else.

- Should a commissaire or OC representative feel that a rider is unfit to race for any reason, OC reserves the right to remove the rider from the event, for their own safety and the safety of others.
- **Yellow Line Rule will be in effect.** Riders have sole responsibility for their own safety and must obey traffic laws and respect direction from race officials and police.

Equipment Regulations

New 2026 UCI Road Event Equipment Regulations:

- Rim Depth – will be enforced at non-TT Road events:
 - 65mm is the max wheel depth for non-TT road events
- Helmet Regulations – will **not** be enforced at road events prior to the 2026 Road Provincial Championships Aug 7-9 to allow for an adaptation period. The following rules will be enforced at Championship events and all applicable 2027 events. In addition to National & UCI events in 2026. Courtesy checks will be performed at 2026 Road events in preparation for the rules being enforced provincially later this summer:
 - For all events outside of Time Trials, the helmet must have at least 3 distinct openings (inlets) on the shell structure (size is irrelevant, they can be meshed and need to allow for wind to get past the shell of the helmet).
 - Helmets must not cover the ears, not even partially, full ear must be exposed from the helmet. Skull caps/other fabric to cover the ears are permitted; just the helmet must not cover the ears itself.
 - Can't use integrated visors; sunglasses must be able to be worn independently of the helmet.
- Handlebar/Lever Dimensions – will **not** be enforced at OC sanctioned events in 2026, however the following rules will be in effect at National & UCI events in 2026. Courtesy checks will be performed at 2026 road events in preparation for the rules being enforced provincially in 2027:
 - Max horizontal inclination of the hoods is 10 degrees from the curvature part of the handlebar.
 - The maximum "flare" (measurement) From the top inside of the handlebar to the bottom outside of the handlebar is 65mm.
 - Minimum outside to outside width of the bars is 400mm (40cm).
 - Minimum inside to inside width taken at the narrowest part of the levers is 280mm (28cm).
 - If the outside minimums meet the 280mm measurement, the outside will automatically be 400mm or more because most handlebar widths are around 60mm.
- Approved helmets are mandatory at all times while riding a bicycle at Ontario Cycling Events.
- Per CCA rule 1.3.031 N): At all times when participating in or preparing for an event held in Canada, all licensees who are mounted on a bicycle shall wear a securely fastened helmet that meets a recognized cycling standard for the specific discipline. Riders shall provide documented proof of this, such as a manufacturer's label, upon request by event officials.
- Riders are required to wear a jersey corresponding to the club or team on their membership during competition.

- Independent riders are required to wear a plain-coloured jersey with no significant logos, team names or advertising displayed on them.
- **No aerobars** or any equipment that is not permitted in a sanctioned road/gravel race. Refer to Ontario Cycling's event guidelines for more details.
- Each rider is responsible for ensuring their bike is in good working order.

The following are regulations for use of onboard technology at all OC events which are managed by OC Commissaires. These regulations do not apply to any events which do not require Commissaires, but if they are sanctioned under the OC Insurance Policy, Section 6 (a) and (b) applies.

1. All onboard technology device which is fitted on a bicycle must:
 - a. Be installed on a system designed specifically for bicycles and not affect the certification of any item on the bicycle.
 - b. Not cause a risk for the safety of any rider, and therefore, be affixed in a manner that ensures it is not susceptible of inadvertently dismounting or is non-removable.
 - c. The camera footage is not immediately available to the rider.
2. Helmets must have a CSA certification. Any modification, alteration, manipulation, addition or removal of any element, or addition of an accessory unapproved by the helmet manufacturer is prohibited.
3. If the technology appears to be improperly affixed based on the commissaires discretion, the rider must remove or adjust the technology before the rider will be allowed to start.
4. If there is a crash during an event, permission must be secured in writing from the individuals involved before posted any footage from the incident.
5. It is strongly recommended that anyone who is using footage for individual promotion or private use, secure written consent in advance from any individual appearing on the footage.
6. Insurance Implications:
 - a. OC Insurance does not cover loss or damages which may occur to onboard technology during the event.
 - b. All individuals using onboard technology are responsible and liable for any damages and injuries which may occur if the technology interferes with the integrity and safety of the event.

Staging & Start Protocol

- Riders will start in a Mass Start Format according to the above schedule. Riders are encouraged to self-seed themselves based on ability.
- Start Corrals to open 15 minutes prior to start. Riders are reminded to follow instructions for maintaining proper distancing.
- Race Officials will start each wave of the race.

Category Upgrades/Downgrades

There are no criteria for ability upgrades in Road categories, riders competing in Youth Cup events are eligible to self-seed into the category they feel best matches their racing ability. If a rider decides that a race category is too difficult (or subsequently not difficult enough), they will be able to downgrade or upgrade at their discretion.

As a [True Sport](#) organization, Ontario Cycling continues to believe in the True Sport Principles. To this effect, OC reserves the right to move riders into a more suitable category that matches their abilities to ensure the principles of PLAY FAIR, RESPECT OTHERS and KEEP IT FUN are preserved.

