

Ontario Cup Track Series

OCup #1 - Tech Guide

December 6, 2025

V7.

December 2, 2025



General Information

Ontario Cycling (OC) is proud to present the 2025-2026 Track OCup series held at the Mattamy National Cycling Center located at 2015 Pan Am Boulevard in Milton, Ontario. The Track OCup series, sanctioned and governed by Ontario Cycling, consists of 3 separate racing opportunities, with different events at each one.

The Mattamy National Cycling Center is an indoor 250m track made of Siberian spruce and was built in 2014 for the 2015 Pan Am/Para Pan Am Games. It is the only velodrome of its kind in Canada, and one of the few velodromes in North America that meets top international standards.

Event Details

Date: December 6th, 2025

Time: 9:00am-5:30pm (times are approximate)

Location: Mattamy National Cycling Center – 2015 Pan Am Blvd.

OC Event Contacts

Position	Name
Event Organizer/Technical Delegate	Jackie Chan
Membership/Licensing	Chris Baskys
Volunteers	Jackie Chan/Marie-Claude Beaudoin
Timing	Racetiming.ca
Medical	Odyssey

Commissaire Panel

Position	Name
President of the Commissaire Panel	William Trischuk
Starter	Benjamin Hill
Judge Referee	Chantal Thompson
Finish Judge	Josee Larocque
Bike Check	Ed Sitarski
Member	Tom Balkos
Member	Phillip Preston
Member	Brad Slade

Registration & Pricing

- Registration for all OCups is open to riders 8 years of age and older.
- Registration is pre-registration only. Only the following licenses are permitted: 2025 Challenge, Compete, and UCI licenses. Out of Province Riders must have a UCI license. Licenses will not be sold on event day and must be purchased in advance.
- Registration for each OCup closes on the Wednesday at 11:59pm prior to the event.
- If the Wednesday 11:59pm registration deadline passes and a rider would still like to register, they have until Thursday at 4:00pm to contact the OC office for registration to be re-opened and will be subject to an additional \$50 late entry fee.
- There will be no day of registration. If a rider who is already registered for an event would like to add additional events once registration has closed they will need to reach out to events.team@ontariocycling.org to get approval from OC to add additional events. All requests will be at the reviewed on a case-by-case basis and will be at the sole discretion of OC.

[Click here to register](#)

OCup #	Event Date	Events
OCup #1	Saturday December 6 th , 2025	Time Trial Individual Pursuit (Para) Scratch Elimination Points
Registration Timeline		
Registration Open: October 8 th , 2025 Registration Close: December 3 rd , 2025		
Adult Categories Pricing 1 events - \$45+HST 2 events - \$90+HST 3 events - \$135+HST 4 events - \$180+HST		Youth Categories Pricing Structure \$65+HST

**Youth pricing includes registration for all events.*

Membership and Licensing

- Please see licensing chart below to ensure that you have the correct license to race in each category.

Categories	Age	Challenge	Compete	UCI
Cat A	15+		X	X
Cat B	15+		X	X
Cat C	15+	X	X	X
Cat D	15+	X	X	X
Cat A Women	15+		X	X
Cat B Women	15+	X	X	X
Cat C Women	15+	X	X	X
Cat D Women	15+	X	X	X
Cat E (Youth)	8-18	X	X	X
Cat F (Youth)	8-18	X	X	X
Cat G (Youth)	8-18	X	X	X
Para	8+	X	X	X

Refund Policy

- A rider must withdraw prior to registration closing to be eligible to receive a refund. Once the registration period has ended refunds are no longer available.
- All refunds are subject to a non-refundable processing fee (variable based on transaction value) plus an Uplifter refund administration fee.
- If an athlete withdraws from an event on race day, they are not eligible for a refund.
 - A rider who has pulled out of the competition must inform the President of the Commissaire Panel. Should they not inform the President this may result in a fine.
- OC reserves the right to issue refunds in rare and exceptional cases. Reasons such as injury, loss/change of employment or a move away from town such that the participant can no longer attend, will not be considered.

Event Categories

- OCup categories will be an open, ability-based format where athletes will self-seed themselves from Cat A-D (Open), Cat A-D (women only) and Cat E-G (youth)
- The ability-based format is designed to provide meaningful competition for all riders and ensure appropriate participant numbers for quality racing. Any questions regarding format can be directed to the OC office.
- Riders are allowed to choose a different ability-based category for the sprint events vs. endurance events.

- Depending on registration numbers, categories may be combined, but there will be separate podiums for each category.
- A minimum of ten (10) riders will need to be registered within each category for the category to stand as listed.

