



# 2023

**PROVINCIAL CHAMPIONSHIPS**

**KELSO, ON**

## **MOUNTAIN BIKE**

Sunday - August 27<sup>th</sup>, 2023

August 15<sup>th</sup>, 2023  
Technical Guide  
Version 3



THIS EVENT IS SANCTIONED BY



# 2023 PROVINCIAL CHAMPIONSHIPS



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# 2023 PROVINCIAL CHAMPIONSHIPS



## Event Sponsors & Partners

### Main Partners



### Nutrition Partner



### Neutral Mechanic



### Lifestyle & Tourism Partner



### Transportation Partner



### Local Partner





# 2023 PROVINCIAL CHAMPIONSHIPS



## General Information

The 2023 Provincial Championships will return to Kelso Conservation Area to cap off the end of a great summer of racing. Kelso Conservation Area is a playground for outdoor adventure. In the spring, summer and fall, Kelso has an extensive network of trails that can be used for hiking or mountain biking, and a Challenge Course that provides an opportunity for visitors to push their limits and reach new heights. Kelso is also home to a community of both beginner and expert cyclists who participate in local events, mountain bike lessons, and summer camps. The park is accommodating to all skill levels; new and seasoned mountain bikers of all kinds are sure to find their favourite trail at Conservation Halton. Reservations are required to access the park outside of race day.

Come participate in what will surely be a memorable weekend of racing at Kelso once again. Located in the GTA within a 35min drive from downtown Toronto and most cyclists within the province, we hope to see one of the biggest fields of the season come out to celebrate the conclusion of the MTB season and the many provincial champions that will be crowned. Kelso has an extensive network of trails that is open to the public season-long and a wide range of trails for every ability level. Characterized by its steep climb up the escarpment/ski slopes during the winter and its dusty conditions, it was a war of attrition when provincial championships were last held at Kelso in 2018. Maintaining a big cardio engine up until this point in the season and being able to capitalize on the flowing descents will pay dividends for what is sure to be a test for all participants.

## XCO Cross-Country Mountain Bike

**Date:** August 27<sup>th</sup>

**Time:** 8:30am-4:30pm (time approximate)

**Location:** [5234 Kelso Rd, Milton, ON L9E 0C6](https://www.conservationhalton.com/locations/kelso-conservation-area)





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## Event Information

**Parking:** Parking will be available for all riders & spectators in Kelso's multiple parking lots on property. Entry to the Kelso property will be available free of charge to all event registrants on **race day Sunday, August 27<sup>th</sup> ONLY**. All riders will need to book a reservation and pay a gate fee for practice days. For 25% off the gate fee please use the code **OCUP25** when booking your visit. **ALL RIDERS MUST BOOK IN ADVANCE** if they wish to take advantage of this 25% off discount, the discount will not be given at the gate house. If a Conservation Halton Park pass holder, you can reserve your visit and access the park as you normally do with no fee.

To learn more about Kelso or reserve your visit, visit their webpage [HERE](#).

**Feed Zone:** Riders will be able to feed after the conclusion of the first lap via the location as marked on the course map below after the start-finish line.

**Pre-Riding:** The course will be marked with signage by Friday, August 18<sup>th</sup>. Official race marking will be completed Friday, August 25<sup>th</sup> and official pre-ride is Saturday, August 26<sup>th</sup> 9am-5pm. All pre-riding outside of the official designated times is each rider's own responsibility and no event medical personnel will be present. **Please note: reservations for pre-riding are mandatory.**

**Camping:** Kelso is offering camping on-site for the event weekend for \$10/person per night – in addition to the gate fee for individuals to camp (whether using a Tent or Parking an RV). Kelso does not have any RV hookups of any kind. Guests can book their group or RV/camper sites by calling: 905-878-5011 ext: 1273.

***\*All participants camping/using an RV on Friday August 25<sup>th</sup> must arrive after 6:00pm and no later than 8:00pm that night. Saturday the 26<sup>th</sup>, arrivals can happen within the parks operating hours (9am-7pm).***



# 2023 PROVINCIAL CHAMPIONSHIPS



## OC Event Contacts

Position	Name
Event Organizer	Darren De Ruiter
Membership/Licensing	Chris Baskys
Timing	Zone4
Medical	Odyssey Medical

## Commissaires

Position	Name
President of the Commissaire Panel	Scott Doel
Secretary	Swatty Wotherspoon
Finish Judge	Alana Ziobroski
Member	Mark Buckaway

