



ONTARIO CYCLING

2024

All-Discipline Membership Guide

Find the membership *YOU* need for the
racing *YOU* want to participate in

Version: 1

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ROAD CATEGORIES

2024 Road Categories & Suggested Equivalency Chart

New 2024 Category	Type	Gender
Cat A	Ability-based	All Inclusive
Cat B	Ability-based	All Inclusive
Cat C	Ability-based	All Inclusive
Cat D	Ability-based	All Inclusive
Cat A Women	Ability-based	Women
Cat B Women	Ability-based	Women
Master Women	Age-based, 40+	Women
Master Men/Open	Age-based, 50+	All Inclusive

Suggested Category Equivalency Chart

2023 Category		2024 Recommended Category
Elite 3 Women	→	Cat B Women
Elite ½ Women	→	Cat A Women
Master A Women	→	Cat A Women / Cat B Women / Master Women (40+ only)
Master B Women	→	Master Women (40+ only) / Cat B Women
Elite 4 Men	→	Cat C / D
Elite 3 Men	→	Cat B / C
Elite ½ Men	→	Cat A
Master 3 Men	→	Cat C / D / Master Men/Open (50+ only)
Master 2 Men	→	Cat B / C / Master Men/Open (50+ only)
Master 1 Men	→	Cat A / B / Master Men/Open (50+ only)

ROAD RACES: Weekly Series/Cycle For All Events

OC Non-Member Permit	*COMMUNITY Membership	CHALLENGE Membership	COMPETE Membership	UCI License
X	X	X	X	X

**\$5 million liability only and no sport accident coverage*

ROAD RACES: Regional Events

OC Non-Member Permit	CHALLENGE Membership	COMPETE Membership	UCI License
X	X	X	X

ROAD RACES: OCup Events

Category	Age Range	OC Non-Member Permit	CHALLENGE Membership	COMPETE Membership	UCI License
*Para (Handcycle & Trike)	15+	X	X	X	X
*Para (Tandem and "C" Class)	15+	X	X	X	X
Cat A	15+			X	X
Cat B	15+			X	X
Cat C	15+	X	X	X	X
Cat D	15+	X	X	X	X
Cat A (Women)	15+			X	X
Cat B (Women)	15+	X	X	X	X
Master Women	40+	X	X	X	X
Master Men/Open	50+	X	X	X	X

ROAD RACES: Provincial Events

Category	Age Range	CHALLENGE Membership	COMPETE Membership	UCI License
*Para (Handcycle & Trike)	15+		X	X
*Para (Tandem and "C" Class)	15+		X	X
U19 Women	15-18		X	X
U23 Women	19-22		X	X
**Elite Women	23+		X	X
Master A Women	35-44		X	X
Master B Women	45-54		X	X
Master C Women	55-64		X	X
Master D Women	65+		X	X
U19 Men	15-18		X	X
U23 Men	19-22		X	X
**Elite Men	23+		X	X
Master A Men/Open	35-44		X	X
Master B Men/Open	45-54		X	X
Master C Men/Open	55-64		X	X
Master D Men/Open	65+		X	X
Cat C (Non-Championship)	15+	X	X	X
Cat D (Non-Championship)	15+	X	X	X
Cat B Women (Non-Championship)	15+	X	X	X

CRITERIUM RACES: Weekly Series/Cycle For All/Regional Events

CHALLENGE Membership	COMPETE Membership	UCI License
X	X	X

CRITERIUM RACES: OCup Events

Category	Age Range	CHALLENGE Membership	COMPETE Membership	UCI License
*Para (Handcycle & Trike)	15+	X	X	X
*Para (Tandem and "C" Class)	15+	X	X	X
Cat A	15+		X	X
Cat B	15+		X	X
Cat C	15+	X	X	X
Cat D	15+	X	X	X
Cat A (Women)	15+		X	X
Cat B (Women)	15+	X	X	X
Master Men/Open	50+	X	X	X
Master Women	40+	X	X	X

