

2026 ONTARIO MOUNTAIN BIKE PROVINCIAL CHAMPIONSHIPS

Woodnewton

Presented by:



Friday, September 11th – XCC Short Track
Saturday, September 12th – Team Relay
Sunday, September 13th – XCO

September 3, 2026
Technical Guide V3



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General Information

The 2026 Provincial Championships will be held over 3 days September 11th-13th with 3 championship races – Short Track (XCC), Team Relay, and XCO.

Date: Friday, September 11th (XCC), Saturday, September 12th (Team Relay), Sunday, September 13th (XCO)

Location: Woodnewton 4589 Concession 6, Uxbridge, ON L9P 1R4, Canada

Parking: Onsite, please follow signage for entrance and exit. No parking on Concession 6.

Event Website: <https://www.durhamshredders.com/provincials>

Get ready for one of Ontario's most exciting mountain bike weekends! Woodnewton is nestled in Uxbridge, the Trail Capital of Ontario, just 15 minutes north of Whitby, and home to the Durham Shredders Mountain Bike Club. Expect fast, flowy, and technical singletrack, with exciting new course features making their debut at Provincials 2026. We have some great podium prizes and a race purse on the line for the Elite and Junior XCO races!

Event Schedule:

- Friday evening — XCC (Cross Country Short Track)
- Saturday — Team Relay, Kids Race, and ShredHERs Fest (Girls & Women's Programming)
- Sunday — XCO (Cross Country Olympic)

Fuel up at the on site BBQ, sip on cider or craft beer from the [Slabtown Cider Co](#) garden, or head next door to Slabtown Cider Co. food truck or for a full sit-down meal at their restaurant. The expo area is packed with music, local vendors, and a kids bumps & jumps area - the perfect place to soak up the festival atmosphere between races. With excellent spectator viewing throughout the course, the whole family can cheer on riders from start to finish!

For updates stay tuned to our social channels [@durhamshredders](#). Questions or concerns can be directed to events@durhamshredders.com.

Event Sponsors



Wealth Management
Dominion Securities
Hogg & Hauber
Private Wealth Management



PRIVATE
PARADISE



Event Contacts

Position	Name
Event Organizer	Durham Shredders MTB Club E: events@durhamshredders.com
Ontario Cycling Event Lead	Darren De Ruiter E: events.team@ontariocycling.org
Ontario Cycling Membership	Chris Baskys E: info@ontariocycling.org
Timing	Zone4
Medical	Aventry Medical

Commissaires

Position	Name
President of the Commissaire Panel	Edward Sitarski
Secretary	Andy Makarewich
Finish Judge	Kevin Scheerer
Member	Fred Seemann

Media

- Any individual wanting to create media content with professional equipment or for the purpose of selling content is required to obtain accreditation for the event.
- Please contact teagan.hughes@ontariocycling.org by Wednesday September 2nd (Wed – 8 days before reg closes), 2026 to receive accreditation.

Registration & Pricing

- Registration for all MTB OCups is open to Ontario Cycling members and license holders 8 years of age and older.
- Challenge Membership, Compete Membership, and UCI Race License holders are permitted to participate at all OCup events. Out-of-Province riders must have a UCI License. Licenses will not be sold on event day and must be purchased in advance.
- Riders without a membership are eligible to participate in applicable categories and will be subject to a \$5 youth/\$10 adult permit fee.
- Registration for MTB OCup Provincials closes on **Thursday September 10th (Thu of race week) at 11:59pm.**

- If the Thursday at 11:59pm registration deadline passes and a rider would still like to register, they have until Friday at 4:00pm to contact the OC office for registration to be re-opened and may be subject to a \$50 late entry fee.

MTB Provincial Championships Woodnewton		
Event	Registration Timeline	Link
XCC/XCO Provincials	Closes Thu, Sep 10 th (Thu of race week) @11:59pm	HERE
Team Relay Provincials	Closes Fri, Sep 11 th (Fri of race week) @5:00pm	
Cost per event	Price of \$30-\$90 depending on category	

Pre-Riding

Pre-riding will be available at the following times:

Date/Time	Details	Registration
Wed Sep 9 th 5:00 pm – 8 pm	Woody Race Series – XCO Course (Unsanctioned, not covered by OC insurance)	Here
Thu Sep 10 th 5:00 pm – 8 pm	XCO/XCO course pre-ride	Here
Fri Sep 11 th 12 pm – 4:30 pm	Official XCC/XCO course pre-ride	
Sat Sep 12 th 9 am – 10:30 am & 12 pm – 4 pm	Official XCO course pre-ride	

Riders assume their own risk and responsibility when riding the course outside of official pre-ride and competition Friday through Sunday of event weekend.

Cost:

- Thurs-Saturday pre-ride is \$10 per day or \$15 for multi-day. Registration for the XCC race includes Friday pre-ride and registration for the Team Relay includes Saturday pre-ride. Trail pass pick-up will be located at the registration tent on-site.