## Registration, Eligibility, & Pricing

- Registration for the Provincial Championships Mountain Bike Race is open to licensed riders 8 years of age and older.
- The event is pre-registration only. No day of registration will be accepted.
- Only Provincial Race Licenses and UCI Race Licenses are permitted. Out-of-Province riders must have a UCI License. Licenses will not be sold on event day and must be purchased in advance.
- Registration for the 2023 Mountain Bike Provincial Championships will close on **Wednesday August 23<sup>rd</sup> at 11:59pm.**
- If the Wednesday at 11:59pm registration deadline passes and a rider would still like to register, they have until Thursday at 5:00pm to contact the OC office for registration to be re-opened and will be charged a \$50 late entry fee.



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**\*New for 2023\*** Ontario riders are required to have participated in at least 1 MTB OCup in 2023 if competing in a championship category (Expert/Elite). Youth and Sport category riders will be able to participate without having competed in an OCup within the same calendar year. Championship riders who register for an OCup but do not start (DNS) will not be eligible to compete, only riders who start an OCup: ending in a result, DNF, and/or DSQ from 1 or more OCups in the same calendar year will be able to race at Provincials.

If for sufficient reason a championship rider cannot compete at a MTB OCup and would like to participate at MTB Provincials, they can request an exemption by completing the google form linked [here](#).

Ontario MTB Provincial Championships – Kelso Registration		
Event	Registration Timeline	Link
Provincial Championships	Closes Wednesday August 23 <sup>rd</sup> @ 11:59pm	<a href="#">HERE</a>
Cost	Price of \$45-85 depending on category	

## Rider Sign-In/Plate Pickup

Rider sign-in will take place under the OC tent (look for signage) near the start-finish line. Please check the schedule to confirm your sign-in time for each event and your race time. Sign-in closes 30 minutes before each race and will be available both Saturday and Sunday of race weekend.

## Refund Policy

- A rider must withdraw prior to the registration closing to be eligible to receive a refund. Once the registration period has ended, refunds are no longer available.
- All refunds are subject to a non-refundable processing fee (variable based on transaction value) plus a CCN refund administration fee.
- If an athlete withdraws from an event on race day, they are not eligible for a refund and the rider must inform the President of the Commissaire Panel of their withdrawal. Failure to notify the President may result in a fine.
- OC reserves the right to issue refunds in other rare and exceptional cases. Injury, loss/change of employment, or a move away from town such that the participant can no longer attend, will not be considered.



# 2023 PROVINCIAL CHAMPIONSHIPS



## Event Categories

- Categories may be combined on the start line based on the number of entries or at the discretion of OC.
- If categories are combined, medals will be awarded to each of the individual categories.

## Schedule of Events & Event Categories

Start Wave	Time	Categories	Registration Fees Closes Wed Aug 23 <sup>rd</sup>
1	9:00am	<b>U11 Girls</b> <b>U11 Boys</b> <b>U13 Girls</b> <b>U13 Boys</b>	\$45
2	10:00am	<b>U15 Girls</b> <b>U15 Boys</b> U17 Sport Girls U17 Sport Boys U19 Sport Women Senior Sport Women 19+ Master Sport Women 35-44 Master Sport Women 45-54 Master Sport Women 55-64 <b>Master Women 65+</b> Master Sport Men 55-64 <b>Master Men 65+</b>	\$55 (U15) \$65 (U17 Sport) \$70 All other categories
3	11:45am	Senior Expert Women <b>Master Expert Women 35-44</b> <b>Master Expert Women 45-54</b> <b>Master Expert Women 55+</b> U19 Sport Men Senior Sport Men 19+ Master Sport Men 35-44 Master Sport Men 45-54	\$80
4	1:30pm	<b>U17 Expert Girls</b> <b>U19 Expert Women</b> <b>Elite Women</b> <b>U23 Women</b> <b>U17 Expert Boys</b> <b>U19 Expert Men</b> Senior Expert Men <b>Elite Men</b> <b>U23 Men</b> <b>Master Expert Men 35-44</b> <b>Master Expert Men 45-54</b> <b>Master Expert Men 55+</b>	\$80 (U17 Expert) \$85 All other categories

\*Categories highlighted in **RED** are Provincial Championship Categories. All other races are Challenge events.





