

On January 13th, 2024
Ontario Cycling and NCIM present



SWING & FLING

A Madison evening,
throwing it back to the 30's!

V5. January 8, 2024

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General Information

Ontario Cycling (OC) in partnership with National Cycling Institute Milton (NCIM) is proud to present *Swing & Fling*, a fun-filled Madison evening held on January 13th, 2024 at the Mattamy National Cycling Center located at 2015 Pan Am Boulevard in Milton, Ontario. *Swing & Fling*, sanctioned by Ontario Cycling, will be a Madison-specific event offered to Elite, Masters, and Youth (U17, U15) Categories. Come join us for a great time and a throwback to the early 30's!

Swing & Fling

Date: Saturday January 13th, 2024

Time: 5:30-7:30pm

Location: Mattamy National Cycling Centre

Event Contacts

Position	Name
Event Organizer	Courtney Doret
Technical Delegate	Chris Reid
Membership/Licensing	Chris Baskys
Medical	Odyssey Medical

Please contact events.team@ontariocycling.org for any questions or concerns.

Registration & Pricing

- Registration for Swing & Fling is pre-registration only. Licenses will not be sold on event day and must be purchased in advance.
- Registration is open to riders of Elite, Masters, and Youth (U17, U15) categories.
- Eligibility
 - Hold a valid 2024 Compete License or UCI Race License
 - Have demonstrable Madison experience
- Registration for the event closes on the Tuesday at 12:00pm prior to the event.
- All riders registering for the Madison event must be pre-approved by NCIM.
- There is a registration cap of 12 teams per category. Register early to reserve your spot.
- Please note: If a minimum number of 8 teams per category is not reached by December 29th, 2023, (2 weeks prior to the event) the event will be cancelled and all registrants will be notified and receive a full refund minus CCN registration fees.

[CLICK HERE TO REGISTER](#)

		Registration Timeline	
Type	Cost		Dates
Regular	\$50/participant	December 11 @ 9am – January 9 @ 12:00pm	NOON

Refund Policy

- A rider must withdraw prior to the end of registration in order to be eligible to receive a refund. Once the registration period has ended, refunds are no longer available.
- All refunds are subject to a non-refundable processing fee (variable based on transaction value) plus a CCN refund administration fee.
- OC reserves the right to issue refunds in other rare and exceptional cases. Injury, loss/change of employment, or a move away from town such that the participant can no longer attend, will not be considered.

Event Categories

- Categories run at Swing & Fling will be as follows:
 - Category A
 - Category B
 - Youth

Swing & Fling Schedule

Time	Event	Category	Distance (Laps)
5:00pm	Arrival/Rollers Warm-Up	All	
5:30pm	Madison Scratch	A	12.5k (50 laps)
5:50pm	Madison Scratch	B	10k (40 laps)
6:10pm	Madison Scratch	Youth	7.5k (30 laps)
6:30pm	Madison Points	A	12.5k (50 laps)
6:50pm	Madison Points	B	10k (40 laps)
7:10pm	Madison Points	Youth	7.5k (30 laps)

Teams

- Participants can choose to register as an individual (without a partner) or with a partner
- If we are unable to find a suitable match for an individual registrant, that person will be notified in advance and given the opportunity to withdraw and receive a full refund.
- If you have a partner, please submit your Madison team entry upon registering on CCN.

Gear & Wheel Restrictions

Cat A	50 x 14
Cat B	50 x 15
Youth	50 x 16

- Disc and carbon wheels are not allowed for the Youth category

Rider Confirmation/Sign-In

- Please bring your 2024 Compete License or UCI Race License to the Rider Confirmation/Sign-In table to pick up your bib number for the event
- Rider Confirmation/Sign-In will close 30-minutes prior to the start of each race
- An OC/NCIM staff will be present at the Rider Confirmation/Sign-In desk to assist with rider licensing issues

Warm-Ups/Open Training

- Riding on the track will not be available prior to the start of competition

Jerseys

- Jerseys will be provided for all participants to wear.

General Rules & Regulations

- The races will be held under the rules of the UCI with CC and OC modifications
- The CC & OC rules are available at: www.ontariocycling.org/officials
- Races will start promptly – riders late or missing their starts may be fined
- **COACHING FROM APRON:** Races will follow UCI Regulation 3.1.012 "During all track events, except Team Pursuit and Individual Pursuit, all team staff shall remain on the infield (off the safety zone and track). Specific team staff may be permitted to access the safety zone (i.e. the mechanic following a crash) at the Commissaires' discretion."
- **COACHING FROM THE INFIELD:** is permitted, however, climbing and hanging onto structures not designed for those purposes, such as railings, is not. Ontario Cycling takes the health and safety of all event attendees into consideration.
- Spectators are not permitted to cross the track.

