

# Ottawa Bicycle Club's 35rd Annual Almonte Paris-Roubaix

**26 April 2026**

## **Technical Guide V0.7**

### **About**

Like its inspiration, the 35<sup>th</sup> Almonte Paris-Roubaix Cyclo Sportif mixes well paved roads with abominations. The route includes mud, gravel, sand, rocks, unmaintained roads, woodlots and one switchback climb.

The classic route is about 80 kilometres. A shorter 40 km is an option for riders and includes 3 woodlots.

This event is sanctioned as a grandfondo by Ontario Cycling and is **not a race**. As such, **this event will not have official timing**. The roads are open to other users. All traffic laws, including stopping at stop signs and staying to the right, apply to all riders at all times. Marshals may stop or delay riders for safety reasons. Any rider who disobeys their instructions will be immediately removed from the event. There will be no motorized support, partly because some of the roads may not be passable for motor vehicles. We strongly recommend that riders choose cycling equipment for its robustness, not its lightness. Any kind of bicycle may be used, although gravel/cyclocross bikes with large section road tires (at least 28 mm wide) are generally the best choice. Fixed gear bicycles must be equipped with at least a front working brake as is required under the Highway Traffic Act. Tri Bars are not allowed – you can't go all Ted King here. It is each rider's personal responsibility to ensure that their bicycle is legal and safe for road use in Ontario.

All riders must carry a working pump and/or CO2 inflator and at least two spare inner tubes. Tubeless tire users should have tire plugs and a pump or CO2 inflator. Tubular tire users should have at least two spare tires or one tire and an aerosol patching inflator. A cell phone is an excellent item to carry for calling for help if necessary.

Helmets are required at all times, including during warm-up.

For the safety of other riders and to avoid congestion, personal or team following vehicles are not permitted. Any riders or members of teams who violate this rule will be disqualified. Please stop and offer assistance if you are part of or come upon an incident requiring medical attention: remember that **this is not a race**.

The only store along the route that might be open is at Clayton, but it is very close to the finish. Some riders will take nearly 4 hours to complete the ride, so riders must carry sufficient food and drink for their ride. Note: due to the rough route, be sure that your water bottles and pumps are well affixed to you and/or your bike.

Bushtukah will provide some last minute mechanical assistance before the start at the Civitan Club and have a mechanical aid station at the 80k/40k split.

## Categories

The categories are simple!

Long Course – Junior(17-18) Male and Female, 19+ Male and Female (Age as of end of 2026). 16 year old riders may be permitted, with organizer, coach and parent agreement. (Aimed at riders in the Ottawa Bicycle Club's (and other local club's) youth development programs)

Short Course - Male and Female – Riders 16 years old and younger need to ride in pre-arranged groups with at least one registered adult.

Due to past issues in ascertaining whether all riders are accounted for, we will be testing a chip timing system. Each rider will receive a timing chip to attach to their bike. There will be chip sensors at the start and finish. **If you do not complete the course for any reason make sure you notify the organizers at the finish line or Civitan Club or by phone/text (613-614-3892). Please ensure that you return the timing chip** preferably at the finish line or at the Civitan Club Hall.

**This is a self timed event.** Results noted as **finished or did not finish.**

## Registration

Exclusively via [ccnbikes.com](http://ccnbikes.com)

Registration will open early late February, close on Wednesday 22 April at midnight.

Total registration is limited to 290 riders, with a field limit of 200 for the long course.

Price:

19+ \$37 + taxes and fees for Ontario Cycling members and an additional \$10 for non-members.

U19 \$24 + taxes and fees for Ontario Cycling members and an additional \$5 for non-members.

## Ride Kit Pickup

Early bird number pickup will be held on the Friday afternoon before the ride at Bushtukah Westboro, 203 Richmond Rd, Ottawa, ON K1Z 6W4. For Ontario Cycling members, membership/license verification is required to receive your number.

Last Minute Number pickup, sign on, and Rider Briefing: Almonte Civitan Club 500 Almonte Street, Almonte, Ontario K0A 1A0

All riders must sign on at the ride start. All riders who don't sign on will be listed as did not start.

