

## **Ontario Cycling**

### **Parents Code of Conduct**

Ontario Cycling is committed to providing an environment in which all individuals are treated with respect. As a parent, you play a special role in the development of your child. Your encouragement and examples ensure good sportsmanship and self-discipline more than any other influence. Parents should observe the following Code of Conduct with their child athletes:

1. I will not force my child to participate in cycling.
2. I will remember that my child cycles for their enjoyment, not mine.
3. I will encourage my child to play by the rules and to resolve conflict without resorting to hostility or violence.
4. I will teach my child that doing one's best is as important as winning so that my child will never feel defeated by the outcome of an event or competition.
5. I will make my child feel like a winner every time by offering praise for competing fairly and doing their best.
6. I will respect my child's teammates, fellow parents as well as the competitions' coaches, cyclists, and parents.
7. I will remember that children learn by example. I will applaud good performances by both my child and their competition.
8. I will never question the commissaire's judgement or honesty in public.
9. I will support all efforts to remove verbal and physical abuse from any cycling event or competition.
10. I will respect and show appreciation for the volunteers and coaches who give their time to provide sport activities for my child, understanding that I have a responsibility to be a part of my children's development.
11. I will not coach from the sidelines unless by my child's coach.
12. I will abide by the team's communication rules between coaches and parents (e.g. through the parent liaison, etc.).
13. I agree to abide by and follow Ontario Cycling's Code of Conduct and Ethics.
14. I will be responsible for my guests at my child's cycling events and competitions, encouraging them to respect and abide by Ontario Cycling's Code of Conduct and Ethics.