

# criterium Provincial Championships

V3

August 21<sup>st</sup>, 2025



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## General Information

Ontario Cycling (OC) and Performance Driven Events is proud to present the 2025 Road Provincial Championships. This year's Provincial Championship. This year's Provincial Championships sanctioned and governed by Ontario Cycling, consists of 3 separate racing opportunities, the Individual Time Trial, the Criterium and the Road Race.

We're bringing back the classic Jehlicka Crit for this year's Provincial Championship. The circuit is built for speed with only three corners, all of which are wide sweeping. The freshly paved loop is 2.5km in length with only 5 meters of elevation.

Date: August 23<sup>rd</sup>, 2025

Time: 8:30am-5:00pm

Location: 180 Willmott St., Cobourg

Parking: Street parking is available on the North side of the course. Please refer to the parking section below for more details.

Pre-Riding: there will be no pre-riding the course.

## OC Event Contact

Position	Name
Event Organizer	Courtney Doret
Race Director	Greg Rawson
Membership/Licensing	Chris Baskys
Timing	Zone4
Medical	Odyssey Medical

## Commissaires

Position	Name
PCP	Benjamin Hill
Secretary	Brad Slade
Finish Judge	Rebecca Ferreyra
Member	Joe Hall
Member	Maria Paisley

## Registration & Pricing

- Registration for all Provincial Championships is open to Ontario Cycling licensed riders 15 years of age and older.
- The event is pre-registration only. Only 2025 Compete/UCI licenses are permitted. Out of Province riders must have a UCI license. Licenses will not be sold on event day and must be purchased in advanced.
- Registration for each Provincial Championship will close at 11:59pm on the Wednesday prior to the event date.
- Late entries will be reviewed on a case-by-case basis. If granted a \$50 late fee will be applied.

<b>Registration Timeline</b>
<i>Registration open March 31<sup>st</sup>, 2025 @12pm (noon)</i> <i>Registration closes August 20<sup>th</sup> @ 11:59pm</i>
<b>Cost of the Event</b>
Championship Categories - \$80 + HST Non-Championship Categories - \$60 + HST

## Membership & Licensing

Please see the membership and licensing chart below to ensure that you have the correct license to compete in each category.

<b>Category</b>	<b>Age Range</b>	<b>Compete</b>	<b>UCI</b>
Para	15+	X	X
U17 Women	15-16	X	X
U19 Women	17-18	X	X
U23 Women	19-22	X	X
Elite Women	23+	X	X
Master A Women	35-44	X	X
Master B Women	45-54	X	X
Master C Women	55-64	X	X
Master D Women	65+	X	X
U17 Men	15-16	X	X
U19 Men	17-18	X	X
U23 Men	19-22	X	X
Elite Men	23+	X	X
Master A Men/Open	35-44	X	X
Master B Men/Open	45-54	X	X
Master C Men/Open	55-64	X	X
Master D Men/Open	65+	X	X

*\*\*When U23 and Elite races are combined (start at the same time), 2 separate podiums will be awarded. The overall winner of the race will be named the Elite Provincial Champion and will receive the Elite Provincial Championship jersey. The first U23 rider across the line will be named the U23 Provincial Champion and will win the U23 Provincial Champion's jersey. If the overall race winner is U23 rider, they will be named both the Elite and U23 Champion and win both jerseys.*

## Refund Policy

- A rider must withdraw prior to the registration closing to be eligible to receive a refund. Once the registration period has ended, refunds are no longer available.
- All refunds are subject to a non-refundable processing fee (variable based on transaction value) plus a CCN refund administration fee.
- If an athlete withdraws from an event on race day, they are not eligible for a refund and the rider must inform the President of the Commissaire Panel of

their withdraw. Failure to notify the President of the Commissaire Panel may result in a fine.

- OC reserves the right to issue refunds in other rare and exceptional cases. Injury, loss/change of employment, or a move away from town such that the participant can no longer attend, will not be considered.

## Event Categories

- Provincial Championship categories will be an age-based format where athletes will have to race their national age listed on their license.
- Categories may be combined based on the number of entries or at the discretion of OC