Category Charts

XCC Short Track (Friday September 11 th)					
Start Wave	Start Time Friday	Categories	Laps	Duration*	Fees Closes Thu Sep 10
1	5:00pm	U13 Boys	Determined by timing after opening laps – based on the time to complete a lap, determines how many laps need to be completed to reach desired total race duration.	Winner's total time approx. 15min – all riders finish on the same lap after the leader finishes.	\$30
		U13 Girls			\$30
		U11 Boys			\$30
		U11 Girls			\$30
2	5:30pm	U15 Boys			\$35
		U15 Girls			\$35
3	6:00pm	Elite Women 23+		Winner's total time approx. 20min – all	\$40
		U23 Women			\$40
		U19 Women			\$40
		U17 Girls			\$35
		Master Women 35-49			\$40

		Master Women 50+		riders finish on the same lap after the leader finishes.	\$40
4	6:30pm	U17 Boys			\$35
		Master Men/Open 35-49			\$40
		Master Men/Open 50+			\$40
5	7:00pm	Elite Men 23+			\$40
		U23 Men			\$40
		U19 Men			\$40

*Approximate race winner's duration, all riders finish on the same lap as the leader. After the first 1-2 laps are completed riders will be shown a board with the number of laps remaining to get to the desired race duration based on the speed of the first lap.

Team Relay (Saturday September 12 th)				
Start Wave	Time	Categories	Fees Closes Fri Sept 11 @5pm	Distance/ Laps
1	Saturday 11:00am	Open (4 Riders, minimum 1 Female)	\$10 per Rider	15.2km/4 Laps (1 Rider completes 1 lap each)

XCO (Sunday September 13 th)							
Start Wave	Start Pen	Start Time Sunday	Categories	Laps	Distance	~Leader Duration	Fees Closes Thu Sep 10
1	A	9:00am	U13 Boys	3	11.4km	30-45min	\$50
		9:00am	U13 Girls	3	11.4km	30-45min	\$50
	B	9:02am	U11 Boys	2	7.6km	25-40min	\$50
		9:02am	U11 Girls	2	7.6km	25-40min	\$50
2	A	10:00am	U15 Boys	3	16.2km	55-70min	\$60
		10:00am	U15 Girls	3	16.2km	55-70min	\$60
	B	10:02am	U19 Sport Men	3	16.2km	55-70min	\$70
		10:02am	U17 Sport Boys	3	16.2km	55-70min	\$70
		10:02am	Novice Men 19+	3	16.2km	55-70min	\$70
	C	10:04am	U19 Sport Women	3	16.2km	55-70min	\$70
		10:04am	U17 Sport Girls	3	16.2km	55-70min	\$70
		10:04am	Novice Women 19+	3	16.2km	55-70min	\$70
	3	A	11:30am	Senior Men/Open 19-34	4	24km	70-85min
11:30am			Master Men/Open 35-44	4	24km	75-90min	\$85
11:30am			Master Men/Open 45-54	4	24km	75-90min	\$85
B		11:32am	Master Men/Open 55-64	3	18km	70-85min	\$85
		11:32am	Master Men/Open 65+	3	18km	55-70min	\$85

	C	11:34am	Senior Women 19-34	3	18km	55-70min	\$85
		11:34am	Master Women 35-44	3	18km	55-70min	\$85
		11:34am	Master Women 45-54	3	18km	55-70min	\$85
		11:34am	Master Women 55-64	2	12km	55-70min	\$85
		11:34am	Master Women 65+	2	12km	55-70min	\$85
4	A	1:30pm	Elite Men 23+	5	30km	90min	\$90
		1:30pm	U23 Men	5	30km	90min	\$90
		1:30pm	U19 Expert Men	4	24km	75-90min	\$90
		1:30pm	U17 Expert Men*	3	18km	75-90min	\$85
	B	1:32pm	Elite Women 23+	4	24km	75-90min	\$90
		1:32pm	U23 Women	4	24km	75-90min	\$90
		1:32pm	U19 Expert Women	3	18km	55-70min	\$90
		1:32pm	U17 Expert Women	3	18km	55-70min	\$85

*The U17 Expert Men start time and pen is subject to change depending on the combined registration quantity of the Elite Men, U19 Expert Men, and U17 Expert Men. If 30 or more riders register in total for all 3 categories, the U17 Expert Men will be split into their own start – Pen B at 1:32pm. The Elite Women, U19 Expert Women, and U17 Expert Women start will become Pen C at 1:34pm.

Categories highlighted in **BOLD are Provincial Championship Categories. All other races are Challenge events and ineligible to earn the title of Provincial Champion.

Team Relay Eligibility & Information

All riders wishing to participate in the team relay must pre-register individually for the team relay category online before Friday September 11th at 5:00pm. Teams must submit a rider list one day prior to the event (Friday, September 11th, 6:30pm) either to the on-site registration desk or by emailing events.team@ontariocycling.org. Rider list forms will be available at the registration desk. A maximum of 20 teams will be allowed to race. Priority will be given based on registration order. All riders on a team are encouraged to wear matching jerseys to be identified as a team. Number plate pick-up for team relay will occur on Saturday September 12th, from 9:00 am until 10:30 am. Teams will complete 4 laps of the 9am XCO course. The exchange between riders will take place in an exchange zone near the start-finish area.

Team Composition: A points system has been developed to assist in team building. To be eligible for the Team Relay Provincial Championship title all 4 riders on a team must add up to a maximum of 275 points. Each category of rider based on age is assigned a points value:

Category (Age Range)	YOB	Men/Open	Women
Elite (23+ yrs)	≤2003	100	50
U23 (19-22 yrs)	2004-2007	75	25
U19 (17-18 yrs)	2008-2009	50	20
U17 (16 and under)	≥2010	30	20

Each team must include at least one male and one female rider. A team who has only 3 riders may have one rider do 2 laps (these laps cannot be consecutive), this rider will be counted as two individuals for the team composition.