Infield Policy

- Only team-identified personnel are permitted in the in-field, at the sole discretion of OC.
- A maximum of (5) personnel per club is permitted while attempting to minimize gathering.
- Independent riders are permitted one (1) support person.
- The clubs are responsible for the conduct of their infield personnel and must ensure compliance with the OC Code of Conduct and policies.

Awards

- The winning teams from each category will receive 2 bags of coffee, courtesy of Sippy Cup Coffee!

Event Safety

- First aid will be provided by Odyssey Medical and will be located in the in-field area.
- For your safety, if you withdraw from the event for any reason, you must inform the nearest Commissaire that you will no longer be racing. Riders not reporting to the Commissaire may be subject to a fine.
- You are required to wear an approved, regulation cycling helmet at all times while riding your bike.
- Do not ride down the ramp. Riders are to walk their bikes down. Failure to do so may result in being pulled from future events.
- Coaching from the infield is permitted; however, climbing and hanging onto structures not designed for those purposes, such as railings, is not permitted.
- Access to trackside for video and photography is reserved for media personnel who have completed Media Training as approved by the OC and is at OC's sole discretion.
- Should a Commissaire or OC feel that a rider is unfit to race for any reason, the OC reserves the right to remove the rider from the event, for their own safety and the safety of others.

Event Descriptions

Madison Scratch

The Madison is a high speed, two-person relay where one partner from each team starts the race from the rail while the "resting" partner pedals slowly along the top of the track. Partners exchange positions by pulling even with each other and then "slinging" the incoming partner into the race. The team of the first rider across the line wins.

Madison Points

The Madison is a high speed, two-person relay where one partner from each team starts the race from the rail while the "resting" partner pedals slowly along the top of the track. Partners exchange positions by pulling even with each other and then "slinging" the incoming partner into the race.

A bell will ring with one lap to go before each sprint.

30 laps – 3x10 (3 sprints every 10 laps)

40 laps – 4x10 (4 sprints every 10 laps)

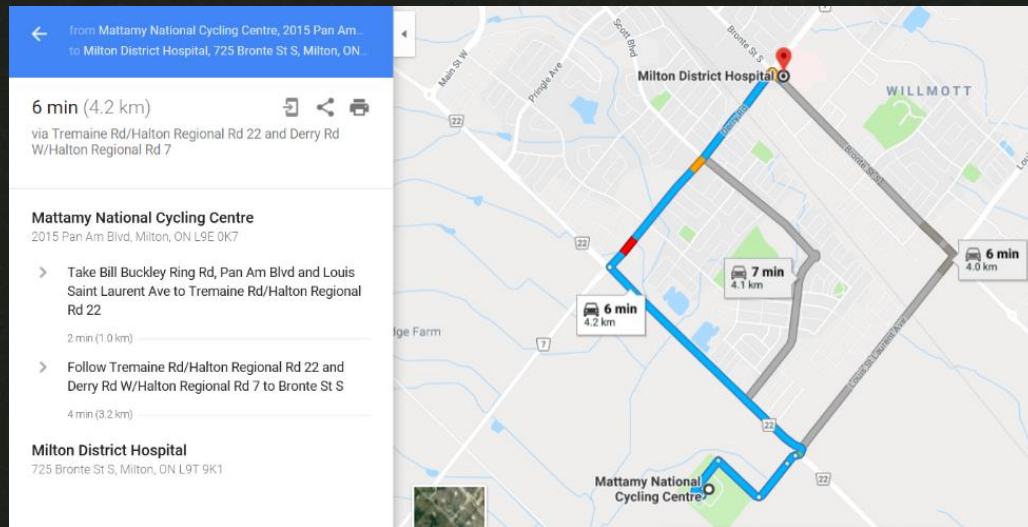
50 laps – 5x10 (5 sprints every 10 laps)

Points will be awarded to the teams based on the top 4 riders across the line for each sprint (5, 3, 2, 1 points). The last sprint will have double the points (10, 6, 4, 2 points). Teams are awarded 20 points if they lap the field or lose 20 points if they lose a lap to the main field.

The team with the most number of points wins. Ties are broken by the final finish sprint.

Hospital Information

Milton District Hospital
725 Bronte Street South, Milton
905-878-2383



Volunteers

Thank you to all volunteers who dedicate their time to make these events possible. If you are interested in volunteering at future events, please contact events.team@ontariocycling.org

Partnerships



Thank you to **Sippy Cup Coffee Roasters** for being our official prize sponsor!