## Schedule of Events

Category	Age Range	Registration	Start Wave	Start Time	Distance
Master C Men/Open	55-64	7:00am	A	8:30am	50 minutes
Master D Men/Open	65+	7:00am	A	8:30am	50 minutes
Para	15+	8:00am	B	9:30am	50 minutes
U17 Men	15-16	9:00am	C	10:30am	75 minutes
U19 Men	17-18	9:00am	C	10:30am	75 minutes
Elite Women	23+	10:30am	D	12:00pm	60 minutes
U23 Women	19-22	10:30am	D	12:00pm	60 minutes
U17 Women	15-16	10:30am	D	12:00pm	60 minutes
U19 Women	17-18	10:30am	D	12:00pm	60 minutes
Master A Women	35-44	10:30am	D	12:00pm	60 minutes
Master B Women	45-54	10:30am	D	12:00pm	60 minutes
Master C Women	55-64	10:30am	D	12:00pm	60 minutes
Master D Women	65+	10:30am	D	12:00pm	60 minutes
Master A Men/Open	35-44	11:45am	E	1:10pm	60 minutes
Master B Men/Open	45-54	11:45am	E	1:10pm	60 minutes
Elite Men	23+	1:00pm	F	2:20pm	75 minutes
U23 Men	19-22	1:00pm	F	2:20pm	75 minutes

## Start Lists & Results

Zone4 is the official timer for the 2025 Road Provincial Championships. Start lists and results can be found at [www.zone4.ca](http://www.zone4.ca)

## Gear and Equipment Restrictions and Rules

- The gear and equipment restrictions will follow the [2025 Cycling Canada companion guide](#).
- The wearing of an approved helmet is mandatory.
- UCI Rule 1.3.018: only wheel designs granted prior approval by the UCI may be used. Consult the list of approved non-traditional wheels here.
- As of April 1<sup>st</sup>, 2024, the UCI regulation (1.3.022) will be amended with a clear requirement that brake levers must have a maximum inclination of 10 (ten) degrees. We will be requiring riders in Ontario to follow this updated regulation at all road events this year.
- Only bicycles conforming to UCI rules 1.3.001-1.3.025 are permitted for use.
- Riders are required to wear jerseys corresponding to the club or team printed on their license.
- Independent riders are required to wear a plain-coloured jersey with no significant logos, team names or advertising displayed on them.
- Sleeveless jerseys are not permitted.
- Per cycling Canada (1.3.031 N): at all times when participating in or preparing for an event held in Canada, all licensees who are mounted on a bicycle shall wear a securely fastened helmet that meets a recognized cycling standard for the specific discipline. Riders shall provide documented proof of this such as a manufacturer's label, upon request by event officials.
- The use of glass containers is strictly prohibited during the race.
- Disc brakes are permitted.

## Onboard Technology

The following are OC regulations for onboard technology for all OC events which are managed by OC Commissaires. These regulations do not apply to any events which do not require Commissaires, but if they are sanctioned under the OC Insurance Policy, Section 6 (a) and (b) applies.

1. All onboard technology device which is fitted on a bicycle must:
  - a. Be installed on a system designed specifically for bicycles and not affect the certification of any item on the bicycle.
  - b. Not cause a risk for the safety of any rider, and therefore, be affixed in a manner that ensures it is not susceptible of inadvertently dismounting or is non-removable
  - c. The camera footage is not immediately available to the rider.
2. Helmets must have a CSA certification. Any modification, alteration, manipulation, addition or removal of any element, or addition of an accessory unapproved by the helmet manufacturer is prohibited.

3. If the technology appears to be improperly affixed based on the commissaires discretion, the rider must remove or adjust the technology before the rider will be allowed to start.
4. If there is a crash during an event, permission must be secured in writing from the individuals involved before posted any footage from the incident.
5. It is strongly recommended that anyone who is using footage for individual promotion or private use, secure written consent in advance from any individual appearing of the footage.
6. Note:
  - a. OC insurance does not cover loss or damages which may occur to onboard technology during the event.
  - b. All individuals using onboard technology are responsible and liable for any damages and injuries which may occur if the technology interferes with the integrity and safety of the event.

## **Upgrade Requests**

There will be no youth upgrades for the 2025 Road Provincial Championship all riders will be required to race their national age listed on their license.

## **Rider Confirmation**

Rider confirmation will take place at the OC tables look for the registration signage. Registration will happen in waves and will correspond to the sign in time outlined in the event schedule.

## **Number Placement**

All riders must wear their bib numbers on the left side.



