

Hello Team Captains and Riders,

We are fast approaching the **Summer Epic 8 Hour Relay**, presented by **Trek Bicycle Store** at Hardwood Ski and Bike. **Please read the following email as it is jammed packed with important information about this weekend's event. [Pass this information onto your team members.](#)**

In trying to save paper and speed up process, we have updated all info on the website with maps, site plan, instructions etc. Click here to access all links <http://www.pulseracing.ca/events/summer-epic8-hour/>

Some important notes:

- **3-4 Person Team Age Sub-Category** - The age sub-category is the combined age of 4 riders. If you have 3 riders, you must add the age of an imaginary 4th rider that is the average age of the 3 real riders. Make sure you are in the correct age sub-category! You can update riders and categories any time up to the race.
- **Pit Area Set Up** - There are no designated pit sites for this race (except for Solo Areas). There will be room at the race site for teams to place a tent and gear beside their vehicles. Please take only the space you really need to allow everyone appropriate space!
- **Solo Riders have dedicated area along the course.** See site plan for map to access Solo area - and follow the red **Bontrager** banners. There is space for one car and a tent for each solo rider only. This is for Solo riders only, please respect their needs.
- **Parking Crew and Marshall Crews** – The Hardwood Ski Team and their parents are helping to make the parking process easy and smooth, and to help with clean up. The Ski Team will be asking for donations to help with waxing and travel expenses for these young athletes. Please also help the parking crew by keeping your area clean and taking recycling home!
- **Live Timing System** – We are using Zone 4 GO chips for timing. The chip is your teams Baton. See <https://zone4.ca/event/2023/6a4NR0/> for live timing on your mobile device.
- **Food Service** - Cravings is open all day for food and drink at the Food Trailer. They are also offering a special post-race Meal and Beer Special of 2 Epic Smash Burger Tacos (as seen on TikTok) for \$16.00 and a Beer for only \$6.50. These may be limited supply, so pre-purchase at the special price [Here](#).
- **Garbage** - You are responsible to take your own garbage and recycling home for disposal. We thank you for leaving your team area as clean as you found it!

Event Schedule

Friday, July 21

5:00 pm – 8:00 pm Package Pick-up. *Team Captains (or their designate), may do the package pick-up. Team Captains are encouraged to do this Friday night to avoid the rush Saturday morning.*

9:00 am – 8:00 pm Course open for Pre-Riding. Riders must purchase discounted \$12.00 incl hst Trail Ticket for Pre-riding on Friday. Get ticket online here <https://hardwoodskiandbikeinc.ticketspice.com/2023-summer-trail-passes>

Saturday, July 22

7:30 am - 9:45 am	Package Pick-up*.
9:30 am	Team Captain's meeting at Transition Area
10:00 am	Epic 8 Hour Start
2:00 pm	Epic Kids' Race (12 & under)
5:29 pm	Last rider may start a lap
5:30 pm	No new riders allowed on course
6:00 pm	All riders must finish to count
6:15 pm	Award ceremony

*The team captains (or other designated team member), should show up early to collect team race kits either on Friday or early Saturday. You will pick up your number plates, timing chip, T-Shirts and make sure all the team information we have is correct. This is a pretty simple process and it will be your job to pass out the number plates, etc. to the rest of your team-mates. The event site isn't huge so finding your team-mates shouldn't be a problem.

AWARDS

Awards will take place as soon as possible after the last rider finishes, hopefully at 6:15 pm. All riders are invited to attend the awards. This is the best time to chill out, and trade stories after the event.

SOLO 100. There will be **SOLO 100** pins awarded to all Solo riders completing 100 km during the Epic 8. This means 10 laps completed. All SOLO 100 riders will be called up during awards!

If you have any changes to your team roster at this point let us know at package pick up, and we can make the change before the start.

Please let us know if you have any other questions about the event. Happy trails and see you this weekend!

Glenn Meeuwisse

Pulse Racing Inc.