Suggested Seeding Chart

- The suggested seeding chart is a guideline based on the category that best reflects their abilities.
- OC will monitor and reserve the right to move entrants around based on category availability, previous OCup results, and NCIM weekly racing results to ensure categories are comprised of similar abilities.
- U17 riders may race in the OCup categories (Cat A-D or Cat A-D Women) if they would prefer. They may not race in both the youth categories and the OCup categories.

Categories	Suggested Seeding
Cat E	*U17 men finishing middle of the pack at Provincial Championship *U17 women in the top third of the field at Provincial and National Championship *U15 female/male finishing in the pack at Provincials
Cat F	*U15 with race experience *U13 male/female with advanced skill and physical maturity
Cat G	*U13 female/male *U11 female/male

Schedule of Events

Day	Time	Event	Category	Distance
Saturday December 6 th , 2025	7:30am	Rider Confirmation/ Bib Pick Up	All categories	
	8:00-8:50am	Open Training (bibs required)	All categories	
	8:30am	Team managers meeting	n/a	
	9:00am	Individual Pursuit	Para	4km
		Time Trial	Cat G Cat F Cat E Cat D Women Cat C Women Cat B Women Cat A Women Cat D Cat C Cat B Cat A Para	500m 500m 500m 500m 500m 500m 1km 500m 750m 1km 1km 1km
	Individual Pursuit and Time Trial Medal Ceremonies			
		Scratch	Cat G Cat F Cat E Cat D Women Cat C Women Cat B Women Cat A Women Cat D Cat C Cat B Cat A	2km 3km 4km 5km 5km 5km 7.5km 7.5km 7.5km 7.5km 10km
		Elimination	Cat G Cat F Cat E Cat D Women Cat C Women Cat B Women Cat A Women Cat D Cat C Cat B Cat A	

		Points	Cat G Cat F Cat E Cat D Women Cat C Women Cat B Women Cat A Women Cat D Cat C Cat B Cat A	3km 4km 5km 10km 10km 10km 15km 15km 15km 15km 20km
Scratch, Elimination and Points Medal Ceremonies				

Start Lists & Results

Racetiming.ca is the official timer for the 2025-2026 Track OCup series. Start lists, results, and communication will be available at www.racetiming.ca

Gear Restrictions

Category	Gear Restrictions
Cat E	7.12m
Cat F	6.71m
Cat G	6.71m

*There are no gear restrictions for the junior riders and U17 riders (including upgraded U15s) who are racing the Cat A-D or Cat A-D Women categories.

Rules & Regulations

- Please note that the current UCI track regulations and amendments will be enforced for all OCups.
- Riders who have pulled out of the competition must inform the President of the Commissaire Panel (PCP). This means that the rider will also be pulling out of all subsequent races on that day. Should they not inform the PCP this may result in a fine.
- For all Youth Categories (E, F, G), the \$65 youth pricing includes all Youth category events for the day. Riders must race in all of the events listed. If they choose to pull out of a race, they will be removed from the remainder of the events on the schedule.

Youth Upgrade Request

For the 2025-2026 Track OCup series, second year U15 riders may be eligible for youth upgrades. Riders wishing to apply for a youth upgrade must compete in a OCup in the Cat E category to be eligible to apply. Each upgrade request will be reviewed on a case-by-case basis.

Upgrades will be granted for exceptional circumstances. Exceptional circumstance is defined as the athlete has very clearly demonstrated they are no longer challenged within the youth category* and have demonstrated the physical, technical and tactical ability to be competitive for a podium finish within an OCup category.

*OC does not define this as simply winning a category.

For more information on youth upgrades please click [here](#) to review the Youth Upgrade Guidelines.

[Youth Upgrade Request Form](#)

Deadline to apply for a youth upgrade:

Event Date	Event	Submission Deadline
January 17 th 2026	OCup #2	January 7 th , 2026
February 7 th 2026	OCup #3	January 28 th , 2026

Note: there will be no youth upgrades for OCup #1 and Provincial Championships. All riders must race their national age listed on their license.