## Ride Day Schedule

6:00 am – 7:30 am – last minute number pickup

6:00 am – 7:40 am – **Mandatory sign on and timing chip pickup open**

7:55 am - Mandatory rider briefing

8:00 am – Neutral roll out from Almonte to the “real start”

Neutral Start: Depart parking lot, turn left on Wolf Grove then right on County Road 29. At the next

intersection, turn right onto Old Perth Road and climb the hill to the Works Yard at Concession 8. The various groups will sort out at the works yard, then proceed to the “real” start on Old Perth Road west of Concession 8.

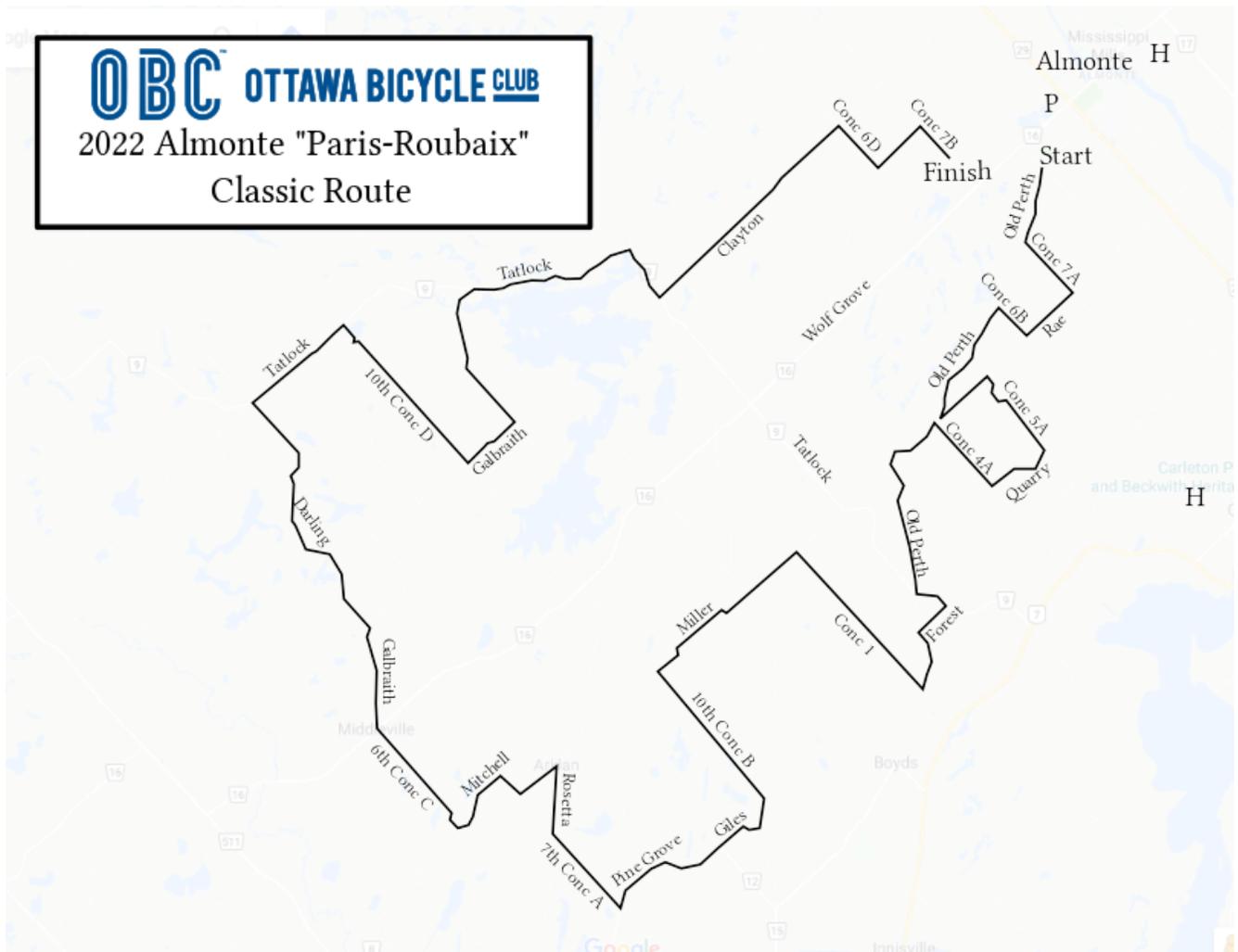
Approx 8:10 am – start of the Long Course “Gruppo Rapido”