Teams that exceed the maximum of 275 points, have 1 or more out-of-province riders, or 1 or more non-Ontario Cycling members on their team can compete in the team relay but will not be eligible for the Provincial Championship title. If any ineligible teams place in the top 3 overall a separate non-championship podium ceremony will be held to award these riders.

Start Order: Call-ups for the first 8 spots on the start line will be based on the previous year's Team Relay Provincial Championship results. Any team's outside of the top 8 will take the next available spot on the second row and beyond.

Awards & Prizes

- Medals will be awarded to the top three (3) finishers in each category.
- Should categories be combined because of low participation numbers, results will be broken out for awards. Awards will be given based on the results of each category separated.
- If a rider resides out-of-province or is not an Ontario Cycling member they will not be eligible for the Provincial Championship title. If an ineligible rider places top 3 in their category a separate non-championship podium ceremony will be held to award them.
- If an U23 rider finishes top 3 in the Elite 23+ category and both categories start together at the same time they will be awarded on both podiums. Winning both U23 and Elite titles if finishing first overall.
- Riders must attend the awards ceremonies or risk forfeiting their awards.
- Podium protocol shall be enforced, and fines may be issued to those who fail to comply. Riders must wear their competition uniform for medal presentations.
- Medal presentations will take place following the conclusion of each race.
- **OCup Overall Series** awards will be presented to the Top 3 riders in each category for the series following the XCO Provincial Championship race ceremonies.

Elite and Junior XCO athletes will compete for a cash purse, while the top three in each XCC category will take home prizes.

Elite/U23 XCO		Junior U19 XCO		U17 XCO	
Place	Prize Purse	Place	Prize Purse	Place	Prize Purse
1 st	\$200	1 st	\$100	1 st	\$75
2 nd	\$150	2 nd	\$75	2 nd	\$50
3 rd	\$100	3 rd	\$50	3 rd	\$25

Montu Bikes will once again be supplying the Ontario Cup Series Overall Winners Jerseys in 2026. Through Ontario Cycling's partnership with Montu, all members have access to the OC discount code **ontariocycling** which has the following terms:

1. The code grants a 15% discount on purchases \$100 or more before tax

2. Valid on all full-price Montu apparel products for sale on their website Montu.cc
3. Does not apply to kit bundles or clearance/sale items
4. Valid to 31 December 2026

In addition to offering 50% off the cost of **custom paint** (\$150 instead of \$300) for OC members who want to purchase a Montu custom bike (road or gravel). Ontario Cycling thanks Montu for their continued support, don't miss your opportunity to compete for the Ontario Cup series overall winner jersey:



Event Schedule

Thursday, September 10:

- 5:00 pm – 8:00 pm Pre-Ride Open
- 11:59 pm XCC/XCO Registration Closes

FRIDAY, September 11:

- 12:00 pm – 4:30 pm Pre-Ride Open
- 3:00 pm – 6:30 pm Rider Sign-In Open (Relay Team & Order Submissions due by 630pm)
- 5:00 pm Team Relay Registration Closes
- **5:00 pm** **XCC Wave 1 (U11 & U13)**
- **5:30 pm** **XCC Wave 2 (U15)**
 - 6:05 pm Wave 1 & 2 Podium Ceremonies
- **6:00 pm** **XCC Wave 3 (Women)**
- **6:30 pm** **XCC Wave 4 (U17 & Master M)**
- **7:00 pm** **XCC Wave 5 (Elite & U19 M)**
 - 7:40 pm Waves 3, 4, & 5 Podium Ceremonies

SATURDAY, September 12:

- 9:00 am – 10:30 am Pre-Ride Open
- 9:00 am – 1:00 pm Rider Sign-In Open ([Relay Plate Pick-Up & Sign-In Closes at 10:30am](#))
- **11:00 am – 12:00 pm** **Team Relay Provincial Championships**
- 12:00 pm – 4:00 pm Pre-Ride Open
 - 12:30 pm Team Relay Podium Ceremonies

SUNDAY, September 13:

- | | |
|---------------------|---|
| • 7:30 am – 1:00 pm | Rider Sign-In Open |
| • 9:00 am | XCO Wave 1 (U11 & U13) |
| ○ 10:15 am | Wave 1 Podium Ceremonies |
| • 10:00 am | XCO Wave 2 (U15, Sport U17/19, Novice 19+) |
| ○ 11:45 am | Wave 2 Podium Ceremonies |
| • 11:30 am | XCO Wave 3 (Senior W/M, Master W/M) |
| ○ 1:45 pm | Wave 3 Podium Ceremonies |
| • 1:30 pm | XCO Wave 4 (Elite & Expert W/M) |
| ○ 3:30 pm | Wave 4 Podium Ceremonies |

**All riders must sign-in before their race. Sign-in closes 30 minutes prior to the start of each race wave.*

Results & Timing

Zone4 is the official timer of the 2026 Mountain Bike Provincial Championships. Start lists and results can be found at the link <https://zone4.ca/> after registration for the event is closed. Final results will be posted on the Ontario Cycling website after the conclusion of the event.