Rider Confirmation/Sign In

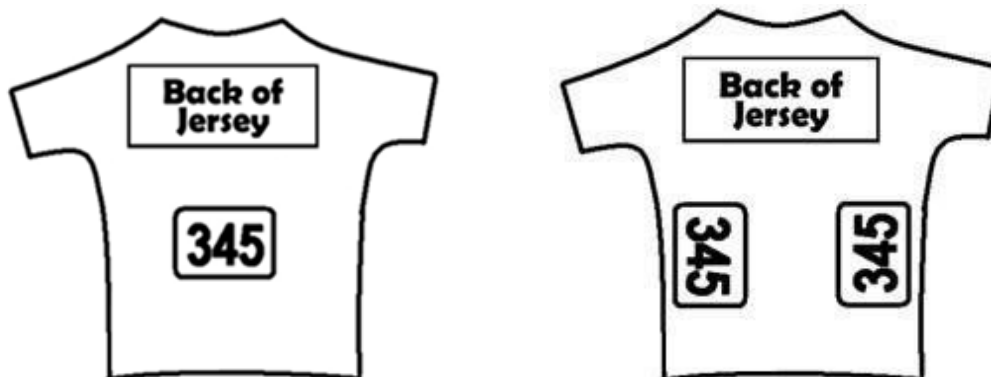
- Please bring your 2025 Challenge/Compete membership or UCI license to rider confirmation/sign in table to pick up your bib number for the event.
- Rider confirmation/sign in will close 30 minutes prior to the start of each race.
- An OC staff will be present at the rider confirmation/sign in desk to assist with rider licensing issues.

Warmups/Open Training

- Riding on the track will be available during the hour before the start of the first event.
- There will be a limit of 30 people on the track at a given time.
- All riders must enter and exit from the backstraight and be wearing their bib numbers.
- Standing starts will not be allowed.
- The open training session will be managed and controlled by the Provincial Lead Coach or a member of the Commissaire team.

Number Placement

- Bib numbers are available for pick up at the registration desk and are to be placed on the back of the rider's jersey.
- Riders are permitted to wear only one bib for the following events: Individual Pursuit, Team Pursuit, TT/Kilo and Team Sprint.
- Bibs must be pinned; no plastic sleeve covers will be permitted to use.



General Rules & Regulations

- The races will be held under the rules of the UCI with CC and OC modifications.
- The CC & OC rules are available at <https://ontariocycling.org/commissaire-resources/>
- Pre-race bike-check will be required for each and every race.
- Team manager's meeting will be held at 8:30am the morning of race day located in the infield. An announcement will be made beforehand. Races will start promptly – riders late or missing their starts may be fined.
- Pits will be pre-assigned ahead of race day and will be assigned based on club registration numbers. Clubs with less than 3 riders registered will be able to use a pit that is not assigned. Team flags are permitted but may be asked to be taken down if it blocks the view of the commissaires on the track. Advertisements in pits are not permitted.
- Coaching from the apron – races will follow UCI regulations 3.1.012 during all track events, except Team Pursuit and Individual Pursuit, all team staff shall remain on the infield (off the safety zone and track). Specific team staff may be permitted to access the safety zone (i.e. the mechanic following a crash) at the Commissaire's discretion.
- Coaching from the infield – is permitted, however climbing and hanging onto structures not designed for those purposes, such as railings, is not permitted. Ontario Cycling takes the health and safety of all event attendees into consideration.
- Spectators are not permitted to cross the track.

- Youth categories (Cat E-G) are prohibited from using disc wheels and carbon rim wheels. The maximum wheel depth is 40mm.
- Youth categories (Cat E-G) are prohibited from using aero bars and aero helmets.
- For safety reasons, in the case of a mishap during a mass start race riders in Youth categories Cat F and Cat G will not be permitted to re-enter the race. Athletes in youth category Cat E will have 5 laps to resume racing. No one may re-enter the race within the final kilometer (4 laps).
- Onboard cameras are not permitted.

Infield Policy

- Only team-identified personnel are permitted in the in-field, at the sole discretion of OC.
- A maximum of five (5) personnel per club is permitted while attempting to minimize gathering.
- Independent riders are permitted one (1) support person.
- Club presidents or identified representatives must pre-register personnel one week prior to each OCup by completing the form.
- All team personnel are required to check-in at registration for an infield wristband.
- The clubs are responsible for the conduct of their infield personnel and must ensure compliance with the OC Code of Conduct and policies.

[Infield Personnel Registration Form](#)

Introduction of the Electronic Pistol

Ontario Cycling will be implementing a modification to the race start procedures by replacing the traditional blank-firing pistol with a fully electronic starting system. OC has adopted the EP2000 Electronic Starting Pistol, a state-of-the-art device designed to improve safety, consistency, and efficiency at all sanctioned events. The EP2000 system seamlessly replicates the function of a conventional pistol start and will ensure a safer environment for all athletes, commissaires, and spectators.

Updated Track Start Procedure

With the recent installations of plexiglass along the track rail, it may be challenging for athletes to safely position themselves or hold onto the rail for standing starts. After consultation with our Track Provincial Coach, our Track Lead Commissaire and counterparts in the UK who have faced similar challenges, Ontario Cycling will be implementing a revised start procedure for all events requiring a rail start. Athletes will now begin their race holding from the safety zone railing on the backstraight, completing a 1.5 lap rolling neutral start instead of the traditional single neutral lap. This adjustment ensures both athlete safety and consistency across events.

