
2024 COACH CONFERENCE SCHEDULE

30 SATURDAY
NOV ↘

**Creating a Learning Environment
to Enhance Performance**

Glenn Cundari

**Communicating with a new
generation of athlete**

Dr. Judy Goss

**Conditioning: it's more than just
cardio**

**Kevin
Iwasa-Madge**

**Nutrition: practical applications
to support training**

Nicole Springle

2024 COACH CONFERENCE SCHEDULE

01 SUNDAY
DEC ↘

**Introducing nutritional physiology
into your training zones**

**Kevin
Iwasa-Madge**

**Competing and training in the heat:
how to prepare when things get hot**

Josh Good

**Sharing best practices: planning
and execution**

Jenny Trew

Coach Panel - Q & A