All participants will receive a timing chip corresponding to their race plate. Timing chips must be picked up by all racers at the sign-in tent on event day and returned via the chip drop-off bin after finishing the race. Event organizers have made a significant investment to provide professional timing equipment and services. All riders who do not return their timing chip on event day will be responsible for a \$75 replacement fee, unless other arrangements can be made to return the chip to the event organizer.

Series Plates

Plates for both XCC Short Track & XCO races at each OCup event are to be used for the duration of the 2026 season at each OCup & Provincials. Riders will receive their series plate at the first OCup of the year they attend and are required to use the same plate(s) at any upcoming MTB OCups in the calendar year they attend. Riders may be subject to a fee for replacement plates if forgotten at future events.

Team Relay plates are unique to Provincials and will be available for pick-up at sign-in the morning of the race Saturday, September 12th 9:00am – 1030am. Only after all team submissions and race orders are submitted by the time sign-in closes Friday, September 11th 6:30pm will relay plates be able to be assigned, for ex. 1A, 1B, 1C, 1D.



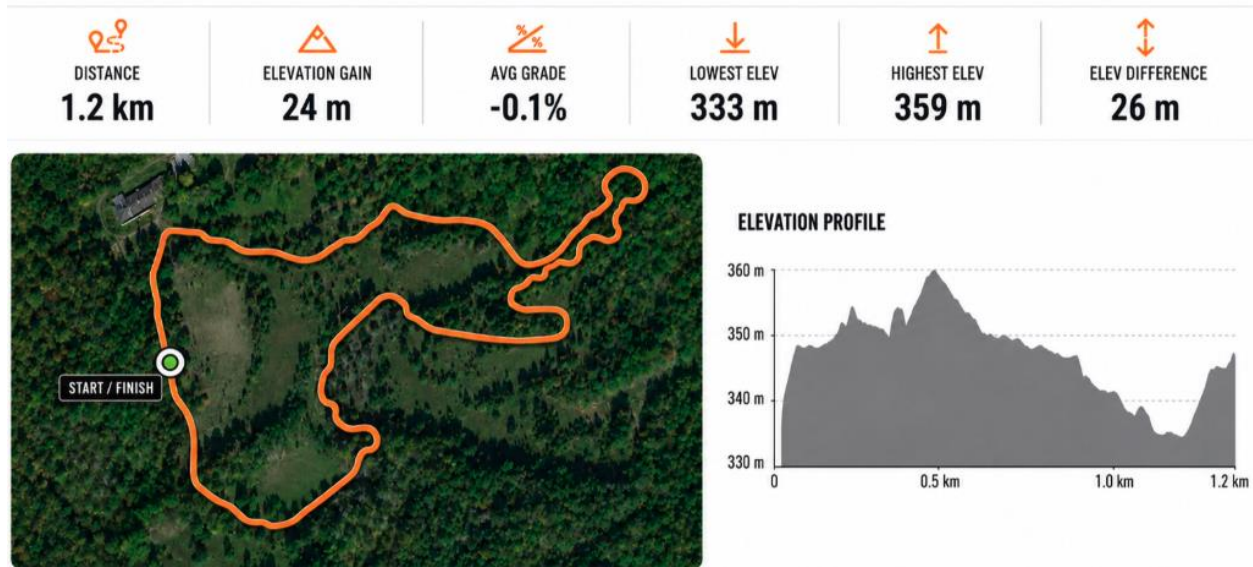
Course Marking

- Barricade or caution tape is used to close off intersections. This tape is affixed to trees, stakes and strung across pathways or along pathways to show riders where to go, or where not to go. Barricade tape can be used to outline the outside (or inside) of a corner, or to keep riders out of certain areas.
- 10"x10" arrows on chloroplast signs indicate direction on the course.
- At intersections we may indicate where not to go using a do not enter sign indicating the wrong way.
- Three arrows down indicate CAUTION SLOW. We may include a CAUTION sign below as well.
- Any bridges or water crossings will be marked.
- Some sections of course allow for "Easy" (B Line) or "Hard" (A Line) options where riders have a choice on which line they want to take. The "Hard" option is more difficult than the "Easy" option, and generally offers a time advantage to participants who are able to ride the option.

Course Maps & Elevation Profiles

For any week of course changes please refer to the Shredders event webpage [here](#) for the most up to date version of course maps.

XCC Course Map



XCO 9:00am Course Map – Team Relay competes on 9:00am XCO course

Distance	Elevation Gain	Avg Grade	Lowest Elev	Highest Elev	Elev Difference
3.81 km	82 m	0.1%	341 m	381 m	41 m

