

# **Commissaire Companion Guide**

**Ontario Cycling**

**Version 1**

**October 28<sup>th</sup>, 2024**

## Table of Contents

<b>Preliminary Provisions .....</b>	<b>1</b>
<b>Part 1: General Organization of Cycling as a Sport.....</b>	<b>5</b>
<b>Chapter 1 License Holders.....</b>	<b>5</b>
1 Licenses .....	5
3 Teams.....	6
4 Commissaires .....	6
<b>Chapter 2 Races.....</b>	<b>7</b>
Section 1: Administrative provisions .....	7
1 Calendar .....	7
7 National (Provincial) Championships .....	7
Section 2: organization of races.....	7
1 Organizer .....	7
2 Authorization to organize the event.....	7
§4 Program - technical guide.....	8
5 Invitation - Enrolment .....	8
6 Race headquarters – Secretarial office .....	8
7 Course and safety.....	8
8 Medical service.....	8
9 Prizes .....	8
10 Travel and subsistence expenses .....	9
Section 3: Race Procedures.....	9
6 Start of the race.....	9
7 Finish .....	9
Section 4: supervision of races.....	9
3 Powers of the Commissaires' panel.....	11
<b>Chapter 3 Equipment.....</b>	<b>12</b>
Section 1: general provisions .....	12
4 Onboard technology .....	12
Section 2: bicycles .....	12
2 Technical specifications.....	12
<b>O) Part 1 Penalty Table .....</b>	<b>13</b>
<b>Part 2: Road Races.....</b>	<b>15</b>
<b>Chapter 1 Calendar Participation .....</b>	<b>15</b>
<b>Chapter 2 General Provisions.....</b>	<b>15</b>
1 Participation .....	15
2 Organization .....	15
3 Race procedure.....	16
4 Circulation during the race.....	17
5 Press specifications (N).....	17
<b>Chapter 3 One-Day Races .....</b>	<b>17</b>
<b>Chapter 4 Individual Time Trials.....</b>	<b>18</b>
<b>Chapter 5 Team Time Trials &amp; Chapter 6 Stage Races.....</b>	<b>18</b>

Chapter 7 Criteriums .....	18
Chapter 8 Individual Races.....	19
Chapter 12 Race Incidents and Specific Infringements by Organizers.....	19
<b>Part 3: Track Races .....</b>	<b>21</b>
Chapter 1 Organization.....	21
Chapter 5 World (Provincial) Records.....	22
Chapter 10 Race Incidents and Specific Infringements .....	22
<b>Part 4: Mountain Bike Races .....</b>	<b>24</b>
Chapter 1 General Rules .....	24
4 Technical delegates.....	24
5 Marshals .....	25
8 Installations .....	25
Chapter 2 Cross-Country Events.....	25
1 Race characteristics.....	25
Chapter 20 MTB Race Incidents.....	26
<b>Part 5: Cyclo-Cross .....</b>	<b>27</b>
Chapter 1 Cyclo-Cross Events .....	27
1 General rules .....	27
2 Event procedure .....	27
Chapter 6 Race Incidents .....	28
<b>Part 12: Discipline and Procedures .....</b>	<b>29</b>
Chapter 3 Disciplinary Measures.....	29
4 Fine.....	29
Chapter 4 Infringements .....	30
1 Infringements related to race incidents.....	30
Chapter 5 Organization.....	30
§1 Commissaires' Panel .....	30
<b>Part 15: Cycling for All .....</b>	<b>30</b>
Chapter 1 General Provisions.....	30
1 Participation .....	30
§2 Entries and responsibility of participants.....	30
§3 Organization.....	30
Chapter 2 Cycling for All Event .....	30
1 Course and safety.....	30
Chapter 3 Gravel .....	31
§1 General provisions .....	31

## Preliminary Provisions

The Union Cycliste Internationale (hereafter UCI) Rules and Regulations and the Cycling Canada (hereafter CC) Companion Guide will be considered as the reference for all regulations governing the specified disciplines of bicycle racing within Ontario. The current version shall be applicable to all types of specified cycling races.

Where necessary the UCI rules and regulations and the associated CC revisions have been modified to accommodate various Provincial Regulations pertinent to Ontario. These modifications appear in this Ontario Cycling (hereafter OC) Companion Guide. The Provincial Regulations are preceded by the letter (*O*) in italics. These rules may, from time to time, be amended at the discretion of the OC Officials Committee.

It should be noted that the UCI Rules/Regulations and the CC Companion Guide are dynamic reference documents, and a particular section may be updated at any time during the year. It is therefore recommended that people refer to relevant sections on a regular basis through the UCI and the CC websites. All preceding regulations will be considered invalid as of the date of the updated regulation.

Nevertheless, Provincial Organizations may, in their Provincial regulations applicable to races on their own Provincial Calendar, rule on any provisions herein marked by the letter (*O*). Where no such Provincial regulations exist, organizers of races registered on the Provincial Calendar shall strive to respect the national and international regulations to the greatest extent possible and in accordance with the circumstances.

When referencing the UCI or CC rulebook, the term "National Federation" and "National Calendar" shall be inferred to read "Provincial Organization" and "Provincial Calendar" where the matter involves the sport within Ontario and sanctioned by OC.

A specific provision of the UCI Regulations, the CC Companion Guide, and the OC Companion Guide shall constitute an exception to any general provision with which it would be incompatible. Further, an OC amendment may only refer to part of a CC/UCI rule. In such cases the remainder of the CC/UCI rule will apply. In all cases UCI/CC rules and penalties not referenced in this Companion Guide continue to apply.

Participation in a cycling race, in whatever capacity, shall imply acceptance of all provisions of UCI Regulations, the National amendments contained in the CC Companion Guide, and the Provincial amendments contained in the OC Companion Guide.

The UCI / CC / OC cannot be held responsible for any infringements of the law committed in connection with cycling, even if the Regulations be invoked to justify such infringements.

The OC Officials Committee may be consulted where there are difficulties in applying the UCI regulations or National/Provincial amendments.

To facilitate reading, the OC Companion Guide shall include the use of the masculine for the feminine and singular for plural.

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William Trischuk – OC Officials Committee, Road Lead

Marie-Eve Potvin – OC Officials Committee, Track Lead

Steve Head – OC Officials Committee, general representative

Also, OC would like to thank CC and the CC Officials Committee for inspiring this manual.