Approx 8:13 am – start of the Long Course “Gruppo Relaxo”

Approx 8:17 am – start of the Short Course

We ask that long course riders to seed into the UCI/OC Challenge memberships Rapido group (expect to average 32 km/hr +) and all others into the Relaxo group

The finish line remains open until the last rider arrives.

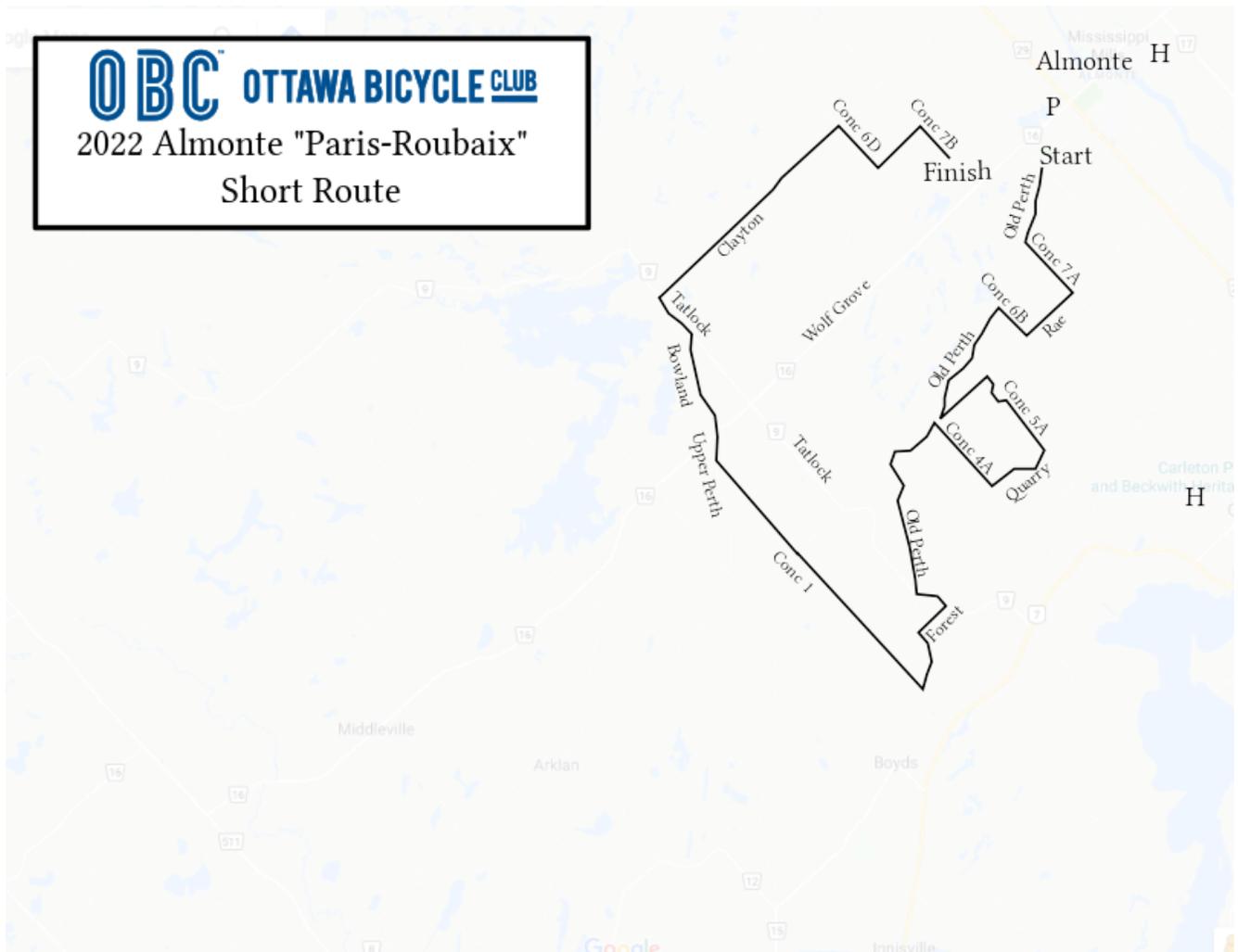


The 2026 route has not changed

<https://ridewithgps.com/routes/46020541>



2022 Almonte "Paris-Roubaix"  
Short Route



The 2026 route has not changed

<https://ridewithgps.com/routes/46020586>