Sunday XCO
9:00 am - 3.8 km

1 attempt by 1 person | Starred by 0 people



XCO 10:00am/11:30am/1:30pm Course Map

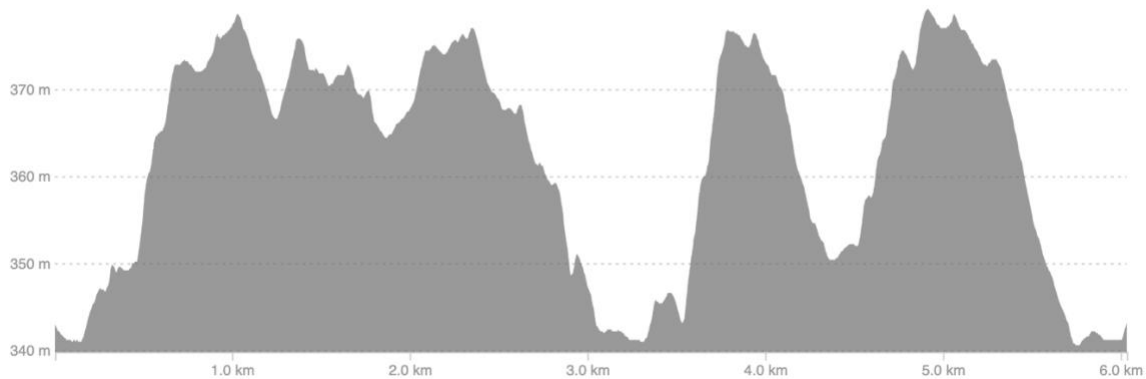
Distance	Elevation Gain	Avg Grade	Lowest Elev	Highest Elev	Elev Difference
6.03 km	137 m	0%	341 m	379 m	39 m

19 attempts by 8 people | Starred by 0 people

Sunday XCO

11:30 am, 1:30 pm - 6 km

10:00 am - 5.4 km



Start/Finish Diagram

Team area for tents/trailers will all be in the upper area where the start/finish is. No vehicles are permitted to park in this area and they must be parked in the parking lot.

SEPTEMBER 11–13, 2026 • PRE-RIDE SEPT 10

WOODNEWTON • UXBRIDGE, ONT.

SITE MAP

2026 ONTARIO MOUNTAIN BIKE PROVINCIAL CHAMPIONSHIPS — HOSTED BY THE DURHAM SHREDDERS



MAP LEGEND

SPECTATOR • GUEST • OVERFLOW	TECH / FEED ZONE
ATHLETE • VOLUNTEER PARKING	TOILETS • WASH SINK
CAMPING	BIKE WASH
SLABTOWN FOOD • DRINK	ACCESSIBLE PARKING
RIDER DROP-OFF SPOTS	FLYOVER (COURSE FEATURE)
FOOD TRUCKS	PUMP TRACK
EXPO • BEER GARDEN	START • FINISH LINES
VENDOR • EXPO	START CHUTE
RACE TEAM TENTS	XCO COURSE (SECTIONS)*
RACE STAGING	SPECTATOR WALKING PATH
MEDICAL / FIRST AID	RIDER DROP-OFF LOOP
TIMING TENT	SINGLETRACK TRAILS
ANNOUNCER / PA	ACCESS LANE (KEEP CLEAR)
RIDER REGISTRATION	EMERGENCY ACCESS
PODIUM	TREE



*MAP SUBJECT TO CHANGE — FINAL LAYOUT • FULL COURSE IN THE OFFICIAL TECHNICAL GUIDE
QUESTIONS: EVENTS@DURHAMSHREDDERS.COM • DURHAMSHREDDERS.COM

PROVINCIALS ARE COMING HOME.

Team Area

Team tent area available by pre-registration only. Set-up permitted Thursday 5:30 pm – 7:30 pm, Friday 11:00 am – 3:30 pm, Saturday 8:00 am - 10:00 am, Sunday 7:00 am to 8:00 am. Departure times during the event will be limited and must be pre-approved to limit disruptions to races. Woodnewton is private property and access outside of predetermined hours is prohibited. Please register for team area [here](#).

Event Rules

General Rules & Regulations

- The event will be run under UCI rules with Ontario Cycling/Cycling Canada modifications.
- The penalty scale of the OC rulebook will be applicable.
- Out of province riders will be required to present a UCI license.
- Races will start promptly at the indicated start times.
- For your safety, if you withdraw from the event for any reason, you must inform the nearest commissaire that you will no longer be racing. Riders not reporting to the commissaire may be subject to a fine.
- Protests are considered from the point of the incident up to 15-minutes after the posting of results for the related event. All protests are to be made to the President of the Commissaire Panel and all determinations made by the Commissaire are final.
- Ontario Cup Series Points will be awarded for all categories, as per Ontario Cycling guidelines.
- Radio communication is not permitted between riders and anyone else.
- Should a commissaire or OC representative feel that a rider is unfit to race for any reason, the OC reserves the right to remove the rider from the event, for their own safety and the safety of others.

Equipment Regulations

- Approved helmets are mandatory at all times while riding a bicycle at Ontario Cycling Events.
- Per CCA rule 1.3.031 N): At all times when participating in or preparing for an event held in Canada, all licensees who are mounted on a bicycle shall wear a securely fastened helmet that meets a recognized cycling standard for the specific discipline. Riders shall provide documented proof of this, such as a manufacturer's label, upon request by event officials.
- Riders are required to wear a jersey corresponding to the club or team on their membership during competition.
- Independent riders are required to wear a plain-coloured jersey with no significant logos, team names or advertising displayed on them.

The following are OC regulations for onboard technology for all OC events which are managed by OC Commissaires. These regulations do not apply to any events which do not require Commissaires, but if they are sanctioned under the OC Insurance Policy, Section 6 (a) and (b) applies.