# Part 1: General Organization of Cycling as a Sport

## Chapter 1 License Holders

1.0.0 O) For Provincial races, for the purposes of regulations and conversion rates, concerning fines in the regulations, one Swiss Franc shall equal one Canadian Dollar. UCI points shall not be deducted.

### 1 Licenses

#### Categories of license holders

1.1.010 O) OC may elect to offer additional license types (other than UCI licenses) allowing for participation in Provincially sanctioned events. Please refer to latest version of OC All-Discipline Membership Guide for additional details. Holders of these licenses are subject to the requirements of this OC Companion Guide.

1.1.010 O) The Organizer's designation will only be issued to those license holders who have completed the Provincial level Commissaires course in that discipline. A license holder carrying out the role of organizer may not carry out another role during the event.

#### Issuing Procedure

1.1.011 O) To obtain a license through OC, the member must have a primary residence within Ontario and receive the majority their governmental services from within the province. Any exemption requests must be made in writing to the Membership Committee.

#### Form of License

1.1.027 O) The license/membership may include a "head shot" photo of the license holder. If a photo is not printed on the license the holder must always present another form of government ID bearing their photo.

#### Penalties

1.1.029 O) 1) Participation or attempt to participate in a Provincially sanctioned event without holding the requisite licence: start refused. 2) No fine will be assessed.

#### Sundry Provisions

1.1.031 O) Unless specifically provided for in the rules governing each discipline in the sport, all riders under the age of 17 by December 31<sup>st</sup> of the current year may participate using an OC Challenge or OC Compete membership in all OC sanctioned events per the OC All-Discipline Membership Guide. If a UCI permit is issued to a youth rider, they must adhere to the requirements set out for this type of license. To participate in Provincial Championships, a rider must be a member of the OC

and duly licensed as outlined in 1.1.011 and 1.1.031

1.1.032 O) If a rider is suspended, he may not take out another license from a different province for the duration of the suspension.

### 3 Teams

#### Club team

1.1.046 O) Club teams registered with OC also include OC private teams. OC private teams are subject to the definitions and regulations outlined in the club policies of OC.

### 4 Commissaires

1.1.050 O) OC Commissaires may participate in the planning, organization, and officiating of events to which they are a member of the organizing club. During the race, they may not carry out another role.

1.1.051 O) In Ontario, all matters concerning the status, accreditation, assignment, and discipline of Provincial level Commissaires will be undertaken by the OC Officials Committee

#### Conditions of appointment

1.1.053 O) Admission as a Provincial Commissaire shall be determined by the policy set forth by the OC Officials Committee.

#### Status

1.1.065 O) All Provincial Commissaires shall be subject to the OC discipline policy when assigned by the OC Officials Committee

#### Mission

1.1.070 O) The OC Officials Committee appoints all members of the Commissaires' Panel for Provincially sanctioned events.

1.1.073 O) Reimbursement schedules for Provincial Commissaires appointed by OC shall be determined by the OC Officials Committee

1.1.074 O) Provincial Commissaires are required to wear the designated OC uniform, unless an alternate uniform is provided by the event organizer.

## Chapter 2 Races

### Section 1: Administrative provisions

#### 1 Calendar

1.2.002 O) A Provincial calendar will not be drawn up for the following disciplines:

- BMX Racing
- BMX Freestyle
- Trials
- Indoor cycling (cycle ball and artistic cycling)

1.2.004 O) A Provincial race is a race entered on a Provincial calendar

1.2.006 O) The application deadline for events to be entered on the Provincial calendar shall be set by OC. Deadlines shall be discipline specific.

1.2.008 O) OC shall, when publishing the Provincial calendar, include national and international calendar races that are run in the province.

1.2.009 O) In Ontario, the application is known as an "Expression of Interest" form. It shall be submitted each time a race is to be included on the calendar.

1.2.012 O) In Ontario, the fee is known as "sanctioning fees" and is due 30 days before the event. To secure the date of the event the event organizer must return their signed copy of the Organizer Agreement.

1.2.013 O) The decisions of OC are considered final.

1.2.014 O) Any change to dates on the calendar shall be subject to approval by OC. If an event is canceled, the organizer will receive a refund of their sanctioning fees.

#### 7 National (Provincial) Championships

1.2.027 O) Provincial Championships will be run using national categories.

1.2.029 O) Provincial championships shall be run on the date approved by the OC Events Committee.

### Section 2: organization of races

#### 1 Organizer

1.2.035 (O) For Ontario Cup events, the timing must only be performed by the OC approved vendor.

#### 2 Authorization to organize the event

1.2.037 O) or Provincial calendar.



#### 4 Program - technical guide

1.2.043 O) The Technical Guide may be changed, without penalty, only with the approval of OC.

1.2.044 O) Not in Provincially sanctioned events

1.2.045 O) For all disciplines, technical guides are due to OC a minimum of 60 days prior to the event.

#### 5 Invitation - Enrolment

##### General provisions

1.2.054 O) "Day of" registrations are not permitted at any OC sanctioned event.

##### Penalties

1.2.055 O) Does not apply to Provincially sanctioned events.

#### 6 Race headquarters – Secretarial office

1.2.056 O) Only required at Provincial Championship events, the form of which is taken to be "a place for the race secretary to perform their work". A secretarial office may also be provided at other events if a Race Secretary is assigned.

1.2.059 O) Not required at Provincially sanctioned events

#### 7 Course and safety

##### Safety

1.2.063 O) Nor CC or OC

#### 8 Medical service

1.2.067 O) First responders may provide medical care to riders

1.2.068 O) or organizer must provide an alternative, suitable EAP for rapid transfer to hospital.

#### 9 Prizes

1.2.071 O) The event organizer shall be responsible for payment of prizes to the riders.

1.2.072 O) All prizes must be given out during the podium presentations. If a rider does not appear for the presentation, they may forfeit their winnings.