## General Rules & Regulations

- The races will be held under the rules of the UCI with CC and OC modifications.
- The CC and OC rules are available at: [www.ontariocycling.org/officials](http://www.ontariocycling.org/officials)
- An OC representative will be present at the race to assist with rider licensing issues. There is no ability to sell licenses or memberships on race date. Contact the OC for more details.
- Out of province riders will be required to present a UCI license.
- Races will start promptly at the indicated start times.
- Any rider dropping out of the race shall immediately notify a commissaire. Team vehicles will not be permitted on the course for any event. Only race organization vehicles are allowed on the racecourse during competition. All other vehicles/team vehicles are not permitted to follow the race while in progress.
- For your safety, if you withdraw from the event for any reason, you must inform the nearest commissaire that you will no longer be racing. Riders not reporting to the commissaire may be subject to a fine
- As this is a criterium race, riders will be given free laps for mishaps (e.g crashes and punctures). Improperly maintained bicycles resulting in equipment failure is not considered a mishap. Riders suffering mishaps shall head to the designated pit area via any means other than travelling backwards on the course, report to the commissaire and make repairs. At the direction of the commissaire only, riders will be allowed to resume the race at the same location in the pack where they had their mishap.
- The pit will be closed when there is 5km left in the race from the perspective of the race leader. No more free laps will be given after this point.
- In cases where more than one group is on the course at the same time, riders must remain separate when overtaking or being overtaken by riders from other groups.
- If two or more riders overtake the field and remain there after there is less than 5km left in the race from the perspective of the race leader, the overtaking riders may be sprinted separately from the field. Instructions for this process will be by the commissaire at the start line before the race.
- Lapped riders may be pulled at the order of the Commissaires, either after being overtaken or just before being overtaken. Otherwise, dropped riders must remain separate, even when being overtaken by riders in their own category.
- Riders who are dropped from the main bunch must proceed at their own risk and shall always ride on the right side of the road with the flow of traffic.
- Radio communication is not permitted between riders and anyone else.
- All riders within a category will finish on the same lap. Therefore, lapped riders will complete fewer laps than the winner.

## **Awards**

- Medals will be awarded to the top three finishers in each category
- For non-championship categories, non-championship medals will be awarded to the winners. Provincial jerseys will not be awarded to non-championship winners.
- Riders must attend the awards ceremonies or risk forfeiting their awards.
- Podium protocol shall be enforced, and fines issued to those who fail to comply. Riders must wear their competition uniform for medal presentations. Hat and/or eyewear are prohibited.

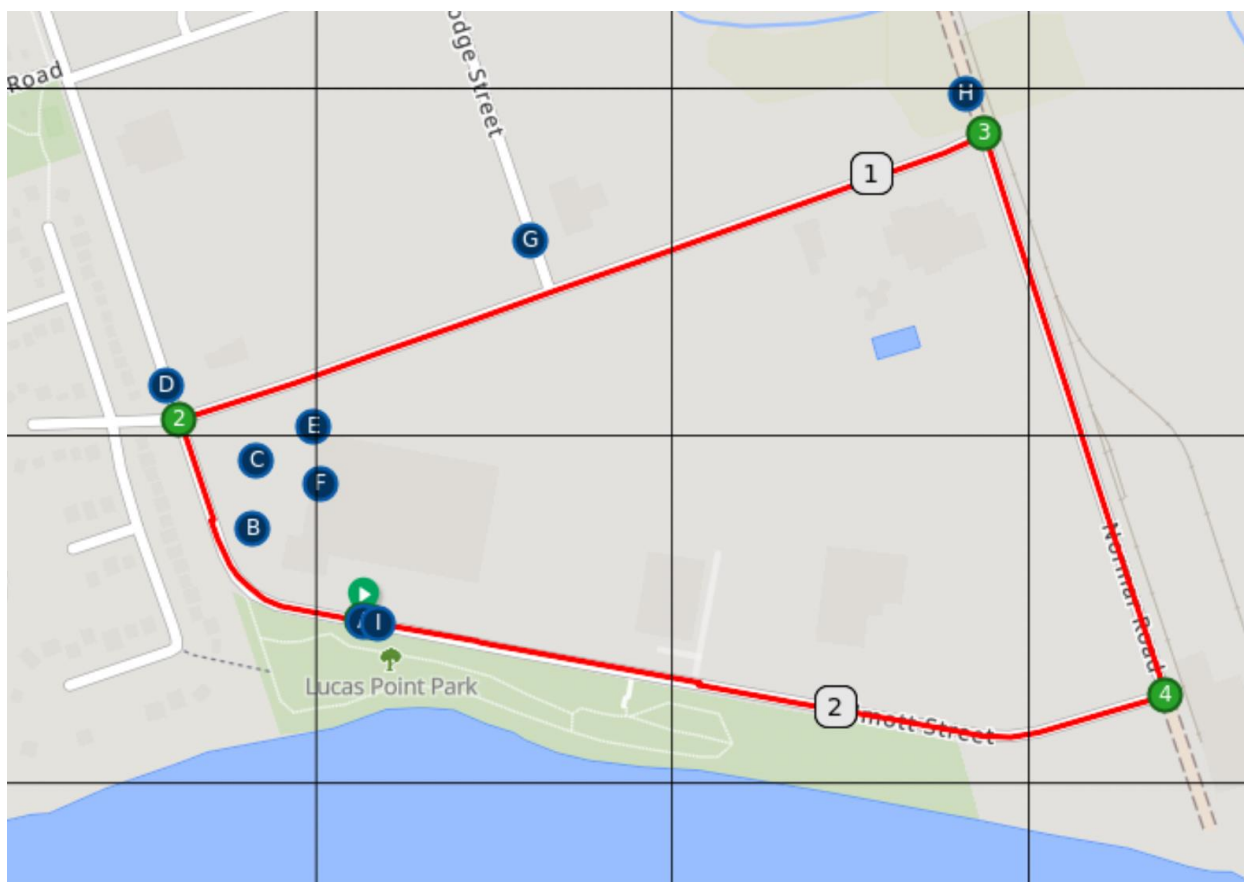
## **Parking**

Parking will be located on the north side of the course. Street parking is available on the following streets:

- Delanty Rd
- Dodge Street
- House Crescent

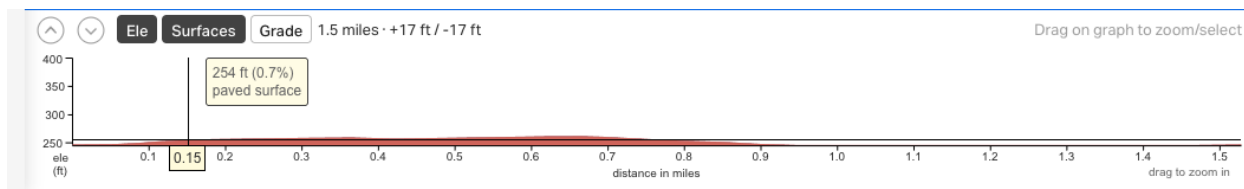
## **Course Map**

- A preview of the course map can be found below



Start/Finish – will be located on Wilmott Street. Please be aware of riders and look for directional signage to guide you to parking areas registration and washrooms

## Course Elevation



## Event & Course Safety

- First aid will be provided by Odyssey Medical who will be located under a tent near the start/finish area
- For your safety, if you withdraw from the event for any reason, you must inform the nearest commissaire that you will no longer be racing. Riders not reporting to the commissaire may be subject to a fine.

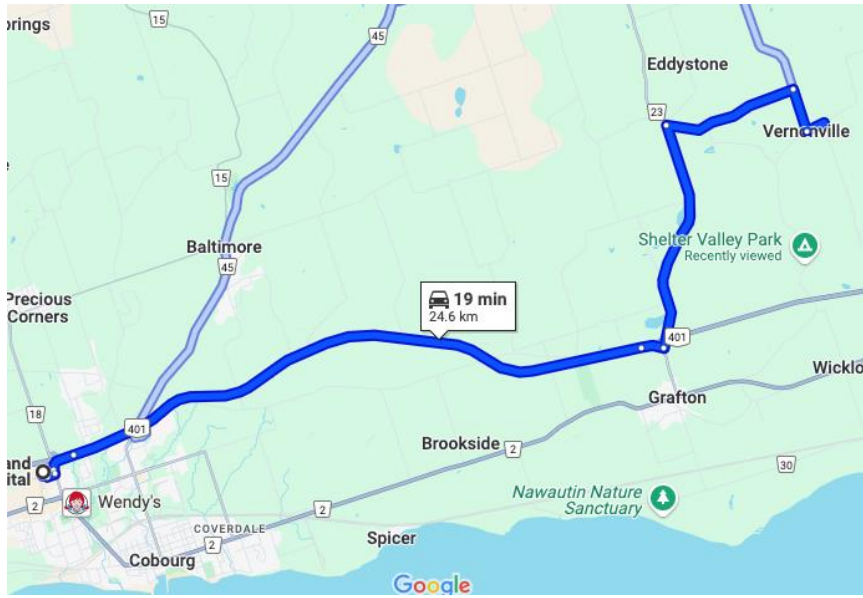
## Spectator Safety

- Spectators should always remain off the racecourse and remain behind any fencing around the course

- For your safety there is no climbing and hanging onto structures not designed for those purposes
- No spectator should access the racecourse any point throughout the event
- OC does not permit any alcohol consumption at the event. Please refrain from bringing and consuming any alcohol during the event and throughout the event grounds including the racecourse

## **Directions to Nearest Hospital**

Northumberland Hills Hospital  
1000 DePalma Drive  
Cobourg, ON K9A 5W6



## Media

- Any individual wanting to create media content with professional equipment or for the purpose of selling content is required to obtain accreditation from Ontario Cycling.
- Please contact [info@ontariocycling.org](mailto:info@ontariocycling.org) no later than one week prior to the event.

## Volunteers

Thank you to all the volunteers who dedicated their time to making the event possible. If you are interested in volunteering at future events, please contact [oc.volunteers@ontariocycling.org](mailto:oc.volunteers@ontariocycling.org)

## Partners & Sponsors



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