1. All onboard technology device which is fitted on a bicycle must:

- a. Be installed on a system designed specifically for bicycles and not affect the certification of any item on the bicycle.
 - b. Not cause a risk for the safety of any rider, and therefore, be affixed in a manner that ensures it is not susceptible of inadvertently dismounting or is non-removable.
 - c. The camera footage is not immediately available to the rider.
2. Helmets must have a CSA certification. Any modification, alteration, manipulation, addition or removal of any element, or addition of an accessory unapproved by the helmet manufacturer is prohibited.
3. If the technology appears to be improperly affixed based on the commissaires discretion, the rider must remove or adjust the technology before the rider will be allowed to start.
4. If there is a crash during an event, permission must be secured in writing from the individuals involved before posted any footage from the incident.
5. It is strongly recommended that anyone who is using footage for individual promotion or private use, secure written consent in advance from any individual appearing on the footage.
6. Insurance Implications:
 - a. OC Insurance does not cover loss or damages which may occur to onboard technology during the event.
 - b. All individuals using onboard technology are responsible and liable for any damages and injuries which may occur if the technology interferes with the integrity and safety of the event.

Staging & Start Protocol

- Riders will start in a Mass Start Format according to the above schedule.
- Start Corrals to open 15 minutes prior to start. Riders are reminded to follow instructions for maintaining proper distancing.
- Race Officials will start each wave of the race.

New for 2026 Ontario Cup Points

Ontario Cup points are awarded to the top 20 finishers in each category (formerly top 15). Only riders who have an OC membership are eligible for OCup points. Riders who DNF (do not finish) are not entitled to OCup points. Riders who move categories during the season will not carry any accumulated points into their new category. OCup points earned will remain in the category they were awarded within. Ontario Cup series champions will be decided by season ending OCup series point totals by a simple tally of all the points earned at OCup events for the current year.

To make the series title race tighter in 2026 and beyond, points awarded for each position have shrunk to a 1-point differential between each position (formerly a 2 or more-point differential between positions 1st-5th). Series points will be awarded as follows for all Ontario Cups:

Position	Points	Position	Points	Position	Points	Position	Points
1 st	20	6 th	15	11 th	10	16 th	5

2 nd	19	7 th	14	12 th	9	17 th	4
3 rd	18	8 th	13	13 th	8	18 th	3
4 th	17	9 th	12	14 th	7	19 th	2
5 th	16	10 th	11	15 th	6	20 th	1

**With 30 days or more notice to riders, double points can be offered.*

***Any riders competing with a non-member permit or residing out-of-province are not eligible to earn OCup points.*

With increased demand for OCup event hosting and greater variety of event type included within each series, Ontario Cycling is implementing a structure for lowest point score's to be dropped from the series ending points total dependent on how many events are held in a series. Where a riders lowest or zero (0) point scores from OCup events within a series are dropped from inclusion in the series total score according to the number of events held within the series for the year:

- 1-4 Events: All events are counted towards OCup points
- 5-6 Events: One (1) event is dropped from OCup points (event with least amount of points scored)
- 7+ Events: Two (2) events are dropped from OCup points (events with least amount of points scored)

OCup Points at Provincial Championships:

Riders will earn a 10-point bonus to their total 2026 OCup Points tally for registering in the respective disciplines 2026 Provincial Championships. Riders who do not register for provincials are not eligible. If a rider upgrades to a higher ability OCup category during the season (all OCup events in the season, does not include Provincials) and earns points in more than one category (i.e. Cat B for OCups 1-3 and Cat A for OCups 4-5), the 10-point bonus will only be applied to the highest ability category the rider scored points in during the OCup season (i.e., Cat A and not Cat B).

- Mountain Bike Series: Categories at MTB Provincials are the same as OCups in that they are both age-based and follow the exact same structure of age groups. Riders can self-seed themselves in the ability category of their choosing (Novice, Sport, Expert, Age-Group if applicable) at Provincials like at all OCups. As the categories are the same however, the 10-point bonus for registering for provincials will only be applied to the category in which they register. For example, a U17 athlete that raced U17 Sport at all the OCups within a season decides to race U17 Expert at Provincial Championships – that rider will receive 10 OCup points for U17 Expert and not U17 Sport. Constituting a category upgrade/move, the same as if they were to move categories within the OCup season – their accumulated points in one category will not be transferred to the new category.

For example, the final top three of an OCup category could look like:

Name	OCup #1	OCup #2	OCup #3	OCup #4	OCup #5	OCup Total	Provincials	Final Points
Rider1	19 (2 nd)	20 (1 st)	18 (3 rd)	20 (1 st)	16 (5th)	77	10 (Yes)	87
Rider2	18 (3 rd)	15 (6th)	20 (1 st)	16 (5 th)	17 (4 th)	71	10 (Yes)	81

Rider3	20 (1 st)	19 (2 nd)	19 (2 nd)	18 (3rd)	19 (2 nd)	77	0 (No)	77
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Tie Breaking Policy – Ontario Cup Series Points:

When two or more riders are tied at the end of the Ontario Cup series, the following criteria and procedure shall be utilized by the OC office to determine which rider is awarded the higher place in the standings. Descending through the following steps until one athlete emerges above the other:

- 1) Most race wins in the series.
- 2) Overall Points Average (number of points divided by events attended).
- 3) Highest placing in commonly attended events (who placed higher in the standings when both riders attended the same events).
- 4) Highest placing in the last event of the series.