## 10 Travel and subsistence expenses

1.2.075 O) Not required in Provincially sanctioned events.

1.2.076 O) Not required in Provincially sanctioned events.

## Section 3: Race Procedures

### 4 Team managers' meeting

1.2.087 (O) Team managers' meetings are not required at Provincially sanctioned events

### 6 Start of the race

1.2.094 O) A Commissaire need only be present for license check supervision at Provincial Championship events.

### 7 Finish

#### Finish line

1.2.101 O) Not required at Provincially sanctioned events

1.2.102 O) In road races, photo-finish is only required at events sanctioned as Ontario Cup events and Provincial Championship events.

## Section 4: supervision of races

### 2 Commissaires' panel

O) The Provincial Lead Commissaire for each discipline will draft the proposed commissaire assignments for review and approval by the OC Officials Committee. The OC Officials Committee appoints all members of the Commissaires Panel for Provincially sanctioned events.

#### Task and composition

1.2.116 O) For Provincially sanctioned events, the following tables are to be used.

OC Officials Committee to advise on commissaire panel composition for any event type not listed below, should such an event be sanctioned by OC.

### Road - Circuit

	<b>Regional B</b>	<b>Regional A</b>	<b>YRDS</b>	<b>O-Cup</b>	<b>Provincials</b>
President	1	1	1	1	1
Secretary					1
Finish Judge		1	1	1	1
Panel Member		3	1	3	4

### Road - Criterium

	<b>Regional B</b>	<b>Reginal A</b>	<b>YRDS</b>	<b>O-Cup</b>	<b>Provincials</b>
President	1	1	1	1	1
Secretary					1
Finish Judge		1	1	1	1
Panel Member		2	1	2	2

### Road - Time Trial

	<b>Regional B</b>	<b>Reginal A</b>	<b>YRDS</b>	<b>O-Cup</b>	<b>Provincials</b>
President	1	1	1	1	1
Secretary					1
Finish Judge		1	1	1	1
Panel Member		1	1	3	3

### Track

	<b>Regional</b>	<b>YTDS</b>	<b>O-Cup</b>	<b>Provincials</b>
President	1*	1	1	1
Secretary				1
Starter		1	1	1
Judge Referee			1	1
Finish Judge		1	1	1
Bike Check			1	1
Panel Member			3	4

### Mountain Bike - XC

	<b>Regional</b>	<b>O-Cup</b>	<b>Provincials</b>
President	1	1	1
Secretary			1
Finish Judge	1	1	1
Panel Member		1	1

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## Cyclo-Cross

	<b>Regional</b>	<b>O-Cup</b>	<b>Provincials</b>
President	1	1	1
Secretary			1
Finish Judge		1	1
Panel Member		1	1

\*May not always be required

President of the commissaires' panel

### 1.2.118 O)

For Provincially sanctioned events the President of the Commissaires' Panel (PCP) shall be appointed by the OC Officials Committee.

Finish line commissaire

1.2.119 O) The finish line judge may also fulfill the duties of the Timekeeper-Commissaire.

1.2.120 O) The finish line commissaire shall be provided with a raised and sheltered podium level with the finish line.

Report

1.2.123 O) The President of the Commissaires Panel (PCP) shall use the form provided by OC and shall submit the report no later than 72 hours after an event.

Expenses

1.2.125 O) Reimbursement schedules for commissaires appointed by OC shall be determined by OC.

### 3 Powers of the Commissaires' panel

1.2.131 O) In Provincially sanctioned events, this offense shall be penalized according to the discipline-specific penalty tables. For non-racing incidents the OC Discipline Policy shall be referenced.

## Chapter 3 Equipment

### Section 1: general provisions

#### 4 Onboard technology

1.3.006 bis O) The following applies to all OC events which are managed by OC Commissaires. These regulations do not apply to any events which do not require Commissaires, but if they are sanctioned under the OC Insurance Policy, item 6 (a) and (b) applies.

1. All onboard technology device(s) fitted on a bicycle must:
  - a. Be installed on a system designed specifically for bicycles and not affect the certification of any item on the bicycle.
  - b. Not cause a risk for the safety of any rider, and therefore, be affixed in a manner that ensures it is not susceptible of inadvertently dismounting or is non-removable.
  - c. The camera footage is not immediately available to the rider.
2. No onboard technology is allowed to be affixed to the helmet.
3. If a Commissaire feels that the technology is not properly affixed or safely secured, they may, at their discretion, ask the rider to either remove the technology or ask them to readjust to ensure that the device is safely affixed.
4. If there is a crash during an event, permission must be secured in writing from the individuals involved before posted any footage from the incident.
5. It is strongly recommended that anyone who is using footage for individual promotion or private use, secure written consent in advance from any individual appearing on the footage.
6. Note:
  - a. OC Insurance does not cover loss or damages which may occur to onboard technology during the event.
  - b. All individuals using onboard technology are responsible and liable for any damages and injuries which may occur if the technology interferes with the integrity and safety of the event.

### Section 2: bicycles

#### 2 Technical specifications

O) For road time trial events, if a riders' bicycle fails to meet the criteria set out in the UCI guidelines, the rider will be offered a chance to adjust their equipment to meet the standard before their start, withdraw from the race, or start the event at their assigned time without making an adjustment.

If a rider chooses to start the event without a compliant bicycle, their result will not

count in their normal category; instead, they will receive a time and finish order in a sportif category for non-compliant riders.

1.3.018 O) .... For the cyclo-cross the width of the tire (measured between the widest parts) shall not exceed 33mm and it may not incorporate any form of spikes or studs. The OC Events Committee will determine from time-to-time which categories will be exempt from the 33mm tire width rule, generally but not limited to the categories open to using mountain bikes.