Bad Weather and Course Changes

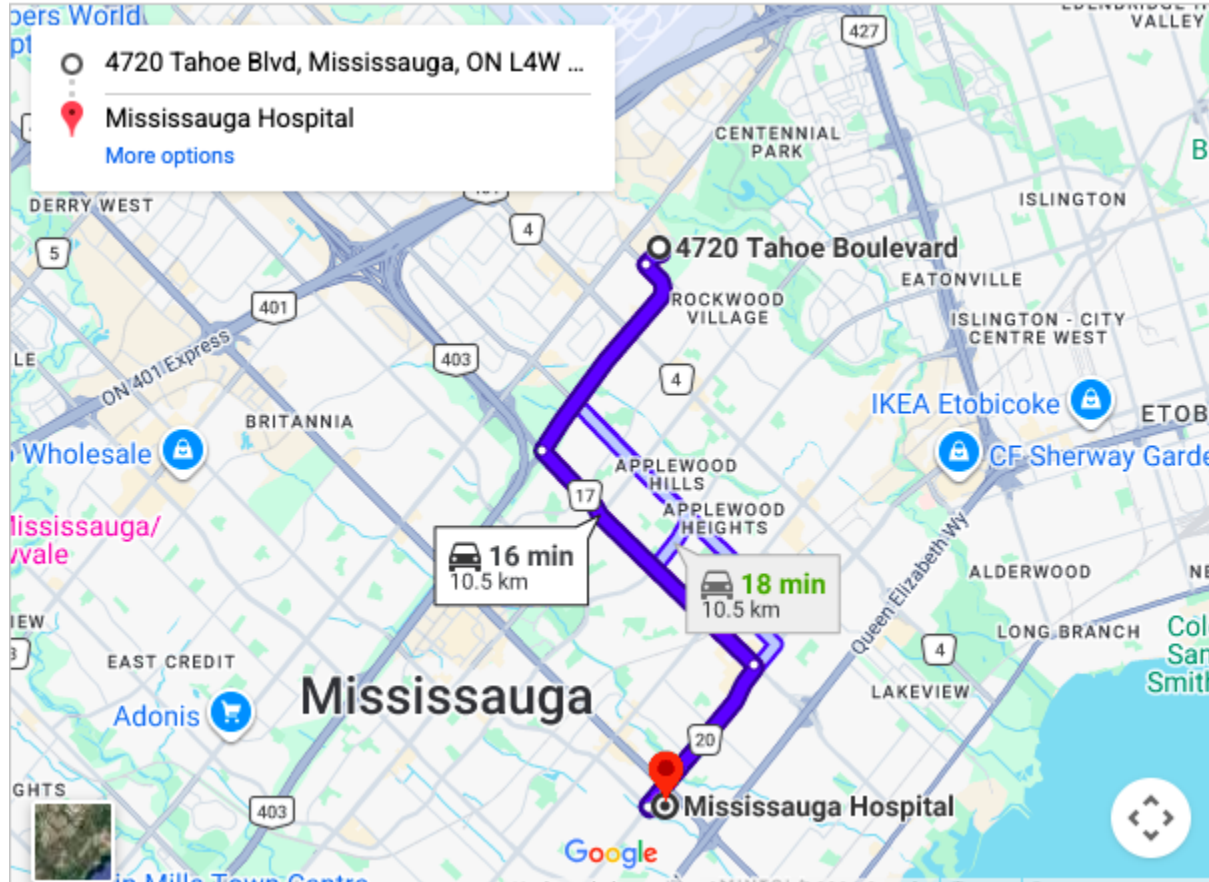
- Changes to the course may be required in case of severe weather or changing atmospheric conditions. Any modifications made will be announced at the start of each wave. In all conditions riders should ensure they are riding within their limits and dismount if the terrain exceeds their technical comfort level.
- In the case of severe weather requiring a change of schedule, an email will be sent out to all participants, and information will be posted on Ontario Cycling's social media accounts.
- [View OC's Weather Policy & Guideline Here](#)

Spectator Safety

Spectating is allowed along the courses behind provided barricades. Spectators should maintain a safe distance behind barricades and use caution when taking photos/videos due to depth perception. Although providing a visual boundary for course limits does not provide significant physical protection from riders breaking through and contacting features, objects, or people outside of course limits.

Medical/Hospitals

Mississauga Trillium Hospital: 100 Queensway W, Mississauga ON L5B 1B8



Directions to Closest Hospital

Race Venue:

4720 Tahoe Blvd, Mississauga, ON L4W 5P2

1. Exit the parking lot towards Tahoe Blvd, turn right onto Tahoe Blvd
2. Use the left 2 lanes to turn left onto Eastgate Pkwy
3. Turn left onto Cawthra Road/Peel Regional Rd 17
4. Turn right onto Queensway E/Peel Regional Rd 20
5. Turn left into Mississauga Trillium Hospital

Course marshals are stationed throughout the course and at the start/finish area.

Safety and First Aid

First Aid will be provided by Dillon Dubusz. They will be stationed near the start/finish area and at strategic location(s) on course at the discretion of the First Aid provider. Marshalls will be on course during all races.