CRITERIUM RACES: Provincial Events

Categories	Age Range	COMPETE Membership	UCI Licenses
Para (Handcycle & Trike)	15+	X	X
Para (Tandem and "C" Class)	15+	X	X
U19 Men	15-18	X	X
U23 Men	19-22	X	X
Master A Men/Open	35-44	X	X
Master B Men/Open	45-54	X	X
Master C Men/Open	55-64	X	X
Master D Men/Open	65+	X	X
Elite Men	23+	X	X
U19 Women	15-18	X	X
U23 Women	19-22	X	X
Master A Women	35-44	X	X
Master B Women	45-54	X	X
Master C Women	55+	X	X
Elite Women	23+	X	X

TIME TRIAL RACES: Weekly Series Events

OC Non-Member Permits	*COMMUNITY Membership	CHALLENGE Membership	COMPETE Membership	UCI Licenses
X	X	X	X	X

*\$5 million liability only and no sport accident coverage

TIME TRIAL RACES: Regional Events

OC Non-Member Permits	CHALLENGE Membership	COMPETE Membership	UCI Licenses
X	X	X	X

TIME TRIAL RACES: OCup Events

OCup Membership Requirements

Category	Age Range	OC Non-Member Permits	CHALLENGE Membership	COMPETE Membership			UCI Licenses
Para	15+	X	X	X			X
U17 Men	15-16	X	X	X			X
U19 Men	17-18	X	X	X			X
U23 Men	19-22	X	X	X			X
Master A Men/Open	35-44	X	X	X			X
Master B Men/Open	45-54	X	X	X			X
Master C Men/Open	55-64	X	X	X			X
Master D Men/Open	65+	X	X	X			X
Elite Men	23+	X	X	X			X
U17 Women	15-16	X	X	X			X
U19 Women	17-18	X	X	X			X
U23 Women	19-22	X	X	X			X
Master A Women	35-44	X	X	X			X
Master B Women	45-54	X	X	X			X
Master C Women	55-64	X	X	X			X
Master D Women	65+	X	X	X			X
Elite Women	23+	X	X	X			X
15 KM Sportif	for those who do not meet the bike check requirements or do not wish to race the championship category			X	X	X	X
30 KM Sportif				X	X	X	X
40 KM Sportif				X	X	X	X
Eddy Merckx	(non-Aero) riders are not permitted to use any aero equipment including aerobars, clip-on bars, disc wheels, shoe covers or aero helmets. Bicycles must meet the requirements of mass start races including wheels.			X	X	X	X

TIME TRIAL RACES: Provincial Events

Provincial Membership Requirements				
Championship Category	Age Range	COMPETE Membership	UCI Licenses	
Para	15+	X	X	
U17 Men	15-16	X	X	
U19 Men	17-18	X	X	
U23 Men	19-22	X	X	
Master A Men/Open	35-44	X	X	
Master B Men/Open	45-54	X	X	
Master C Men/Open	55-64	X	X	
Master D Men/Open	65+	X	X	
Elite Men	23+	X	X	
U17 Women	15-16	X	X	
U19 Women	17-18	X	X	
U23 Women	19-22	X	X	
Master A Women	35-44	X	X	
Master B Women	45-54	X	X	
Master C Women	55-64	X	X	
Master D Women	65+	X	X	
Elite Women	23+	X	X	
Provincial Non-Championship Categories	Age Range	CHALLENGE Membership	COMPETE Membership	UCI Licenses
15 KM Sportif	for those who do not meet the bike check requirements or do not wish to race the championship category	X	X	X
30 KM Sportif		X	X	X
40 KM Sportif		X	X	X
Eddy Merckx	(non-Aero) riders are not permitted to use any aero equipment including aerobars, clip-on bars, disc wheels, shoe covers or aero helmets. Bicycles must meet the requirements of mass start races including wheels.	X	X	X