## O) Part 1 Penalty Table

<b>Discipline</b>	<b>N)</b> Canadian Events & Provincial Championships <b>O)</b> Ontario Events
<b>Road</b> <b>Track</b> <b>Mountain Bike</b> <b>Cyclo-Cross</b>	<b>O)</b> Graduated penalty by category: <ul style="list-style-type: none"> <li>Advanced / Intermediate / Novice</li> </ul> <u>Road</u> <ul style="list-style-type: none"> <li>Cat A, Cat B / Cat C, Cat AW, MW / Cat D, Cat BW, MMO, Youth</li> <li>U19, U23, E, MOA/ U17, MOB, MW/ U15, U13, MOC, MOD</li> </ul> <u>Track</u> <ul style="list-style-type: none"> <li>Cat A, Cat B / Cat C, Cat D, Cat AW, Cat BW/ Cat CW, Cat DW, Youth</li> <li>U19, E, MOA/ U17, MOB, MAW/ U15, MOC, MOD, MBW</li> </ul> <u>Mountain Bike</u> <ul style="list-style-type: none"> <li>Elite, Expert/ Sport/ Beginner, U11, U13, U15, MW, MOD</li> </ul> <u>Cyclo-cross</u> <ul style="list-style-type: none"> <li>E1, E2, M1, U19/ E3, M2, U17, MAW/ E4, M3, MBW, U15, U13, SS</li> <li>U19, U23, E, MOA/ U17, MOB, MABW/ U13, U15, MOCD, MWCD, SS</li> </ul>
<b>GENERAL REGULATIONS (selected sections)</b>	
1.1.02.2 Participation or attempt to participate, in a cycling competition or event without carrying the requisite licence (penalty shall not apply if licence holder's status as not suspended is determined in another manner)	<b>O)</b> Failure to present licence (if not suspended): buy 1day permit or \$10 fine
1.3.026 When competing, all riders shall wear a jersey with sleeves and a pair of shorts.....	<b>O)</b> if observed prior to start: warning and start refused if not rectified.

Sleeveless jerseys shall be forbidden.	If observed during event: DQ / \$20 / warning
1.3.031 <b>N)</b> At all times when participating in or preparing for an event held in Canada, all licensees who are mounted on a bicycle shall wear a securely fastened helmet that meets one of the following standards (see CCA companion guide for standards list.	<b>O)</b> While astride the bicycle not during a race but still at the event: 1st offence: warning 2nd offence at event: \$50 subsequent offence at event: \$100 & subject to action under the OC Disciplinary Policy
1.3.031.3 Each rider shall be responsible for: .....avoiding any manipulation which could compromise the protective characteristics of the helmet..... .....using only a helmet that has not been altered or had any element added or removed in terms of design or form.	<b>O)</b> if observed prior to start: warning and start refused if not rectified. If observed during event: DQ / \$20 / warning
<b>Section 3: riders' clothing</b>	
<b>§7 National champion's jersey</b>	
1.3.068 <b>O)</b> National champion's jersey in violation (National Road, track, cyclo-cross, mountain bike, BMX, trials and indoor cycling champions must wear their jersey in all events in the discipline, specialty and category in which they won their title and no other event.)	<b>O)</b> \$30
<b>§10 Sanctions</b>	
1.3.072 <b>O)</b> Failure to wear team/club clothing as listed on licence	<b>O)</b> if observed prior to start: warning and start refused if not rectified (warning only for 1st offence & novice categories) if observed during event or 2nd offence: DQ / \$20 / warning Note: warnings only for 1st month of season (30 days after first event)
1.3.072 bis <b>O)</b> All independent riders must wear a plain coloured jersey that does not display any team / club names or sponsors.	<b>O)</b> if observed prior to start: warning and start refused if not rectified (warning only for 1st offence and novice categories) if observed during event: DQ / \$20 / warning
<b>Section 4: identification of riders</b>	
<b>Identification number</b>	
1.3.080 <b>N)</b> Not reporting to a Commissaire after dropping out of race	<b>O)</b> 1 <sup>st</sup> offence: \$50 2 <sup>nd</sup> offence: \$150 3 <sup>rd</sup> offence: subject to action under the OC Disciplinary Policy

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## Part 2: Road Races

### Chapter 1 Calendar Participation

#### National calendars

2.1.008 O) The management of the Provincial calendar is the responsibility of the PSO.

### Chapter 2 General Provisions

#### 1 Participation

2.2.002 O) Depending on the event, this limit may be adjusted at the discretion of the OC Events Committee.

#### Exclusion from races

**2.2.010 bis O)** Anyone subject to a penalty under OC discipline policy may be excluded at any Provincially sanctioned event without recourse.

#### 2 Organization

##### Race Program - Technical Guide

2.2.012 O) The program shall include, at a minimum, the requirements set out in the UCI rulebook, with the following adjustments:

- mention of the fact that the race will be run under UCI regulations with CC and OC modifications.
- a statement that alongside the UCI scale of penalties, the OC scale of penalties will also apply and take precedence.
- the opening hours and exact location of race registration (headquarters).

Also, the following items are not required

- the venue and time of the team managers' meeting.
- the testing station for anti-doping tests (unless CCES requires one).
- the frequency used for radio-tour.

#### Results

2.2.013 O) Results must be communicated to OC by 9 AM of the next business day, or 24 hours after the race has finished, whichever is earlier

#### Security

2.2.015 O) Unless agreed to otherwise, the event organizer shall be responsible for

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Event Safety.

2.2.017 O) At the discretion of OC, these distances may be adjusted based on course layout

2.2.018 O) Nor CC or OC.

Medical care

2.2.019 O) Medical care may be performed by first responders

Radio-tour

2.2.021 O) Not required at Provincially sanctioned events.

Finish

2.2.022 O) Not required at Provincially sanctioned events.

Measuring jig for time-trial bicycles

2.2.022 bis O) Only required at O-Cups and Provincial Championships.

3 Race procedure

In-race communications (two-way radio)

2.2.024 O) Infringement of this regulation within Provincially sanctioned races will be penalized using the OC scale of penalties.

Conduct of riders

2.2.025 O) Objects may only be jettisoned in areas designated by the organizer.

2.2.025 bis O) Unless the event is completely closed to two-way traffic, riders must remain on the right side of the road (Colloquially known as the "Centre Line Rule"). Any intentional breach of this provision shall result in the rider being disqualified from the race and will be required to withdraw from competition immediately.

Riders' identification

2.2.026 O) Frame numbers are only required if provided.

Commissaires' panel

2.2.028 O) The composition of the Commissaires' panel is provided in the modifications to article 1.2.116 above.

Race incidents

2.2.029 O) The course may not be modified to include roads not part of the original sanction without coordinating with the relevant authorities.

#### Vehicles

2.2.032 O) Unless otherwise indicated by OC, appropriate vehicles may be any height for Provincially sanctioned events.

2.2.034 O) The organizer shall provide each mobile Commissaire with a car fitted with a radio transceiver; opening roofs, while preferable, are not required

#### Followers

2.2.035 O) At Provincially sanctioned events, only OC and race organization vehicles are permitted to circulate within the race; Drivers of these vehicles must be covered by the OC event insurance policy.

