



WINSPACE

ONTARIO CRIT SERIES #1



– Tourism –
KINGSTON



EVENT ORGANIZERS:

KINGSTON SPRING CLASSIC

SUNDAY, APRIL 7, 2024

TECHNICAL GUIDE v6

GOLD SPONSORS:



KINGSTON • ORTHOPAEDIC • PAIN • INSTITUTE



READY FOR THE WORKDAY®

SILVER SPONSOR:



BRONZE SPONSORS:



GENERAL INFORMATION

Course: The course consists of a 1km loop with smooth pavement and right hand turns. Corner 2 is technical, the first lap of every race will have a neutral start.

Parking: Parking is available at various lots around the course, see map on page 5.

Pre-Riding: There is no pre-riding allowed on the day of the race.

Warming Up: Riders are encouraged to bring rollers or trainers for warming up.

Questions: Please read the tech guide thoroughly and direct any questions to Greg Rawson at greg@performancedrivenevents.com



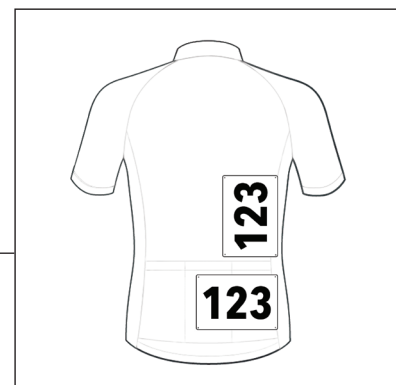
REGISTRATION INFORMATION

Registration will take place inside of the curling rink, see map on page 5.

	Crit	Kids Race
Online Registration	\$65 + HST	\$5 + HST

Pre-registration available online at CCN

- All participants must have a minimum challenge level membership. Racers participating in Cat A, Cat B, and Cat A Women must have a compete or UCI license (youth are exempt).
- The above prices exclude CCN fees.
- New for 2024 participants in the 2024 Winspace Ontario Criterium Series, at the discretion of the event organizer, will have the option to sign up and race in up to two races at each event.
- Winspace Ontario Crit Series points collected in a category are non-transferable and may not be combined between categories. Only points earned in one event category may be applied to the overall series standings. Participants will need to have the right level of licensing to compete depending on their category selection.
- *For example:*
 - 54-year-old male Category C racer may opt to race both the Cat C/D race as well as the following Master race.
 - Female rider that could race in the general Category C/D race then race in the women's only event later in that day.
- Please note that there will be no day of registration for additional races and refunds will not be given if rider decides not to race either of the two events.
- *Discounts offered for registration in a second event, is at the organizer's discretion.*



Number Placement

See image for bib number placement for the race:

CRIT SCHEDULE:

Category	Time	Start Time
Sign in/Registration	-	7:30am - 2:00pm
C / D	50 min	10:00am
Master Men Open	50 min	11:00am
B	60 min	12:00pm
Kids Race	Various	1:00 - 2:00pm
Women A / B	60 min	2:00 - 3:00pm
A	75 min	3:30 - 5:00pm

EQUIPMENT

From April 1, 2024 the UCI regulation (1.3.022) will be amended with a clear requirement that brake levers must have a maximum inclination of 10 (ten) degrees. We will be requiring riders in Ontario to follow this updated regulation at all road events this year.

The wearing of an approved helmet is mandatory. UCI Rule 1.3.018 states that: Only wheel designs granted prior approval by the UCI may be used.

Only standard handlebars are permitted. Handlebar extensions, including time-trial bar extensions or other types of tri-bars, are not permitted. Only bicycles conforming to UCI rules 1.3.001 - 1.3.025 are permitted for use.

YOUTH SCHEDULE:

Category	Distance	Start Time
Youth D (8-9 years old)	3 laps	1:05pm
Youth C (10-11 years old)	4 laps	1:15pm
Youth B (12-13 years old)	5 laps	1:30pm
Youth A (14-15 years old)	8 laps	1:45pm

YOUTH RACES

- Helmets are mandatory.
- Any bicycle type is acceptable.
- We suggest you arrive before 12:00pm to give you time to sign in, put on your number and timing chip, and have your bicycle checked by one of the local bike shop mechanics prior to your race.
- Be in the race waiting area on Festubert Street beside the pits ready to go 10 minutes before your race timing. Volunteers will help organize staging.

Good luck!