GRAVEL CATEGORIES

GRAVEL: Weekly Series/Regional Events

Sanction Level	Non-Member Permit	*Community Membership	Challenge Membership	Compete Membership	UCI License
Weekly Series	X (On Application)	X	X	X	X
Regional	X (On Application)	X	X	X	X
Cycle For All	X	X	X	X	X

*\$5 million liability only and no sport accident coverage

TRACK CATEGORIES

TRACK: Regional Events

Categories	Challenge License	Compete License	UCI License
A	X	X	X
B	X	X	X
C	X	X	X
D	X	X	X
E	X	X	X

*If a regional event runs a Madison race, a Compete license will be required for all categories, at minimum.

TRACK: Youth Track Development Series Events

Categories	Challenge License	Compete License	UCI License
A	X	X	X
B	X	X	X
C	X	X	X
D	X	X	X
E	X	X	X

TRACK: OCup Events

Categories	Challenge License	Compete License	UCI License
A		X	X
B		X	X
C	X	X	X
D	X	X	X
E	X	X	X

Categories (Women)	Challenge License	Compete License	UCI License
A		X	X
B	X	X	X

TRACK: Provincial Events

Categories (Men and Women)	Age	Challenge License	Compete License	UCI License
*, **U13 (Men and Women)	11-12	X	X	X

*non championship categories, ** combined podium

Categories (Men)	Age	Challenge License	Compete License	UCI License
*U15 Men	13-14	X	X	X
U17 Men	15-16		X	X
Junior Men	17-18		X	X
Elite Men	19+		X	X
Master A Men	35-44		X	X
Master B Men	45-54		X	X
Master C Men	55-64		X	X
Master D Men	65+		X	X
Para Men	-		X	X
Categories (Women)	Age	Challenge License	Compete License	UCI License
*U15 Women	13-14	X	X	x
U17 Women	15-16		X	X
Junior Women	17-18		X	X
Elite Women	19+		X	X
Master A Women	35-44		X	X
Master B Women	45+		X	X
Para Women	-		X	X

MOUNTAINBIKE CATEGORIES

MOUNTAINBIKE: Weekly Series/Cycle For All Events

Sanction	Non-Member Permit	Community Membership*	Challenge Membership	Compete Membership	UCI License
Weekly Series	X <i>(On Application)</i>	X	X	X	X
Cycle For All	X <i>(On Application)</i>	X	X	X	X
Regional	X <i>(On Application)</i>		X	X	X

MOUNTAINBIKE: OCup Events (XCO)

Category	Age	Non-Member Permit*	Challenge Membership	Compete Membership	UCI License
U11 Girls/Boys	8-10 years	X	X	X	X
U13 Girls/Boys	11-12 years	X	X	X	X
U15 Girls/Boys	13-14 years	X	X	X	X
U17 Sport Girls/Boys	15-16 years	X	X	X	X
Master Sport Men 55-64	55-64 years	X	X	X	X
Master Men 65+	65+ years	X	X	X	X
U19 Sport Women	17-18 years	X	X	X	X
Senior Sport Women	19-34 years	X	X	X	X
Master Sport Women 35-44	35-44 years	X	X	X	X
Master Sport Women 45-54	45-54 years	X	X	X	X
Master Sport Women 55-64	55-64 years	X	X	X	X
Master Women 65+	65+ years	X	X	X	X
U19 Sport Men	17-18 years	X	X	X	X
Senior Sport Men	19-34 years	X	X	X	X
Master Sport Men 35-44	35-44 years	X	X	X	X
Master Sport Men 45-54	45-54 years	X	X	X	X
Senior Expert Women	19-34 years			X	X
Master Expert Women 35-44	35-44 years			X	X
Master Expert Women 45-54	45-54 years			X	X
Master Expert Women 55+	55+ years			X	X
U17 Expert Boys	15-16 years			X	X
U19 Expert Men	17-18 years			X	X
U17 Expert Girls	15-16 years			X	X
U19 Expert Women	17-18 years			X	X
Elite / U23 Men	19+ years			X	X
Elite / U23 Women	19+ years			X	X
Senior Expert Men	19-34 years			X	X
Master Expert Men 35-44	35-44 years			X	X
Master Expert Men 45-54	45-54 years			X	X
Master Expert Men 55+	55+ years			X	X