#### 4 Circulation during the race

2.2.038 O) May be allowed at the discretion of OC.

#### 5 Press specifications (N)

##### Accreditation

2.2.045 O) Only required if the press institution makes a formal request.

##### Information prior to the race

2.2.049 O) Not required at Provincially sanctioned races.

##### Press motorcade

2.2.053 O) Press vehicles may only follow the race with the permission of OC

##### Press room

2.2.076 O) Not required at Provincially sanctioned races

##### Telecommunications

2.2.080 O) Not required at Provincially sanctioned races

##### Press conference

2.2.081 O) Not required at Provincially sanctioned races

## Chapter 3 One-Day Races

### Rights and duties of riders

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2.3.012 O) Permitted between all riders in a field. Pushing of one rider by another remains forbidden.

2.3.013 O) May be jettisoned at the designated area only.

#### Finishes and timekeeping

2.3.038 O) Only in Regional (except Regional B), Ontario Cup, and Provincial Championship events.

2.3.042 O) Track finishes are not allowed in Ontario.

## Chapter 4 Individual Time Trials

### Course

2.4.005 O) Not required at Provincially sanctioned races.

### Starting order

2.4.006 O) The starting order shall be determined by OC

2.4.009 O) In Provincial championships, the top 5 finishers in the Provincial championship of the preceding year start last in the reverse order of their classification.

2.4.011 O) A starting ramp is only required at Provincial championships.

### Timekeeping

2.4.014 O) Not required in Provincially sanctioned races.

### Racing Procedure

2.4.018 O) If the road is not closed to two-way traffic, riders must not violate the "Centre Line Rule" per 2.2.025 bis O).

## Chapter 5 Team Time Trials & Chapter 6 Stage Races

O) Rule amendments to be determined by OC Officials Committee should events of this type be sanctioned by the OC Events Committee.

## Chapter 7 Criteriums

### Organization

2.7.004 O) Only regarding international races in Ontario

2.7.007 O) At the discretion of OC, this distance may be adjusted depending on

course layout

2.7.009 O) Not required in Provincially sanctioned races.

2.7.010 O) Not required in Provincially sanctioned races. Riders may be penalized for changing in public.

## Chapter 8 Individual Races

2.8.003 O) There is no minimum prize amounts. Circuits used for races must be at least 4km long.

## Chapter 12 Race Incidents and Specific Infringements by Organizers

12.0.000 (O) All penalties received at Provincially sanctioned races will be applied as member discipline. These penalties are not subject to appeal to anybody other than the ones outlined in the OC Discipline Policy. All references to the Disciplinary Commission in this chapter shall mean the OC Discipline Policy.

2.12.008 O) For Provincially sanctioned competitions the infringements are sanctioned by OC.

2.12.007 O) Table of race incidents relating to road events:

Note: only 1-day races are considered below. Stage race penalties to be confirmed by OC Officials Committee if a stage race is sanctioned by OC Events Committee.

	<b>Column 3</b>
<b>Discipline</b>	<b>N)</b> Canadian Events & Provincial Championships <b>O)</b> Ontario Events
<b>Road</b>	<b>O)</b> Graduated penalty by category: <ul style="list-style-type: none"> <li>• Advanced / Intermediate / Novice</li> <li>• Cat A, Cat B / Cat C, Cat AW, MW / Cat D, Cat BW, MMO, Youth</li> <li>• U19, U23, E, MOA/ U17, MOB, MW/U15, U13, MOC, MOD</li> </ul>
<b>General</b>	
2.2.025 bis (O), 2.4.018 (O), 2.5.016 (O): Unless the event is completely closed to two-way traffic the Centre Line Rule will apply. Riders breaching this rule will be penalized.	<b>O)</b> 1 <sup>st</sup> offence: immediate DQ 2 <sup>nd</sup> offence during season: immediate DQ+\$20 Subsequent offences during season: subject to action under the OC Disciplinary Policy
<b>1. Procedures at the start and finish and official ceremonies</b>	
1.1 Starting without signing on, failing to respect the order or timing of signing the signing-on sheet or the team presentation	Rider: <b>O)</b> warning

1.2 Absence of a rider at the start after riders' confirmation without valid justification.	Rider: <b>O)</b> warning
1.3 Failing to attend official ceremonies	Rider: <b>O)</b> forfeiture of prizes / forfeiture of prizes / warning
1.4 Non-compliant clothing during podium obligations	Rider: <b>O)</b> warning
<b>3. Riders' clothing and rider identification</b>	
3.4. Rider taking off mandatory helmet during the race	<b>O)</b> DQ+\$50 / DQ+\$20 / DQ
3.5.2 Identification number (body number or frame number) missing, not visible, modified, incorrectly positioned or not recognisable <b>O)</b> includes: upside down; wrong side; not as per technical guide	<b>O)</b> \$20 / \$10 / warning
3.6 Non-return of rider's number after dropping out	<b>O)</b> Warning+\$5 admin charge
<b>4. Irregular assistance, repairs or feeding</b>	
4.5 Rider not completing the race entirely through his or her own effort and without the assistance of any other person ( <b>O)</b> Intermingling)	Rider: <b>O)</b> \$30 / \$20 / warning DQ if advantage gained.
4.10.1 Unauthorised feeding – in the first 30km	<b>O)</b> Rider: \$20 / \$20 / warning
4.10.2 Unauthorised feeding – in the last 20km	<b>O)</b> Rider: \$30 / \$30 / warning <b>O)</b> Other licence-holder: \$20 / \$20 / warning
<b>5. Intermediate sprints and final sprints</b>	
5.1 Deviation from the chosen line that obstructs or endangers another rider or irregular sprint (including pulling the jersey or saddle of another rider, intimidation or threat, blow from the head, knee, elbow, shoulder, hand, etc.).	<b>O)</b> 1 <sup>st</sup> offence: DQ+\$50 / DQ+\$50 / DQ+\$20 2 <sup>nd</sup> offence during season: DQ+\$100 / DQ+\$100 / DQ+\$50 Subsequent offences during season: subject to action under the OC Disciplinary Policy
<b>7. Irregular behaviour, in particular behaviour that affords a team or rider a sporting advantage or that is dangerous</b>	
7.1 Deviation from the race route constituting an advantage, attempting to be placed without having covered the entire race route.	<b>O)</b> \$100+DQ / \$50+DQ / \$25+DQ
7.4 Rider refusing to quit the race after being eliminated by a commissaire	<b>O)</b> 1 <sup>st</sup> offence: \$50 2 <sup>nd</sup> offence: \$150 3 <sup>rd</sup> offence: subject to action under the OC Disciplinary Policy