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## Category Distance, Lap, and Duration Standards

Start Wave	Time	Categories	Distance	# Of Laps	Duration
1	9:00am	U11 Girls/Boys U13 Girls/Boys	6-10km	2 Laps	30-45min
2	10:00am	U15 Girls/Boys U17 Sport Girls/Boys Master Sport Men 55-64 Master Men 65+ U19 Sport Women Senior Sport Women 19+ Master Sport Women 35-44 Master Sport Women 44-54 Master Women 65+	14-16km	2 Laps	55-70min
3	11:45am	Senior Sport Men 19+ U19 Sport Men Master Sport Men 35-44 Master Sport Men 45-54 Senior Expert Women 19+ Master Expert Women 35-44 Master Expert Women 45-54 Master Expert Women 55+	20-22km	3 Laps	70-85min
4	1:30pm	U17 Expert Girls Elite/U23 Women U19 Expert Women Elite/U23 Men U17 Expert Boys U19 Expert Men Master Expert Men 35-44 Master Expert Men 45-54 Master Expert Men 55+ Senior Expert Men 19+	14-16km (U17 G)  20-22km (U17 B & U19 W)  28-30km (Expert M & Elite W)  34-36km (Elite M)	2 Laps (U17 G)  3 Laps (U17 M & U19 W)  4 Laps (Expert M & Elite W)  5 Laps (Elite M)	55-70min (U17 G)  55-70min (U17 B & U19 W)  75-90min (Expert M & Elite W)  85-100min (Elite M)





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## **Youth (Ages 8-16) Category Structure \*New for 2023\***

In 2023, youth (8-16 years of age) will be moving back to age-based categories. Having piloted ability-based categories during the 2022 season, to bring MTB youth categories into closer alignment with those in Road, CX, & Track events. The decision to return to age-based categories was difficult given the benefits we had witnessed from both structures. Similar to age-based categories, ability-based had its own unique set of challenges. In particular, age-based categories continue to be used at the national level and in provinces outside of Ontario, creating difficulties when out of province riders came to participate in Ontario. Ultimately, open seeding created confusion around which category athletes should register for as ability is difficult to gauge in off-road events as everyone's local trail network is different.

Categories in the age-based structure will be seeded by age of the participant as of December 31<sup>st</sup>, 2023 into the following U11 (8-10yrs), U13 (11-12yrs), U15 (13-14yrs), & U17 (15-16yrs) age groups. Beginning in U17 and up, age categories are further broken into the ability groups of Sport and Expert. New in 2023, athletes have the option to self-seed into either Sport or Expert ability levels. Category standings will be tracked for all age groups and parents/coaches are encouraged to focus on the youth rider's development within the sport, over winning overall series recognition.

We will continue to evaluate and encourage participants to provide feedback via our Event Participation Survey throughout the season on the change and category structures. In direct emails to participants post event and on site on event day you will find links to the survey posted.

## **Awards & Prizes**

- Medals will be awarded to the top three (3) finishers in each category.
- Should categories be combined because of low participation numbers, results will be broken out for awards. Awards will be awarded based on the results of each category separated.
- Riders must attend the awards ceremonies or risk forfeiting their awards.
- Podium protocol shall be enforced, and fines may be issued to those who fail to comply. Riders must wear their competition uniform for medal presentations.
- Medal presentations will take place following the conclusion of each race.



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## Event Schedule

### SATURDAY, August 26<sup>th</sup>:

- 9:00 am – 5:00 pm Official Course Pre-Ride is Open
- 10:00 pm – 4:00 pm Rider Sign-In is Open

### SUNDAY, August 27<sup>th</sup>:

- 7:30 am – 1:00 pm Rider Sign-In is Open\*
- **9:00 am**
  - 10:15 am: Wave 1 Podium Ceremonies
- **10:00 am**
  - 12:00 pm: Wave 2 Podium Ceremonies
- **11:45 am**
  - 1:45 pm: Wave 3 Podium Ceremonies
- **1:30 pm**
  - 3:45 pm: Wave 4 Podium Ceremonies
- 3:30 pm Racing on Course Concludes

*\*All riders must sign-in at the Ontario Cycling tent before their race. Sign-in closes 30 minutes prior to the start of each race wave.*

## Start Lists & Results

- Zone4 is the official timer for the 2023 Ontario Cycling Mountain Bike Events. Start lists and results can be found at the link <https://zone4.ca/> after registration for the event is closed. Final results will be posted on the Ontario Cycling website after the conclusion of the event.