**Riders competing in events on a Non-Member Permit are subject to an additional fee at the time of registration, \$5 and \$10 for Youth and Adults respectively. Non-Members will not be eligible to earn OCup Points, Call-Ups, and giveaways from Ontario Cycling at applicable events.*

MOUNTAINBIKE: OCup Events (XCC)

Category	Age	Non-Member Permit*	Challenge Membership	Compete Membership	UCI License
U13 Girls	8-12 years	X	X	X	X
U13 Boys	8-12 years	X	X	X	X
U15 Girls	13-14 years	X	X	X	X
U15 Boys	13-14 years	X	X	X	X
U17 Girls	15-16 years	X	X	X	X
U19 Women	17-18 years	X	X	X	X
Elite Women	19+ years	X	X	X	X
35-49 Master Women	35-49 years	X	X	X	X
50+ Master Women	50+ years	X	X	X	X
U17 Boys	15-16 years	X	X	X	X
35-49 Master Men	35-49 years	X	X	X	X
50+ Master Men	50+ years	X	X	X	X
U19 Men	17-18 years	X	X	X	X
Elite Men	19+ years	X	X	X	X

**Riders competing in events on a Non-Member Permit are subject to an additional fee at the time of registration, \$5 and \$10 for Youth and Adults respectively. Non-Members will not be eligible to earn OCup Points, Call-Ups, and giveaways from Ontario Cycling at applicable events.*

MOUNTAINBIKE: Provincial Championships (XCO)

Category	Age	Challenge Membership	Compete Membership	UCI License
U11 Girls/Boys	8-10 years	X	X	X
U13 Girls/Boys	11-12 years	X	X	X
U15 Girls/Boys	13-14 years	X	X	X
U17 Sport Girls/Boys	15-16 years	X	X	X
Master Sport Men 55-64	55-64 years	X	X	X
Master Men 65+	65+ years	X	X	X
U19 Sport Women	17-18 years	X	X	X
Senior Sport Women	19-34 years	X	X	X
Master Sport Women 35-44	35-44 years	X	X	X
Master Sport Women 45-54	45-54 years	X	X	X
Master Sport Women 55-64	55-64 years	X	X	X
Master Women 65+	65+ years	X	X	X
U19 Sport Men	17-18 years	X	X	X
Senior Sport Men	19-34 years	X	X	X
Master Sport Men 35-44	35-44 years	X	X	X
Master Sport Men 45-54	45-54 years	X	X	X
Senior Expert Women	19-34 years		X	X
Master Expert Women 35-44	35-44 years		X	X
Master Expert Women 45-54	45-54 years		X	X
Master Expert Women 55+	55+ years		X	X
U17 Expert Boys	15-16 years		X	X
U19 Expert Men	17-18 years		X	X
U17 Expert Girls	15-16 years		X	X
U19 Expert Women	17-18 years		X	X
Elite / U23 Men	19+ years		X	X
Elite / U23 Women	19+ years		X	X
Senior Expert Men	19-34 years		X	X
Master Expert Men 35-44	35-44 years		X	X
Master Expert Men 45-54	45-54 years		X	X
Master Expert Men 55+	55+ years		X	X

MOUNTAINBIKE: Provincial Championships (XCC)