7.6 Use of sidewalks/pavements, paths or cycle lanes that do not form part of the race route	<b>O)</b> \$20 / \$10 / warning
7.8. Cheating, attempted cheating, collusion between riders of different teams	<b>O)</b> \$50 or DQ / \$20 or DQ / warning – to all riders involved.
7.9 Using a non-compliant position or point of support on the bicycle that represents a danger to the rider or competitors.	<b>O)</b> \$100+DQ / \$50+DQ / \$25+DQ
<b>8. Failure to respect instructions, improper, dangerous or violent behaviour; damage to the environment of the image of the sport</b>	
8.1 Failure to respect the instructions of the organiser or commissaires	<b>O)</b> Rider: \$50 / \$20 / Warning Other licence-holder: \$50
<b>O)</b> Safety violations	1 <sup>st</sup> offence: DQ Subsequent offences during season: subject to action under the OC Disciplinary Policy
<b>O)</b> Breach of provisions concerning the circuit and warming up	<b>O)</b> \$30 / \$20 / warning
8.3 Rider or team staff disposing of waste or other objects outside of litter zones	<b>O)</b> First infringement: \$20 / \$10 / warning Subsequent infringements: \$50 / \$30 / \$20
8.6 Unseemly or inappropriate behaviour, damage to the image of sport	<b>O)</b> \$50 / \$30 / \$20
<b>O)</b> Public Urination	<b>O)</b> \$50 / \$50 / \$20 Subsequent offences: subject to action under the OA Disciplinary Policy
<b>O)</b> Public Exposure	<b>O)</b> \$50 / \$50 / \$20 Subsequent offences: subject to action under the OC Disciplinary Policy

## Part 3: Track Races

### Chapter 1 Organization

#### Guidance to Race Distances

3.0.000 O) Race distances and format shall generally conform to UCI/CC regulations. The race distances may require adjustment to suit the local context and category levels. OC Event Committee may modify race distances with the approval of the OC Officials Committee. The competition specific technical guide shall clearly indicate the distances.

#### Guidance for non-standard event formats

3.0.001 O) With the approval of the OC Events Committee, competitions may include non-standard event formats (e.g. snowball, chariot races, longest lap, etc.)

that do not align with UCI/CC regulations. In such cases, organizers are responsible for ensuring all competitors are aware of the event rules, either via the technical guide or pre-event meetings with the participants.

### General Rule Amendments

3.0.002 O) All timed events may be run as a direct final.

3.0.003 O) For timed events, in cases where there is no starting block the rider shall be held by a commissaire or a designated volunteer. For the team pursuit riders may be held by team staff.

### Technical Guide

3.1.001 O) OC Events Committee shall be responsible for the technical guide for events on the Provincial calendar. For other events the competition organizer shall be responsible.

### Chapter 5 World (Provincial) Records

3.5.003 O) Only OC may recognize and confirm a Provincial Record

### Chapter 10 Race Incidents and Specific Infringements

3.10.008 O) Table of race incidents and specific infringements relating to track competitions

	<b>Column 3</b>
<b>Discipline</b>	<b>N)</b> Canadian Events & Provincial Championships <b>O)</b> Ontario Events
<b>Track</b>	<b>O)</b> Graduated penalty by category: <ul style="list-style-type: none"> <li>• Advanced / Intermediate / Novice</li> <li>• Cat A,Cat B / Cat C,CatD,WA / Cat E,WB,Youth</li> <li>• U19,E,MOA / U17,MOB,MAW / U15,MOC,MOD,MBW</li> </ul>
<b>1. Procedures at the official meeting and ceremonies</b>	
1.1 Failing to attend official ceremonies	<b>O)</b> \$20 / \$10 / warning
1.2 non-compliant clothing during podium and protocol ceremonies	<b>O)</b> \$20 / \$10 / warning
1.3 Failing to attend required Team Managers' meeting	<b>O)</b> Team Manager: warning

<b>2. Equipment and innovations</b>	
2.3 Use of a bicycle that does not comply with the regulations	<b>O)</b> if observed prior to start: warning and start refused if not rectified. If observed during event: \$50+DQ / \$30+(DQ or warning) / \$20+(DQ or warning)
2.9 Modifying equipment/clothing to be used in a race after it has been checked by the commissaire for that race	<b>O)</b> if observed prior to start: warning and start refused if not rectified. If observed during event: \$50+DQ / \$30+DQ / \$20+DQ
2.10 Carrying equipment on the bicycle or rider that falls, or can fall onto the track during a race	<b>O)</b> if observed prior to start: warning and start refused if not rectified If observed during event: \$50 and/or warning or DQ / \$30 and/or warning or DQ / \$20 and/or warning or DQ
<b>3. Riders' clothing and rider identification</b>	
3.1 Use of non-compliant clothing (form, colour, layout)	<b>O)</b> if observed prior to start: warning and start refused if not rectified. If observed during event: \$20 / warning / warning (warning only for 1st offence & novice categories)
3.6 Body number or transponder missing, not visible, modified, incorrectly positioned	<b>O)</b> \$20 / \$10 / warning
3.7 Incorrect body number or incorrect transponder	<b>O)</b> \$20 / \$10 / warning
<b>5. Non-regulation movement of riders on the track (for serious cases, in addition to any warning, relegation, or disqualification)</b>	
5.1 Deviation from the chosen line that obstructs or endangers another rider or irregular sprint (including pulling the jersey or saddle of another rider, moving down to quickly on another rider)	<b>O)</b> \$50 / \$30 / \$20
5.2 Non-regulation use of the blue band during the race	<b>O)</b> \$50 / \$30 / \$20
5.3 Non-regulation movement of a rider during the race that obstructs a rider, or prevents that rider from passing	<b>O)</b> \$50 / \$30 / \$20
5.4 Irregular movement causing the crash of a rider	<b>O)</b> \$50 / \$30 / \$20
5.5 Attempting to have a race stopped	<b>O)</b> \$50 / \$30 / \$20 Other license holder: \$50