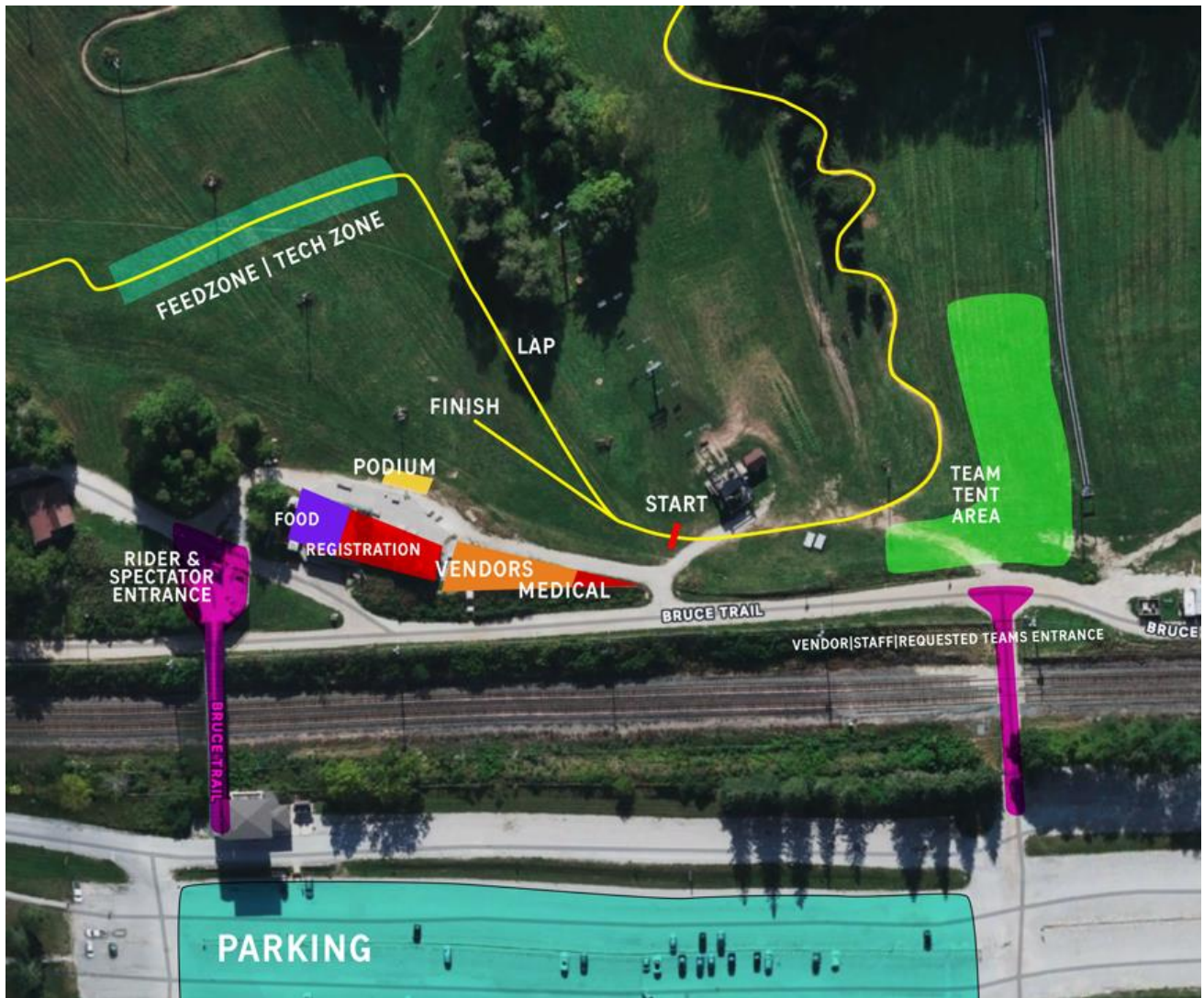
**\*New for 2023\*** All participants will receive a timing chip corresponding to their race plate number. Timing chips must be picked up by all riders at the sign-in tent on event day and returned via the chip drop-off bin after finishing the race. Ontario Cycling has made a significant investment into timing equipment and services in 2023, as such all riders who do not return their timing chip on event day will be invoiced \$75. The cost to replace the chip unless other arrangements can be made to return the chip to the Ontario Cycling office.