Category	Age	Challenge Membership	Compete Membership	UCI License
U13 Girls	8-12 years	X	X	X
U13 Boys	8-12 years	X	X	X
U15 Girls	13-14 years	X	X	X
U15 Boys	13-14 years	X	X	X
U17 Girls	15-16 years	X	X	X
U19 Women	17-18 years		X	X
Elite Women	19+ years		X	X
35-49 Master Women	35-49 years		X	X
50+ Master Women	50+ years		X	X
U17 Boys	15-16 years	X	X	X
35-49 Master Men	35-49 years		X	X
50+ Master Men	50+ years		X	X
U19 Men	17-18 years		X	X
Elite Men	19+ years		X	X

MOUNTAINBIKE: Provincial Championships (Team Relay)

Category	Age	Challenge Membership	Compete Membership	UCI License
Open (4 Riders, minimum 1 Female)	N/A	X	X	X

CYCLO-CROSS CATEGORIES

CYCLO-CROSS: Weekly Series/Regional/Cycle for All Events

Sanction	Non-Member Permit	Community Membership*	Challenge Membership	Compete Membership	UCI License
Weekly Series	X (On Application)	X	X	X	X
Cycle For All	X (On Application)	X	X	X	X
Regional	X (On Application)		X	X	X

*\$5 million in liability and no sport accident coverage.

CYCLO-CROSS: OCup Events

Categories (Age as of Dec. 31, 2025)	Non-Member Permit*	Challenge Membership	Compete Membership	UCI License
U13 Boys (8-12)	X	X	X	X
U13 Girls (8-12)	X	X	X	X
U15 Boys (13-14)	X	X	X	X
U15 Girls (13-14)	X	X	X	X
U17 Boys (15-16)	X	X	X	X
U17 Girls (15-16)	X	X	X	X
Elite 1,2 Men (17+ yrs)**			X	X
Elite 1,2 Women (17+ yrs)**			X	X
Elite 3 Women (17+ yrs)	X	X	X	X
Elite 3 Men (17+ yrs)	X	X	X	X
Elite 4 Men (17+ yrs)	X	X	X	X
Master A, B Women (35+ yrs)			X	X
Master 1 Men (35+ yrs)			X	X
Master 2 Men (35+ yrs)	X	X	X	X
Master 3 Men (35+ yrs)	X	X	X	X
Single Speed Men/Women (17+ yrs)	X	X	X	X

*Riders competing in events on a Non-Member Permit are subject to an additional fee at the time of registration, \$5 and \$10 for Youth and Adults respectively. Non-Members will not be eligible to earn OCup Points, Call-Ups, and giveaways from Ontario Cycling at applicable events.

** Junior aged riders (17-18 years of age) must be approved for an upgrade or have achieved the upgrade criteria to automatically upgrade.

CYCLO-CROSS: Provincial Events

Categories	Challenge Membership	Compete Membership	UCI License
U13 Girls (8-12 years)	X	X	X
U13 Boys (8-12 years)	X	X	X
U15 Girls (13-14 years)	X	X	X
U15 Boys (13-14 years)	X	X	X
U17 Girls (15-16 years)	X	X	X
U17 Boys (15-16 years)	X	X	X
U19 (Junior) Women (17-18 years)		X	X
U19 (Junior) Men (17-18 years)		X	X
U23 Women (19-22 years)		X	X
U23 Men (19-22 years)		X	X
Elite Men (23+ years)		X	X
Elite Women (23+ years)		X	X
Master A Men (35-44 years)		X	X
Master B Men (45-54 years)		X	X
Master C Men (55-64 years)		X	X
Master D Men (65+ years)		X	X
Master A Women (35-44 years)		X	X
Master B Women (45-54 years)		X	X
Master C Women (55-64 years)		X	X
Master D Women (65+ years)		X	X
Single Speed Men & Women (17+ years)	X	X	X

BMX CATEGORIES

BMX: Provincial Events

Categories	Non-Member Permit	Challenge Membership	Compete Membership	UCI License
All Categories	X	X	X	X