<b>6. Irregular behaviour, in particular behaviour that affords a team or rider a sporting advantage or that is dangerous</b>	
6.1 Rider refusing to quit the race after being withdrawn by the commissaires	<b>O)</b> DQ / \$50 / \$20
6.2 Rider refusing to quit the race after being disqualified by commissaires	<b>O)</b> \$50 / \$30 / \$20
<b>7. Failure to respect instructions, improper or dangerous behaviour; damage to the environment or the image of the sport</b>	
7.1 Failing to respect the instructions of the organiser or commissaires	<b>O)</b> Rider: \$50 / \$20 / Warning Other licence-holder: \$50
7.4 Failing to exit the track in a proper manner after the event (too many warm-down laps, using the wrong gate, etc)	<b>O)</b> \$50 / \$20 / warning
7.5 Being late at the start, including not having appropriate spares at the start that leads to the delay of the start	<b>O)</b> \$50 / \$20 / warning
7.6 Qualified or entered for a round of an event but not starting without regulatory justification	<b>O)</b> \$50 / \$20 / warning
7.7 Failing to maintain proper control of the bicycle	<b>O)</b> \$50 and/or warning or DQ
7.8 Behaviour that causes damage to the environment	<b>O)</b> Rider or any other licence holder: \$50 and/or warning or DQ

## Part 4: Mountain Bike Races

### Chapter 1 General Rules

#### 4 Technical delegates

4.1.012 O) OC may appoint a technical delegate for Provincially sanctioned events.

4.1.013 O) The technical delegate serves as the link with the OC office.

4.1.014 O) If an event is promoted at a new venue, the technical delegate must carry out an inspection in advance (course, distance, location of feed/technical assistance zones, installations, safety, etc.) He will meet the organizer and prepare an inspection report without delay for submission to the OC Events Coordinator.

4.1.015 O) When required by OC the technical delegate shall be on site prior to the first official training session and carry out an inspection of the venue and courses in conjunction with the PCP and the organizer. He shall coordinate the technical preparations for the event and shall ensure that the recommendations made in the inspection report are implemented. The definitive version of the course and any changes shall be the responsibility of the technical delegate.

## 5 Marshals

4.1.017 O) The Organizer may act as the marshal coordinator.

## 8 Installations

4.1.046 O) Bike wash stations are optional.

## Chapter 2 Cross-Country Events

### 1 Race characteristics

4.2.001 O) Provincially sanctioned XCO events race characteristics (duration, lap distance) should approximately match the characteristics of CC Class 3 events.

4.2.033 O) Shorter start/finish barrier distances may be permitted by the technical delegate (or equivalent).

4.2.038 O) Staff working for riders must wear readily identifiable team clothing or identify themselves as rider staff to commissaires or marshals when asked. Spectating from the feed/technical zone is forbidden.

4.2.039 O) Feed/technical zones must be clearly identified and numbered. They **may** be in an enclosure completely separated from spectators. Access **may** be strictly controlled by commissaires and/or marshals.

4.2.050 O) There must be sufficient marshals on the course to control spectators and to provide safety and security safety for the riders, especially on any hazardous sections of the course.

4.2.052 O) First responders may provide medical care to riders or organizer must provide an alternative, suitable EAP for rapid transfer to hospital.

4.2.059 O) Motorcycles marking the front and rear of the race are optional.

4.2.060 O) Riders must display their handlebar number during training sessions, if issued.

4.2.061 O) Start order (call-ups) for Ontario Cup events shall be based on the latest Ontario Cup standings. Start order for the first Ontario Cup shall be based on the previous year's final standings. Standings that cannot be determined as above will be random. Organizers are obligated to call-up the first row of riders but may call more riders. Combined category starts may have separate callups with each new category starting a new row or cycled callups between the categories in the same start.

Call-ups for Provincial Championships will be based on latest O-Cup series standings only. Riders not ranked in the series standings will be randomly called up. When converting ability-based categories to age-based categories, the order shall

consider the ability level first, then rider standing within that ability. In other words, callups will be by decreasing ability, then by increasing rider standing within each ability. At Provincial Championships all riders shall be called-up.

4.2.064 O) Lapped riders may be allowed to continue if the 80% rule is not in effect, time permitting. The decision of whether the 80% rule will be applied shall be the sole responsibility of the PCP and shall be communicated to the riders prior to the start.

Riders may also be pulled from the race by the commissaires if they are significantly behind the leader. Riders pulled out of the race are listed in the results in the order in which they were pulled out of the race and considering the number of laps not completed.

## Chapter 20 MTB Race Incidents

4.20.001 O) All OC races fall into the **Other Events** column in the MTB Race Incidents Table. Sanctions, penalties, and fines listed in the UCI rulebook are applicable, except as modified below:

<b>Mountain Bike</b>	<b>O)</b> Graduated penalty by category: <ul style="list-style-type: none"> <li>Advanced / Intermediate / Novice</li> </ul> <u>Mountain Bike</u> <ul style="list-style-type: none"> <li>Elite, Expert/Sport/Beginner, U11, U13, U15, MW, MOD</li> </ul>
2.2 Use of non-compliant clothing during an event (art. 1.3.033)	<b>O)</b> DSQ / \$20 / Warning
3. Body number, shoulder number, bicycle number or frame number modified or not positioned in accordance with the regulations (ONE-DAY RACE)	<b>O)</b> \$20 / \$10 / Warning
4. Deliberate deviation from the race route, attempting to be placed without having covered the entire race route by bicycle	<b>O)</b> Elimination
8.1 Feeding outside the Feed/Technical Assistance Zone (ONE-DAY RACE)	<b>O)</b> DSQ

14. Failure to display handlebar number during training	<b>O)</b> \$20 / \$10 / Warning
15. Identification frame number modified	<b>O)</b> \$20 / \$10 / Warning
22. Failing to attend official ceremonies	<b>O)</b> \$20 and forfeiture of prizes / \$10 and forfeiture of prizes / Warning and forfeiture of prizes
23. Non-compliant clothing during podium ceremony	<b>O)</b> \$20 / \$10 / Warning

## Part 5: Cyclo-Cross

### Chapter 1 Cyclo-Cross Events

#### 1 General rules

##### Participation

**5.1.001 O)** The use of a mountain bike will be allowed in some cyclo-cross competitions, and in some cases, for specified categories only. The OC Events Committee will determine from time-to-time which categories will be open to using mountain bikes.