AWARDS

- Medals will be awarded to the top three (3) finishers in each category. Top 5 finishers are required to attend the presentation and are expected to wear their competition uniform for photos.
- Should categories be combined because of low participation numbers, results will be broken out for awards. Awards will be awarded based on the results of each category separated.
- Riders must attend the awards ceremonies or risk forfeiting their awards.
- Podium protocol shall be enforced, and fines issued to those who fail to comply.
- Riders must wear their competition uniform for medal presentations. Hats and/or eyewear are prohibited.
- Medal presentations will take place following the conclusion of each race.
- The varsity athletes will have a separate podium in the men's and women's A, B and Open C categories, but still be eligible for prizes in the category they are registered in. So, in theory, they could be 1st overall in Cat A and 1st overall in the A Varsity podium.

PRIZES

Category	1 st	2 nd	3 rd	4 th	5 th
A	\$700	\$350	\$175	\$100	\$75
B, C, D and Masters	\$100	\$50	\$20		

Winspace Ontario Crit Series Points

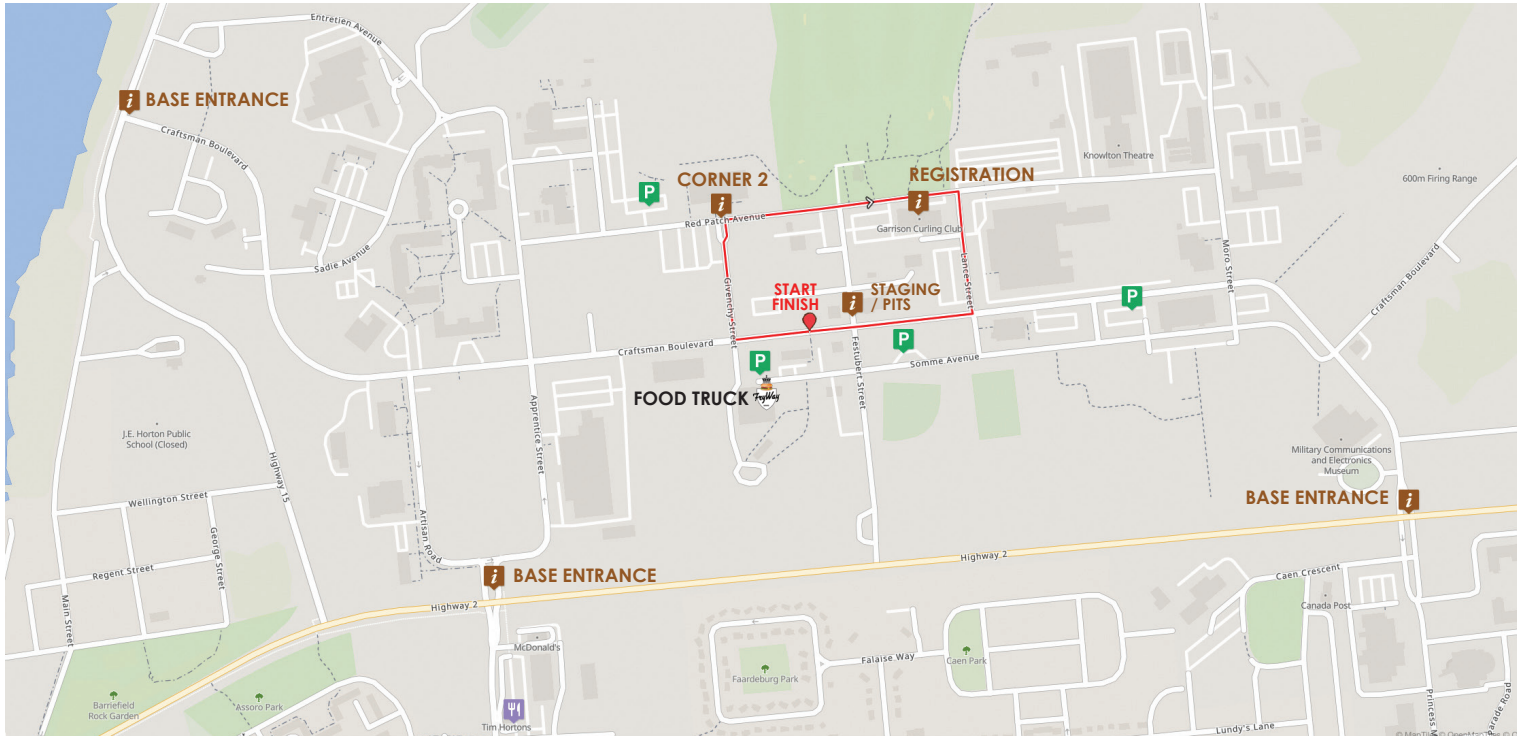
The breakdown of O-Cup points is as follows for each category:

Placing	1st	2nd	3rd	4th	5th	6th	7th	8th	9th	10th	11th	12th	13th	14th	15th
Points	25	20	16	13	11	10	9	8	7	6	5	4	3	2	1

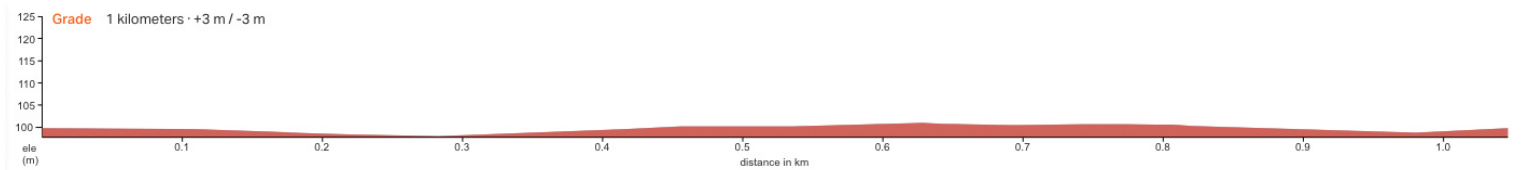
GIVING BACK TO THE COMMUNITY

A portion of the race proceeds will be donated to the Matthew Dawe Endowment Fund whereby the interest is used to fund operations of the Boys and Girls Club of Kingston & Area.

COURSE MAP



COURSE ELEVATION



RIDE WITH GPS LINK

<https://ridewithgps.com/routes/45541158>



EVENT & COURSE SAFETY

- First aid will be provided by Odyssey Medical who will be located under a tent near the start / finish area.
- For your safety, if you withdraw from the event for any reason, you must inform the nearest Commissaire that you will no longer be racing. Riders not reporting to the Commissaire may be subject to a fine.
- Riders are required to wear an approved, regulation cycling helmet at all times while riding their bike.
- Should a Commissaire or OC representative feel that a rider is unfit to race for any reason, the OC reserves the right to remove the rider from the event, for their own safety and the safety of others.

SPECTATORS

Spectators should be aware of the start/finish line area.

DIRECTIONS TO NEAREST HOSPITAL

Kingston General Hospital (613-548-3232)

76 Stuart St, Kingston, ON K7L 2V7 - Emergency entrance is on King Street



GENERAL EVENT RULES AND REGULATIONS

- The races will be held under the rules of the UCI with CC and OC modifications.
- The CC & OC rules are available on-line at:
www.ontariocycling.org/commissaires/commissaires-rules/
- The penalty scale of the OC rule book will be applicable.
- Registration closes 30 minutes before the start of each race.
- All riders must sign in at registration.
- U.S. riders must present a UCI licence in order to enter this event. USAC Domestic Licences are not allowed in Canada.
- All foreign licensed riders other than U.S. riders must produce a letter of permission from their country's federation.
- An OC representative will be present at the race to assist with rider licensing issues.
- Races will start promptly at the indicated start times.
- There will not be a team managers meeting.
- There will not be any team vehicles or coach/parent ride-a longs permitted on the course.
- Any rider dropping out of the race shall immediately notify a commissaire.
- Awards will be presented according to the published schedule. Top-3 finishers are required to attend award presentations or risk forfeiting their awards. Riders must wear their competition uniforms for the presentation.
- Race is on rented private property and will be held completely on private, closed roads. Marshalls will be stationed at corners.
- In case of lightning, the race may be delayed or cancelled. If you are informed that the race has been stopped due to lightning, you are advised to seek shelter until the race can resume. No refunds will be issued.
- For your safety, if you withdraw from the event for any reason, you must inform the nearest Commissaire that you are no longer racing. Any unreported DNF may result in a severe penalty.
- You are required to wear an approved, regulation cycling helmet at all times while astride your bike, from the moment you arrive at the race until you leave. Non-compliance may result in a severe penalty.

SPECIFIC CRITERIUM COURSE RULES

- As this is a criterium race, riders will be given free laps for mishaps (e.g. crashes and punctures). Improperly maintained bicycles resulting in equipment failure is not considered a mishap. Riders suffering mishaps shall head to the designated pit area via any means other than travelling backwards on the course, report to the Commissaire, and make repairs. At the direction of the Commissaire only, riders will be allowed to resume the race at the same location in the pack where they had their mishap.
- The pit will be closed when there is 5 km left in the race from the perspective of the race leader. No more free laps will be given after this point.
- There is no outside feeding allowed in this race
- Lapped riders may be pulled at the order of the Commissaires, either after being overtaken or just before being overtaken. Otherwise, lapped riders must remain separate, even when being overtaken by riders in their own group.