Category Upgrades/Downgrades

There are no criteria for ability upgrades in MTB categories, riders competing in Regional or Ontario Cup events are eligible to self-seed into the category they feel best matches their racing ability. If a rider decides that a race category is too difficult (or subsequently not difficult enough), they will be able to downgrade or upgrade at their discretion.

If a rider would like to upgrade age categories, for example U15 to U17 Expert they are required to submit a formal upgrade request via the OC upgrade form [HERE](#). Age category upgrades require the submission of race results, race experience, and other supporting information – to be eligible to submit an upgrade request riders must first meet the required criteria as listed in the form. All upgrade requests are subject to approval from the Ontario Cycling Upgrade Committee.

At Provincial Championships riders must race in their age group.

**If an age category upgrade is requested for a nationally sanctioned category (Canada Cup [U17 Expert, U19 Expert, Elite]) the request will need to be submitted to and approved by Cycling Canada.*

***You must race the category on your license (if you have a UCI license, please notify the OC office in advance of your event if you are planning to upgrade or downgrade categories).*

Call-Up Protocol

Call-ups for categories are designed to encourage participation in the OCup series. OCup points will determine the call-up order for XCC & XCO (top 16). If less than 16 riders with OCup points are present in a category, any remaining positions to complete the front 2 rows will be available. The following is the protocol when using OCup points to determine the call-up order:

- 1) Riders tied with the same number of OCup points will be randomized.
- 2) After the first 2 rows are filled, any remaining riders will fill out the additional places on the starting grid on a first-come, first-served basis.
- 3) If the first 2 rows are not filled, other riders can take open positions.

- 4) When two or more categories are combined in the same start wave (that is, starting at the same time offset), those riders will be considered “in the same race”. Call-ups will cycle between each category to fill the first 2 rows (1st, 1st, 1st, 2nd, 2nd, 2nd, 3rd, 3rd, 3rd, 3rd, etc.).

Organizers may acknowledge National or World Champions in their race. These acknowledgments will be done before the call-ups. Participants will then be called up following the procedure above only. Riders may choose any position after their call-up, including not taking a position at the front when called.

Feed Zones and Technical Assistance

Unless a separate feed and tech zone is marked in the course maps for the event, athletes will feed and be able to receive technical assistance from the same area marked on the course.

Feed Zone Regulations

- 1) Feeding is permitted only in the zone(s) designated for that purpose.
- 2) Only those persons responsible for feeding riders may be in the feed zone. Spectators, children, and pets are not permitted in the feed zone. Spectators may watch from the opposite side of the course.
- 3) Tents, Chairs, Coolers etc. must be a minimum of 10 feet away from the race course and must not obstruct others from feeding their rider.
- 4) Water bottles and food must be handed up to the rider without the feeder running alongside the rider.
- 5) During feeding no physical contact between feeders and riders is allowed. This will be considered technical assistance.
- 6) Water may be poured onto riders only if specific permission has been given by the PCP before the event at which time water may only be poured on at the rider's request.
- 7) No rider may turn back on the course to reach a feed zone.

Technical Assistance Regulations

- 1) Riders should be prepared to work on their bicycle outside of the technical assistance zone. They can receive assistance in the technical zone only, or neutral support if it is provided by the organizer.
- 2) Small tools and tubes can be handed to people in the technical zone only.
- 3) Anyone in the technical assistance zone may help riders to get their bicycle operational.
- 4) Riders must finish with the bicycle frame and number plate that they started the race with.
- 5) Spare wheels are allowed in the technical assistance zone only. Spare wheels cannot be stationed for use along the course other than in the tech zone.
- 6) Riders are required to supply their own parts and equipment in the technical assistance zone. Riders may not take other participants equipment without their permission.
- 7) Riders may carry tools and spare parts, provided that these do not involve any danger to the rider themselves or other competitors.

Pulling Riders

Riders may be pulled from the event if they don't meet the 80% rule in the XCO 1:30 PM start wave, at the discretion of the President of the Commissaire Panel. Riders may be pulled from additional starts if continuing could impede participants in the following start time, at the discretion of the Panel of Commissaires.

Bad Weather and Course Changes

- Changes to the course may be required in case of severe weather or changing atmospheric conditions. Changes will be announced at the start of all races. In all conditions riders should ensure they are riding within their limits and dismount if the terrain exceeds their technical comfort level.
- In the case of severe weather requiring a change of schedule, an email will be sent out to all participants, and information will be posted on Ontario Cycling's social media accounts.
- [View OC's Weather Policy & Guideline Here](#)

Spectator Safety

Spectating is allowed along the courses behind safety tape. Spectators should stand a minimum of 3 feet behind tape and use caution when taking photos/videos due to depth perception. Tape although providing a visual boundary for course limits does not provide significant physical protection from riders breaking through and contacting features, objects, or people outside of course limits.

Medical/Hospitals

Directions to Uxbridge Hospital - 4 Campbell Dr, Uxbridge, ON L9P 1S4

- 1) Head north on Concession 6 toward Wagg Rd (2.3 km)
- 2) Turn right onto Toronto St S/Durham Regional Hwy 47 (2.1 km)
- 3) Turn left onto Victoria Dr (88 m)
- 4) Turn left, hospital will be on the right (100 m)



Course marshals are stationed throughout the course and at the start/finish area.

Safety and First Aid

First Aid will be provided by Aventry Medical. They will be stationed near the start/finish area and at strategic location(s) on course at the discretion of the First Aid provider. Marshalls will be on course during all races.

