

RLCT 2025 – Technical Guide – Part I

General Information for Riders

Please consult the following webpage links for specific information:

1. History of the tour: <https://ottawabicycleclub.ca/rlct/history/>
2. Cost of tour: <https://ottawabicycleclub.ca/rlct/costs/>
3. Registration: <https://ottawabicycleclub.ca/rlct/registration/>
4. Code of conduct: <https://ottawabicycleclub.ca/rlct/code-of-conduct/>
5. Preparing for the ride: <https://ottawabicycleclub.ca/rlct/preparing-for-rlct/>
6. Riding the tour: <https://ottawabicycleclub.ca/rlct/riding/>
7. Routes: <https://ottawabicycleclub.ca/rlct/routes/>

Schedule of tour

Please check the webpage for updates to this information:

<https://ottawabicycleclub.ca/rlct/schedule/>

Ottawa Start (see map) Nepean Sportsplex June 20, 17:00 to 20:00 Bib pick-up June 21, 7:00 to 9:00 – Bib pick-up and start of ride.	Perth Start (see map) Conlon Farm June 20, 18:00 to 20:00 Bib pick-up June 21, 8:00 to 10:00 Bib pick-up and start of ride.
--	--

Queen's University. (see map)

June 21, 13:00 to 18:00

- Pick-up room key/card and BBQ tickets by Bib Number.
- BBQ and beer garden from 13:00 to 17:00.
- Pick-up dinner/breakfast tickets at OBC desk if purchased without Accommodation.
- Pick-up luggage at McNeil House.
- After 18:00, a late check-in desk is Endaayaan-Tkanonsote Hall - 156 Albert Street.
- Dinner from 17:30 to 19:45 Ban-Righ Hall east end of Bader Lane.
- If taking the bus to Ottawa or Perth, pick up BBQ ticket at OBC desk by 16:00, then get on the bus on Stuart Street in front of Smith House by 18:00.

June 22, 5:30 to 8:30

- Breakfast – 5:30 to 8:30 Ban Righ Hall on Bader Lane.
- Drop off room key/card at Queen's desk at Brandt House by 8:00 - do not leave key/cards in room or take with you.
- Drop off luggage on Albert Street at the truck for your destination - Perth or Ottawa. – 6:30 to 9:30 - do not put car keys in luggage.
- Start the return ride.

RLCT 2025 – Technical Guide – Part I

June 22, Finish Ride

Ottawa – Nepean Sportsplex 13:00 to 17:00 <ul style="list-style-type: none">• Luggage pick-up until 17:00• Pizza (prepurchase) until 16:30• Luggage lives for OBC office after 17:00	Perth – Conlon Farm 12:00 to 15:00 <ul style="list-style-type: none">• Luggage pick-up until 15:00• BBQ (prepurchase) until 14:30• Luggage leaves for Nepean Sportsplex at 15:00
---	---

Emergency Actions

Critical emergency – call 911 if cell service is available.

If no cell service, go to nearest emergency radio station on Classic or Century routes only. For other routes, go to nearest community.

Non-critical injury or mechanical breakdown – advise nearest emergency radio station or road marshal – red bibs.

Weather emergency – Five emergency shelters have been arranged in the event of a severe weather event. These are:

Location	Address
Stanley Corners - Church	2031 Stittsville Main St, Stittsville
Perth – Conlon Farm	127 Smith Drive
Perth Legion	26 Beckwith Street, East
Westport Legion	10099 County Rd 10
Lyndhurst Legion	306 Lyndhurst Rd.

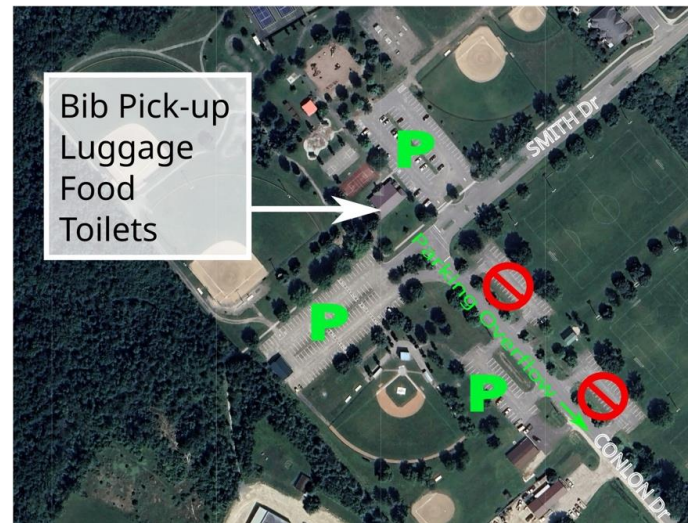
Official Rest Stops

Ottawa Start/Finish (outbound)		Offering
Ashton Community Centre	8958 Flewellyn Road	Water and toilets
Perth – Conlon Farm	127 Smith Drive	Water, toilets and snacks
North Crosby Community Centre	875 CR 8, Westport	Water, toilets and good food.
Perth Road Village United Church	5622 Perth Road Crescent	Water, toilets and good food.
Perth Start/Finish (outbound)		
Narrows Lock – Rideau Canal	1275 Narrows Lock Road	Water and toilets
St. Paul's Anglican Church	77 King Street, Delta	Water, toilets and good food
Sunbury – Ormsbee's Mercantile	3814 Battersea Road	Water, toilets and snacks.

RLCT 2025 – Technical Guide – Part I

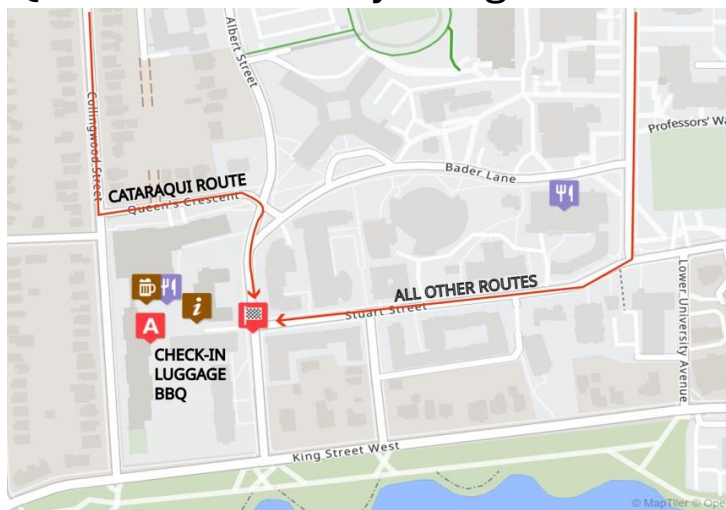
MAPS

Nepean Sportsplexa - Ottawa



Conlon Farm - Perth

Queen's University- Kingston



Ride With GPS

All registrants will have no-cost access to turn-by-turn voice navigation and route cue-sheet creation for all RLCT routes, using the Ride With GPS software. The on-bike devices supported are Android and iPhone native RWGPS apps Garmin, Wahoo, Hammerhead. A guide to using RWGPS for the tour is available at this link: [RLCT 2025 - Technical Guide - Part II](#)