Youth Track Certification

- All youth riders must be certified on the Milton Velodrome Track prior to racing. Once you have been certified on the track once you don't have to be certified again.
- All certifications are done through NCIM through one of the following methods:
 - Riders who have no track riding experience will need to attend a Youth Track Certification. Please contact NCIM for more information on when the next Track Certification is taking place.
 - Riders who have track riding experience elsewhere may get certified 1 hour prior to competition beginning. Please contact NCIM to arrange the time for the certification.
 - Riders who are track certified in Bromont will need to provide proof that they have been track certified. Please send all certificates to NCIM.

For any additional questions regarding track certification please contact NCIM at the following address admin@ncirevolution.com

Awards

- Medals will be awarded to the top three (3) finishers in each category for each event.
- Should categories be combined as a result of low participation numbers, results will be broken out for awards.
- Riders must attend the awards ceremonies or risk forfeiting their medals.
- Podium protocol shall be enforced, and fines issued to those who fail to comply. Riders must wear their competition uniform for medal presentations. No hats or eyewear are permitted.
- Medal presentations will take according to the event schedule

Event Safety

- First aid will be provided by Odyssey Medical and will be located in the in-field area.
- For your safety, if you withdraw from the event for any reason, you must inform the PCP or may be subject to a fine.
- You are required to wear an approved, regulation cycling helmet at all times while riding your bike.
- Do not ride down the ramp. Riders are to walk their bikes down. Failure to do so may result in being pulled from future events.
- Coaching from the infield is permitted; however, climbing and hanging onto structures not designed for those purposes, such as railings, is not permitted.
- Access to trackside for video and photography is reserved for media personnel as approved by the OC and is at OC's sole discretion.

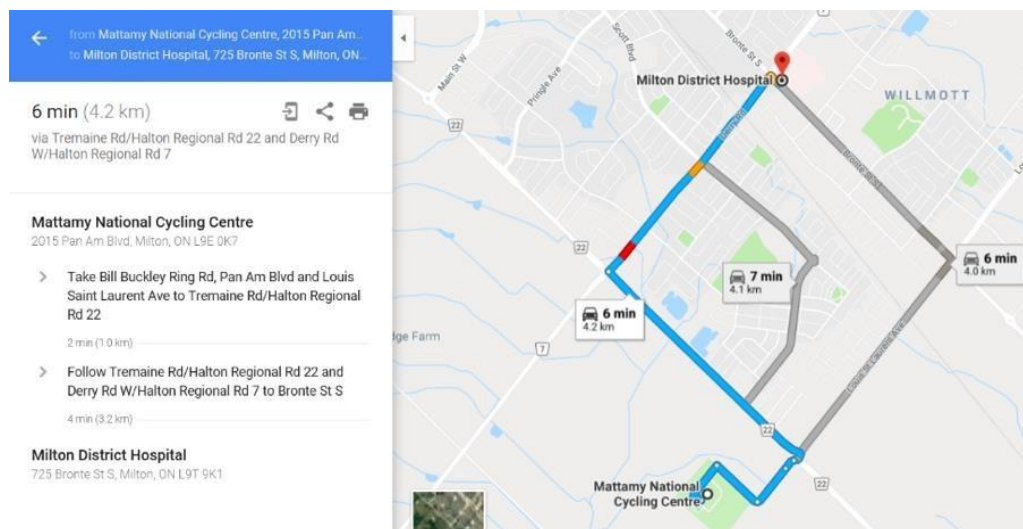
- Should a Commissaire or OC feel that a rider is unfit to race for any reason, the OC reserves the right to remove the rider from the event, for their own safety and the safety of others.

Spectator Safety

- Spectators should always remain in the stands. Spectating from the infield is not permitted.
- For your safety, there is no climbing and hanging onto structures not designed for those purposes, such as railings is not permitted. No spectator should be accessing the track at any point throughout the event.

Hospital Information

Milton District Hospital
724 Bronte Street South, Milton
905-878-2383



Volunteers

Thank you to all volunteers who dedicate their time to making these events possible. If you are interested in volunteering at future events, please contact ocvolunteer@ontariocycling.org

Participant Survey

In order to continue to better our events, we need your feedback! Click here to fill out a survey.

[Participation Feedback Survey](#)

Partnerships & Sponsors

Thank you to all our partners and sponsors. We could not put on these events without the support of our partners and sponsors. If you are interested in partnering or sponsoring our events, please reach out to events.team@ontariocycling.org

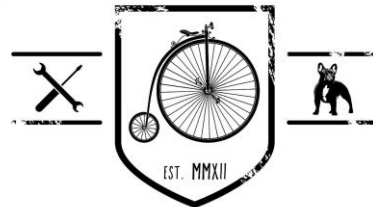


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