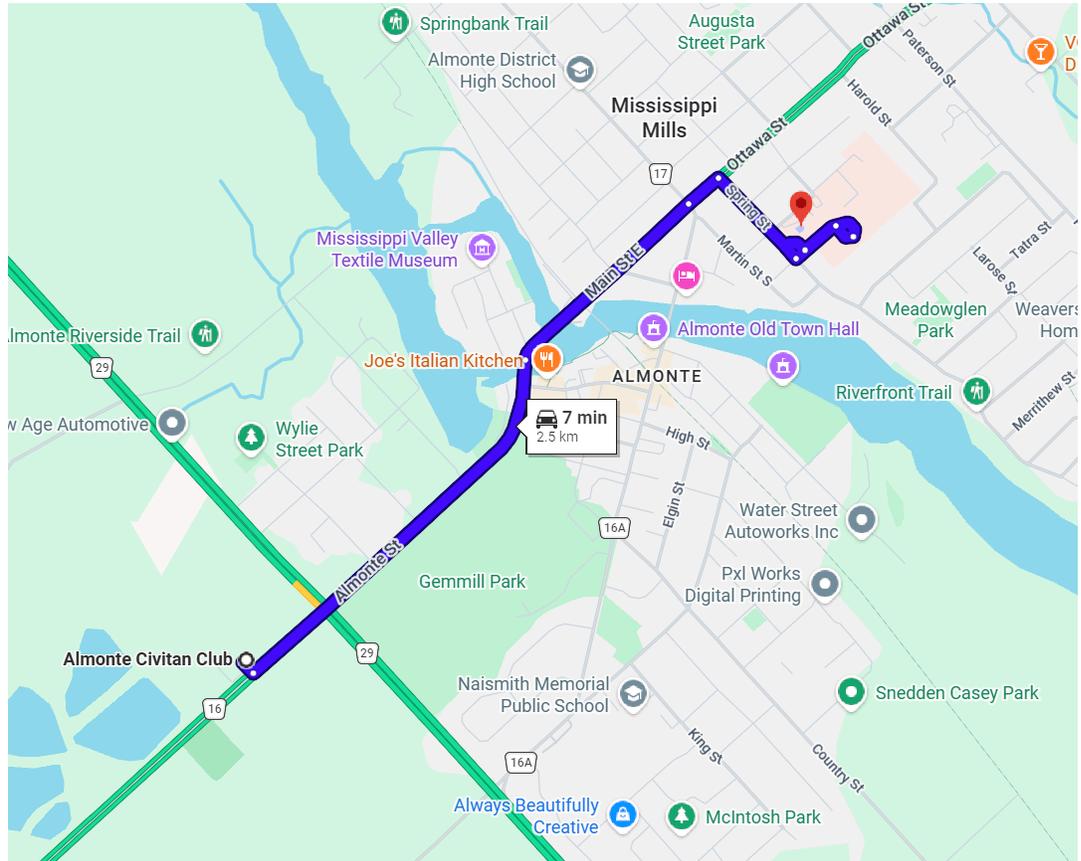
# In Case of Emergency

**Emergency Action Plan (EAP) Coordinator:** Doug Corner 613-762-4332

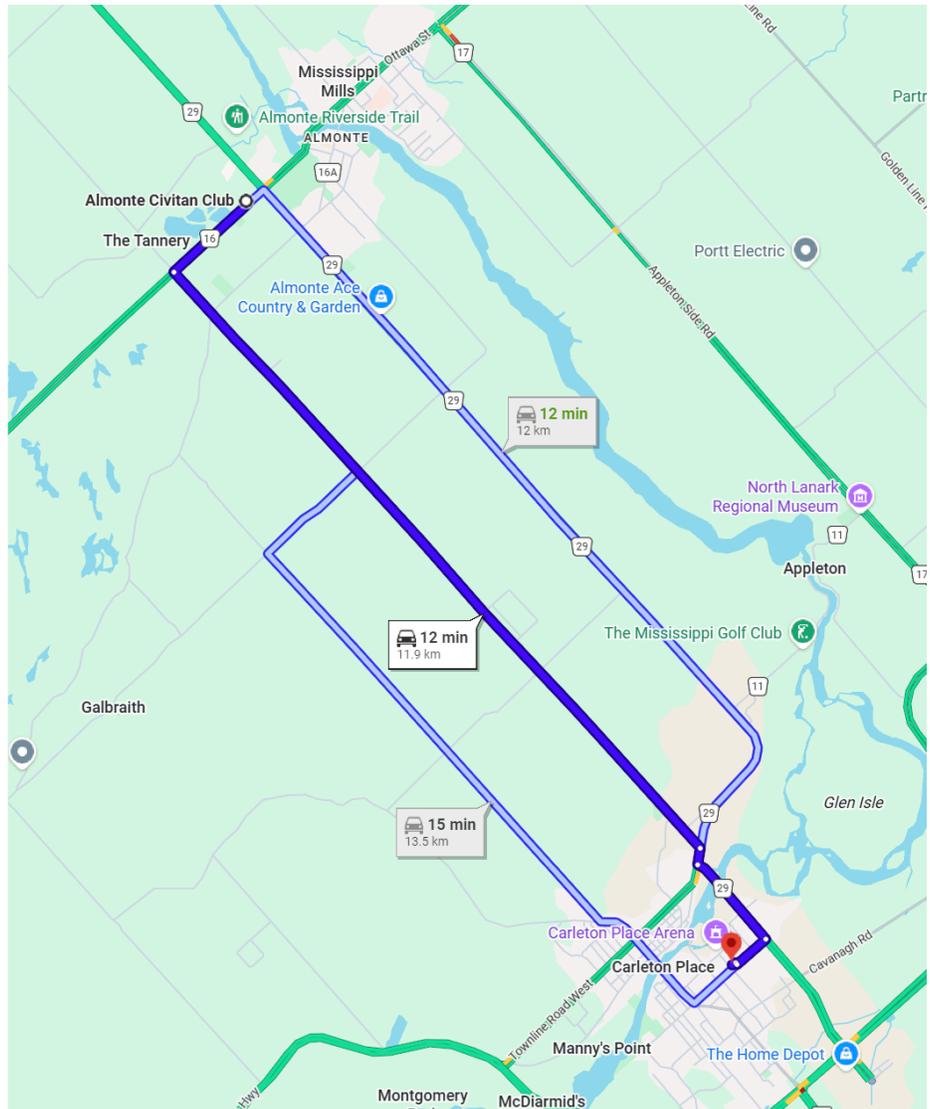
**First Aid:** St. John Ambulance personnel will be at the finish line.