##### Security

**5.1.008 O)** Distances may be reduced by OC.

##### First aid

**5.1.008bis O)** First responders may provide medical care to riders or organizer must provide an alternative, suitable EAP for rapid transfer to hospital.

##### Installations

**5.1.011 O)** Heated room, showers, hot/cold water and water supply for cleaning equipment **may** be provided by the organizer.

##### Call-up zone

**5.1.019 O)** A marked call-up zone sufficient to accommodate the starting riders shall be marked out on the ground at right angles to the start line to facilitate organizing the riders into starting order. It may be fewer than 8 lanes wide (75cm each) or shorter than 10m long.

#### 2 Event procedure

##### Start order

**5.1.043 O)** Call-up order for Ontario Cup events shall be based on the latest Ontario Cup standings. Start order for the first Ontario Cup shall be based on the previous year's final standings. Standings that cannot be determined as above will be random. Organizers are obligated to call-up the first row of riders but may call more riders. Combined category starts may have separate callups with each new category starting a new row or cycled callups between the categories in the same start.

Call-ups for Provincial Championships will be based on latest O-Cup series standings and Eastern series standings only. When converting ability-based categories to age-based categories, the order shall consider the ability level first, then rider standing within that ability. In other words, callups will be by decreasing ability, then by increasing rider standing within each ability. At Provincial Championships all riders shall be called-up.

## Chapter 6 Race Incidents

5.6.004 O) All OC races fall into the **Other Events** column in the CX Race Incidents Table. Sanctions, penalties, and fines listed in the UCI rulebook are applicable, except as modified below:

<b>Cyclo-cross</b>	<b>O)</b> Graduated penalty by category: <ul style="list-style-type: none"> <li>Advanced / Intermediate / Novice</li> </ul> <u>Cyclo-cross</u> <ul style="list-style-type: none"> <li>E1, E2, M1, U19/E3, M2, U17, MAW/ E4, M3, MBW, U15, U13, SS</li> <li>U19, U23, E, MOA /U17, MOB, MABW / U13, U15, MOCD, MWCD, SS</li> </ul>
2.2 Use of non-compliant clothing during an event (art. 1.3.033)	<b>O)</b> DSQ / \$20 / Warning
3. Body number, shoulder number, bicycle number or frame number modified or not positioned in accordance with the regulations	<b>O)</b> \$30 / \$20 / Warning
4. Rider failing to respect the starting order established in article 5.1.043	<b>O)</b> \$30 / \$20 / Warning
7. Rider continuing in the race after having been lapped, in contravention of article 5.1.051	<b>O)</b> \$30 / \$20 / Warning Note: penalty only applies if 80% rule is in effect
9. Deliberate deviation from the race route, attempting to be placed without having covered the entire race route by bicycle	<b>O)</b> Elimination

13. Training outside training time during the event and when course stated as "closed" on the event schedule	<b>O)</b> 1 <sup>st</sup> offence: \$30 / \$20 / Warning 2 <sup>nd</sup> offence: start refused
15. Failing to attend official ceremonies	<b>O)</b> \$20 and forfeiture of prizes / \$10 and forfeiture of prizes / Warning and forfeiture of prizes
16. Non-compliant clothing during podium ceremony	<b>O)</b> \$20 / \$10 / Warning
20. Rider or team staff disposing of waste or other objects outside of equipment pit zone or outside any other organised waste zone or waste not returned to team or organisation staff or not collected by team staff. Disposing of waste or other objects in a careless or dangerous manner (e.g. bottle or other object remaining or bouncing back on the track, thrown directly or with excessive force at spectator, causing dangerous manoeuvre by another rider, causing spectator to move onto the track).	<b>O)</b> 1 <sup>st</sup> offence: \$30 / \$20 / Warning 2 <sup>nd</sup> offence: \$50 and DSQ / \$30 and DSQ / \$10 and DSQ

## Part 12: Discipline and Procedures

12.0.000 O) For Provincially sanctioned events Discipline and Procedures shall generally be as per the OC Discipline & Complaints Policy. References to the UCI Disciplinary Commission and UCI Arbitral Board shall be interpreted to mean the equivalent within OC policies.

### Chapter 3 Disciplinary Measures

#### 4 Fine

##### Time limits

12.3.008 O) Fines due to OC are due within two weeks of being issued. If the total amount due is not paid within one month the offending party shall be automatically suspended until the full amount is paid.

12.3.009 O) Teams are not liable for payment of fines imposed on individuals. Teams are liable for payment of fines issued to the team itself.

## Chapter 4 Infringements

### 1 Infringements related to race incidents

#### Definition

12.4.001 O) Infringements related to race incidents are exclusively pronounced by Commissaires. These fines are not subject to appeal, except fines exceeding:

- \$200 (Road and Track)
- \$100 (Mountain Bike and Cyclo-cross)

## Chapter 5 Organization

### §1 Commissaires' Panel

#### Notification

12.5.002 O) Any appeal under the terms of article 12.4.001 (as amended) must be lodged within 3 days of notification of the decision.

## **Part 15: Cycling for All**

### Chapter 1 General Provisions

#### 1 Participation

15.1.001 O) Participation shall be open to all OC license types.

15.1.005 O) Participation shall be open to all OC license holders.

#### §2 Entries and responsibility of participants

##### Health

15.1.008 O) Nor the CC or the OC

#### §3 Organization

##### Program - Event Technical Guide

15.1.014 O) Technical Guides are only required if sanctioned as a Regional A, O-Cup, or Provincial Championship event by OC.

### Chapter 2 Cycling for All Event

#### 1 Course and safety

##### Marshals

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15.2.006 O) Where required by the Ontario Highway Traffic Act, Police shall be used to control traffic.

## Chapter 3 Gravel

### §1 General provisions

#### Eligibility and age categories

15.3.003 O) OC will determine eligibility of riders under the age of 19.