



**ONTARIO CUP
TRACK SERIES**

Track Youth Upgrade Policy

V1.

October 18th, 2024



Purpose

To provide athletes with a meaningful and developmentally appropriate competition opportunity when they demonstrate superior competitive ability in their current competitive Youth category.

Eligibility

Athletes that are second year U15 age group are eligible to upgrade in the Track OCup series events (Track OCup #2 and #3).

Athletes wishing to apply for a youth upgrade must compete at one OCup in the Cat E category to be eligible to apply. Each upgrade request will be reviewed on a case-by-case basis.

Upgrades will be granted for exceptional circumstances. Exceptional circumstance is defined as the athlete has very clearly demonstrated that they are no longer challenged within the youth category* and have demonstrated the physical, technical and tactical ability to be competitive for a podium finish within an OCup category

*OC does not define this as simply winning a category.

When completing the form coaches must indicate if they are upgrading for Endurance or Sprint events or both types of events.

Categories

Category selection

Coaches will have the opportunity to select a preferred category for their upgrade submission. Categories will be vetted by the track upgrade committee.

Category limits

Each category has a capacity of 24 riders

Out-of-Province Riders

Athletes from outside Ontario will also be allowed to submit for upgrades, however they should demonstrate a clear ability to be competitive. It is recommended that all out-of-province youth riders compete in the youth categories to develop their skills and abilities first.

Upgrade Process

Coaches should be the ones to submit upgrade request. Should the athletes coach not submit the upgrade request please include the coach's contact information. If

your athlete is an independent rider without a coach, please reach out to the office about how to complete the upgrade request form.

1. All athletes requesting an upgrade must complete and submit the 2024-2025 [Track Youth Upgrade Form](#).
2. Upgrade requests must be submitted by eligible cut-off dates below for consideration. No exceptions.
3. Once your track upgrade form has been submitted, it will be reviewed by the committee, and you will receive an email confirmation from Ontario Cycling letting you know if your upgrade has been approved or denied.

Cut-off Date for Request	Event	Event Date
January 6 th , 2025	OCup #2	January 18 th – 19 th 2025
January 27 th , 2025	OCup #3	February 8 th - 9 th 2025

- Athletes who have submitted for an upgrade will be notified once a decision has been made regarding their upgrade request within 3 business days whenever possible.
- Please note that the preferred category is not guaranteed. All final decisions on category allotment will ultimately be up to the upgrade committee based on each event's registration numbers. Athletes may be forced into a lower category (no more than recommended should be required).

Provincial Championships

At the Provincial Championships all athletes must race their national age listed on their license. There will be no upgrade request for Provincial championships. Second year U15 athletes who were granted an upgrade for the OCups will not carry over to Provincials.

Unsuccessful Upgrades

Athletes who have been upgraded but clearly do not meet the level of ability and competition at the OCup level may have their upgrade removed by Ontario Cycling. They will be required to continue to race within the Youth OCup categories to build upon their skills and racing abilities.

2024-2025 Track Upgrade Form

[Click here to access the 2024-2025 Track Upgrade Form](#)