## Hospital Locations

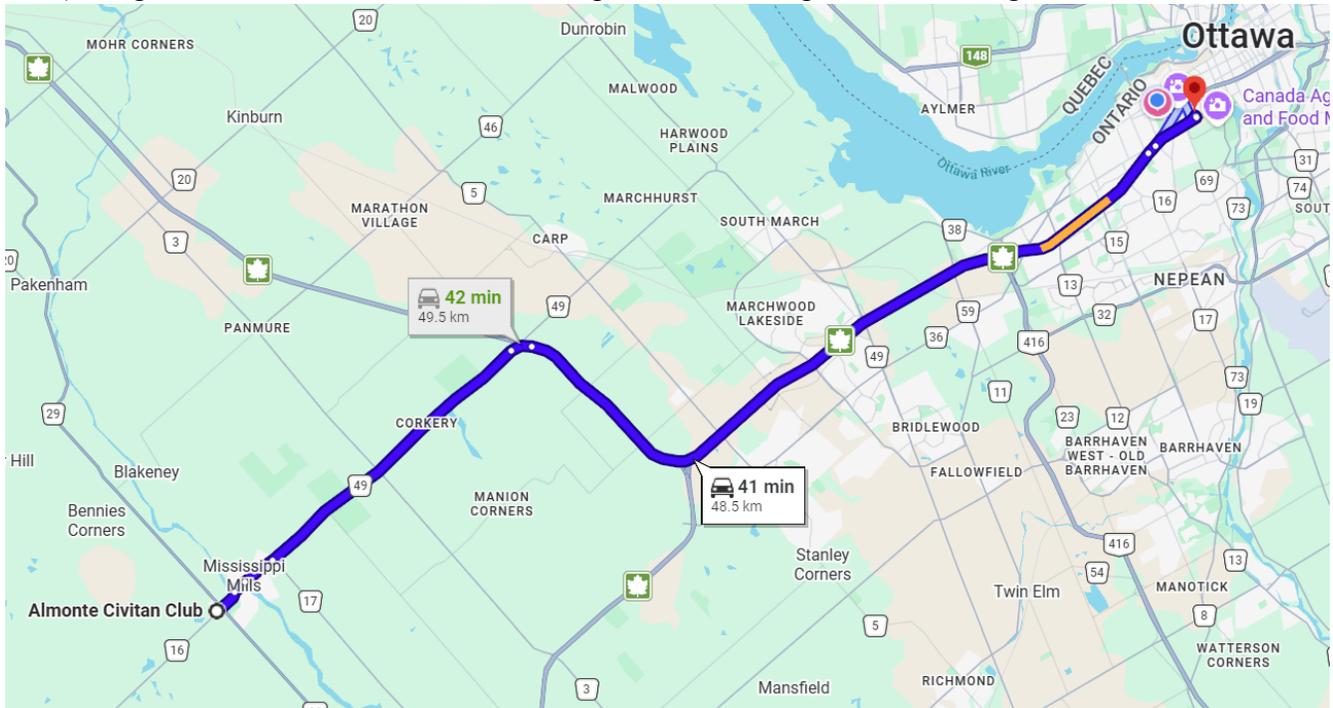
- 1) Closest hospital to start/finish – Almonte General Hospital 75 Spring St, Almonte, ON 613 256-2500



2) Alternate hospital – Carleton Place and District Memorial Hospital 211 Lake Ave E, Carleton Place, ON 613 257-2200



### 3) Regional Trauma Centre – Ottawa Hospital, Civic Campus 1053 Carling Ave, Ottawa ON



#### Accident/Injury Protocol

As this is a ride (**not a race**), riders are requested to provide aid to other riders. All riders will be given the contact number of the organizer (613-614-3892), and this protocol will be reviewed during the pre-ride instructions.

Riders are encouraged to ride in groups. If an accident occurs on route, riders in the group will assess the situation. If the situation is serious or life threatening (e.g. severe bleeding, rider unable to move), the group will call 911, and then the EAP Coordinator. Otherwise if the injured rider cannot continue, the group will call the EAP Coordinator and arrangements will be made to get the injured rider to safety.

Riders are required to be **self-sufficient and carry sufficient repair supplies**. However, there have been cases of a catastrophic equipment failure on this ride. In that case, call the organizer (613-614-3892) and we will arrange for a pick up. **Riders who abandon must check in at the finish (or via a text to the organizer). All riders must return the timing chip at the finish or Civitan Club Hall.**