

2026 BMX Guidelines

V1.

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Event Sanctioning

Event Sanctions

Types of Sanctioned Events

Provincial Championship – an event run with National Championship categories under UCI regulations.

Event Sanction Chart

| Event Type | Sanction Details | | |
|----------------------------|---|-----------------------|-------------------------|
| | Category Structure | Ontario Cup Points | OC Non-Member Permit |
| Provincial Championship | Age-based National Championship Categories | N/A | *Available for purchase |

^{*}Non-member permit only applies to riders who are Canadian residents.

OTHER ITEMS

Refundable Registration

Uplifter has developed a system where individual participants can register and purchase "upgraded refund terms" as a form of registration protection. This small additional fee will help ensure that if participants are unable to attend an event, for various reasons listed at the link below, their registration fees will be compensated by Uplifter. This is not an OC service and should you have any questions or concerns please contact Uplifter directly. For more information, please review the Uplifter Refundable Registration Program.

Unsanctioned Event Participation

There are no penalties for participating in unsanctioned events. However, results from unsanctioned events do not count towards OC/UCI points or OCup/Provincials call-up orders. Riders participating in unsanctioned events do so at their own risk and the OC insurance policy will not be applicable.



2026 Entry Fees

Organizers are encouraged to set entry fees appropriate for the level of organization of their event. Experience has shown that entry fees that are too high will discourage athletes from participating in your event. Suggested entry fees are shown in the appendices relevant to your event and discipline type.

Note: A quality event can be run within the fee tables provided and events wishing to charge more must be able to provide value to the participants. These prices may be adjusted upon submission and approval of the event budget.

Provincial Championship Membership Requirements

For the 2026 Provincial Championships, registration will be open to Ontario riders aged 5+.

You are required to have a 2026 Challenge, Compete, or UCI license to compete. For those who are not members of Ontario Cycling, non-member permits are available for purchase for racing in select categories (see chart below). Please contact the OC office for any questions regarding membership.

Provincial Championship Membership Structure

| Category | Age | OC Non- Member Permit | Challenge | Compete | UCI License |
|------------------------------|-----|-----------------------------|-----------|---------|----------------|
| 20-inch Challenge | 5+ | X | X | X | X |
| 20-inch Championship | 17+ | | | X | X |
| Cruiser 24-inch Challenge | 5+ | X | X | X | X |



Provincial Championship Entry Fees

| License Type | Pricing |
|--|--|
| Provincial Race License/Ontario-issued UCI License | \$45.00 + HST |
| Non-Member Permit | \$45.00 + *cost of a Non-member permit |

^{*}Fees refer to HST and online Uplifter (formerly known as CCN) administrative fees

Ontario Provincial Championships Specific Rules

- Gate Selection for Championships (Elite, U23, Junior) classes will be determined by current UCI ranking, then by random draw. Gate selection for all Challenge classes will be determined by Random Draw.
- All riders 12 and under will not be allowed to use clipless pedals. In the event that riders 12 and under race in a combined class, the use of clipless pedals to the rider's age division must be maintained.
- If there is only one rider in a championship category, the men's and women's categories may be combined, but awards will be broken out by category.
- Full face helmets must be securely fastened.
- Full finger gloves must be worn whenever the athlete is on the track.
- Jerseys with numbers on the back will be allowed for this event.
- Team Ontario Jerseys are not to be worn at the Provincial Championships.

General Event Rules

Championship Men (Junior/U23/Elite) must take the pro section.



Appendix

Provincial Championship Schedule

- 3 motos plus semis and/or mains
- There will be a minimum of 15 minutes between motos and semis
- There will be a minimum of 10 minutes between semis and mains

| Event | Gender | Age Category | Start Time |
|---------------------------|--------|---|---------------|
| Rider Confirmation | | All | 7:30am-8:30am |
| 13 & Under Warm-Up | | 5-13 | 7:45am-8:15am |
| 14 & Over Wam-Up | | 14+ | 8:15am-8:45am |
| Rider's Meeting | | All | 8:50am |
| 20 inch Championship | Women | 17-18 (Junior) 19-22 (U23) 19+ (Elite) | 9:00am |
| 20 inch Championship | Men | 17-18 (Junior) 19-22 (U23) 19+ (Elite) | |
| Cruiser 24 inch Challenge | Girls | 12 and under 13-16 | |
| Cruiser 24 inch Challenge | Women | 17-29 30-39 40 and over | |
| Cruiser 24 inch Challenge | Boys | 12 and under 13 and 14 15 and 16 | |
| Cruiser 24 inch Challenge | Men | 17-24 25-29 30-34 35-39 40-44 45-49 50+ | |
| 20 inch Challenge | Girls | 5-7 8 9 10 11 12 13 14 15 | |



| | | 16 | |
|---------------------------|-------|---------|--|
| 20 inch Challenge | Women | 17-24 | |
| _ | | 25+ | |
| 20 inch Challenge | Boys | 5 and 6 | |
| | | 7 | |
| | | 8 | |
| | | 9 | |
| | | 10 | |
| | | 11 | |
| | | 12 | |
| | | 13 | |
| | | 14 | |
| | | 15 | |
| | | 16 | |
| 20 inch Challenge | Men | 17-24 | |
| | | 25-29 | |
| | | 30-34 | |
| | | 35+ | |
| Awards Ceremonies for all | | | |
| categories listed above | | | |

^{*}Each category will be broken out by age for podiums

^{**}Categories in **Bold** are Championship eligible, and the winner of each category will receive a jersey at the awards ceremony for winning the title of Provincial Champion.