Accommodations

Camping On-Site at Woodnewton

Camping spots are available at the venue from Friday night through race weekend. Reserve your spot through the online race registration on CCN/Uplifter when you register for the race:

<https://ccnbikes.com/#!/events/2026-ontario-mountain-bike-provincial-championships-woodnewton>

- \$20/night or \$30/weekend (Fri & Sat night)

Great Blue Heron Casino & Hotel

21777 Island Road, Port Perry

905-985-4888

<https://greatcanadian.com/destinations/ontario/great-blue-heron/>

- Discounted event rate through the link: <https://reservations.gbhcasino.com/book/dates-of-stay?RatePlanId=7365722>

Hilton Garden Inn Ajax

500 Beck Crescent, Ajax

905-686-9400

<https://www.hilton.com/en/book/reservation/deeplink/?ctyhocn=YYZAJGI&corporateCode=3557807>

- 15% off the best available rate – book online or call the hotel with the quote code 3557807

Homewood Suites by Hilton Ajax

600 Beck Crescent, Ajax

905-686-5969

<https://www.hilton.com/en/hotels/ytoajhw-homewood-suites-ajax-ontario-canada/>

- 10% off the best available rate with the code 560048765

Pickering Casino Resort

888 Durham Live Avenue, Pickering

833-629-0552

- Discounted event rate through the link: <https://reservations.pickeringcasino.com/book/dates-of-stay?RatePlanId=7365750>

Membership & Licensing

Provincials XCC					
Category	Age	Non-Member Permit*	Challenge Membership	Compete Membership	UCI License
U11 Girls	8-10 years	X	X	X	X
U11 Boys	8-10 years	X	X	X	X
U13 Girls	11-12 years	X	X	X	X
U13 Boys	11-12 years	X	X	X	X
U15 Girls	13-14 years	X	X	X	X
U15 Boys	13-14 years	X	X	X	X
U17 Girls	15-16 years	X	X	X	X
U19 Women	17-18 years	X	X	X	X
U23 Women	19-22 years	X	X	X	X
Elite Women	23+ years	X	X	X	X
35-49 Master Women	35-49 years	X	X	X	X
50+ Master Women	50+ years	X	X	X	X
U17 Boys	15-16 years	X	X	X	X
35-49 Master Men/Open	35-49 years	X	X	X	X
50+ Master Men/Open	50+ years	X	X	X	X
U19 Men	17-18 years	X	X	X	X
U23 Men	19-22 years	X	X	X	X
Elite Men	23+ years	X	X	X	X

**Riders competing in events on a Non-Member Permit are subject to an additional fee at the time of registration, \$5 and \$10 for Youth and Adults respectively. Non-Members are not eligible to win the*

title of Provincial Champion and will be awarded in a separate non-championship podium ceremony if finishing in the top 3 at Provincials.

Provincials Team Relay					
Category	Age	Non-Member Permit	Challenge Membership	Compete Membership	UCI License
Open (4 Riders, min 1 Female)	8+ years	X	X	X	X

Provincials XCO					
Category	Age	Non-Member Permit*	Challenge Membership	Compete Membership	UCI License
U11 Girls/Boys	8-10 years	X	X	X	X
U13 Girls/Boys	11-12 years	X	X	X	X
U15 Girls/Boys	13-14 years	X	X	X	X
U17 Sport Girls/Boys	15-16 years	X	X	X	X
U19 Sport Women/Men	17-18 years	X	X	X	X
Novice Women/Men	19+ years	X	X	X	X
Senior Men 19-34	19-34 years	X	X	X	X
Master Men/Open 35-44	35-44 years	X	X	X	X
Master Men/Open 45-54	45-54 years	X	X	X	X
Master Men/Open 55-64	55-64 years	X	X	X	X
Master Men/Open 65+	65+ years	X	X	X	X
Senior Women 19-34	19-34 years	X	X	X	X
Master Women 35-44	35-44 years	X	X	X	X
Master Women 45-54	45-54 years	X	X	X	X
Master Women 55-64	55-64 years	X	X	X	X
Master Women 65+	65+ years	X	X	X	X
U17 Expert Boys	15-16 years			X	X
U19 Expert Men	17-18 years			X	X
U17 Expert Girls	15-16 years			X	X
U19 Expert Women	17-18 years			X	X
Elite/U23 Men	19+ years			X	X
Elite/U23 Women	19+ years			X	X

*Riders competing in events on a Non-Member Permit are subject to an additional fee at the time of registration, \$5 and \$10 for Youth and Adults respectively. Non-Members are not eligible to win the title of Provincial Champion and will be awarded in a separate non-championship podium ceremony if finishing in the top 3 at Provincials.

Categories in **Bold are Championship eligible and the winner of each category will receive a jersey in the awards ceremony for winning the title of Provincial Champion.

Refund Policy

- A rider must withdraw prior to registration closing to be eligible to receive a refund. Once the registration period has ended, refunds are no longer available.
- All refunds are subject to a non-refundable processing fee (variable based on transaction value) plus a CCN refund administration fee.
- If an athlete withdraws from an event on race day, they are not eligible for a refund and the rider must inform a Commissaire of their withdrawal. Failure to notify may result in a fine.
- OC and Durham Shredders MTB Club reserve the right to issue refunds in other rare and exceptional cases.