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## Start/Finish Diagram





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## Course Marking

- Ontario Cycling uses barricade or caution tape to close off intersections. This tape is affixed to trees, stakes and strung across pathways or along pathways to show riders where to go, or where not to go. Barricade tape can show participants where not to go, or it can be used to outline the outside (or inside) of a corner, or to keep riders out of a certain area.
- Ontario Cycling uses 12"x10" red arrows on white chloroplast to indicate direction on the course.
- At intersections we may indicate where not to go using a do not enter sign indicating the wrong way.
- Three arrows down indicate CAUTION SLOW. We may include a CAUTION sign below as well.
- Any bridges or water crossings will be marked.
- Some sections of course allow for "Easy" (B Line) or "Hard" (A Line) options where riders have a choice on which line they want to take. The "Hard" option is more difficult than the "Easy" option, and generally offers a time advantage to participants who are able to ride the option.

## Team Area

There is limited space at Kelso Conservation Area for the set-up of Team Tent Space during the OCup weekend. Register for team space by emailing a request to [events.team@ontariocycling.org](mailto:events.team@ontariocycling.org). Failure to register for team space may result in a refusal of team area at the event, due to limited space. All team tent space requests must be received by **Tue. Aug 22<sup>nd</sup>**.

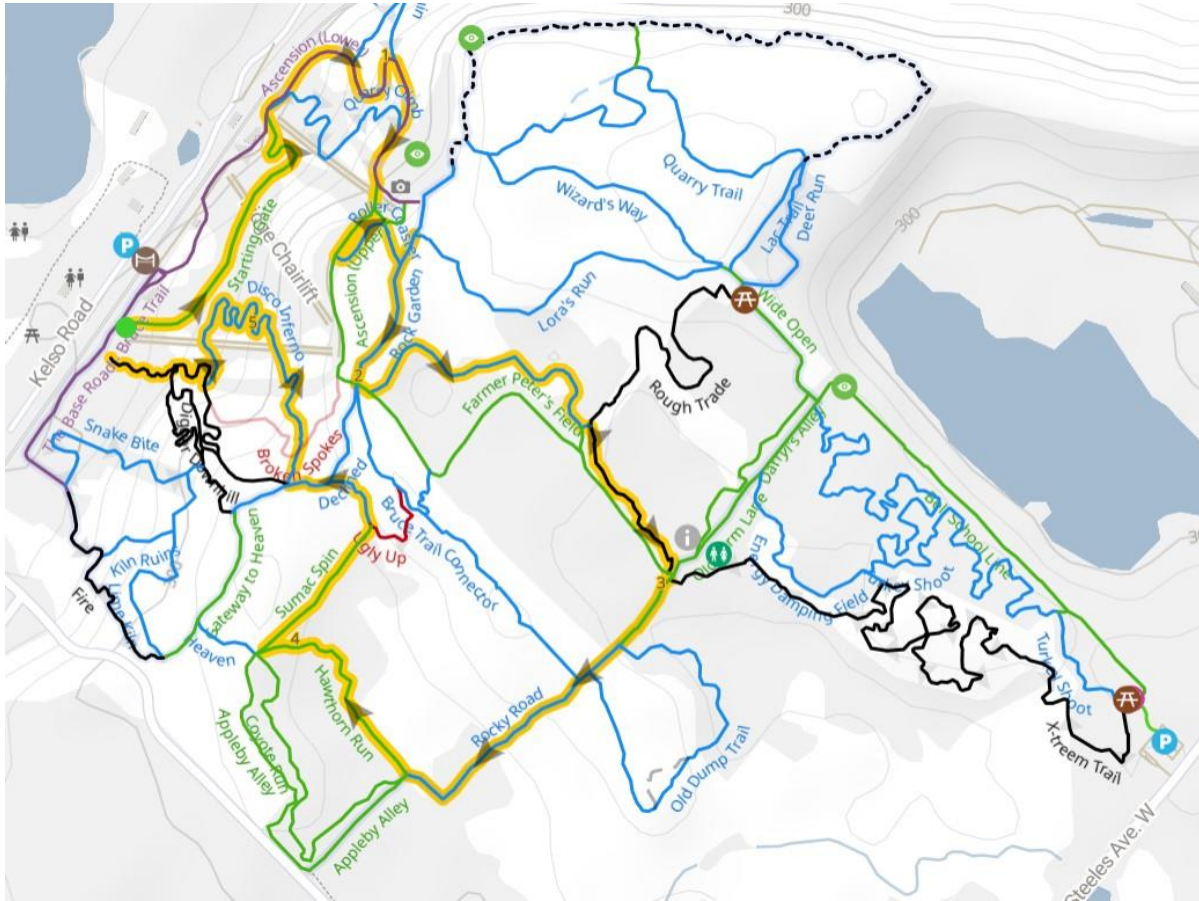


# 2023 PROVINCIAL CHAMPIONSHIPS

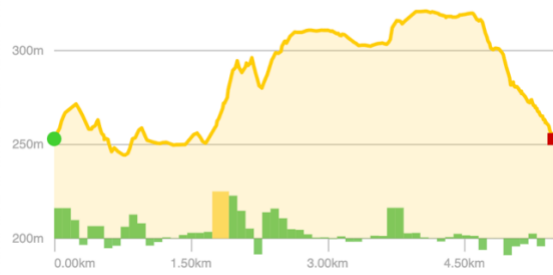


## Course Maps & Elevation Profiles

**Start Wave 1 – 9:00 am**



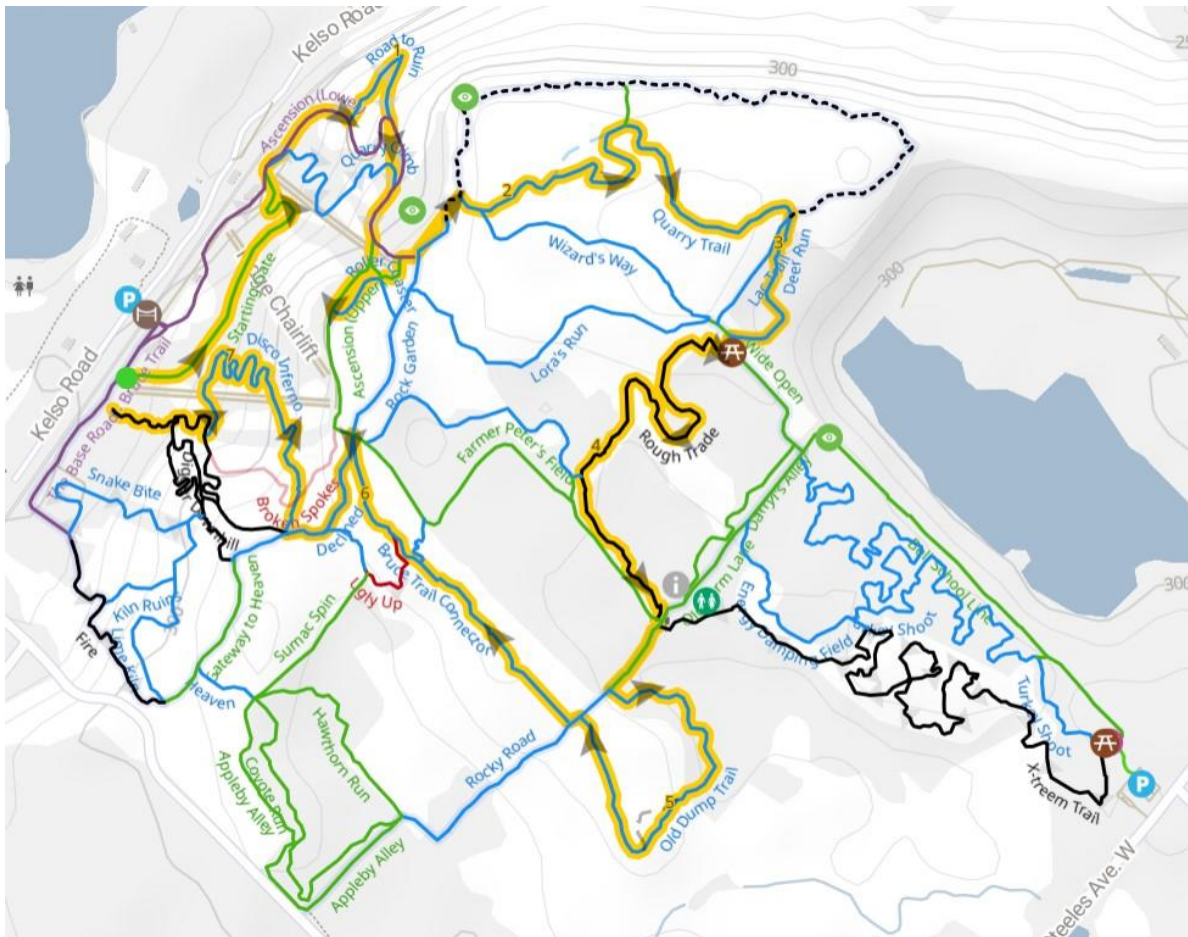
5.5 km	115 m	-113 m	321 m
Distance	Climb	Descent	High Point



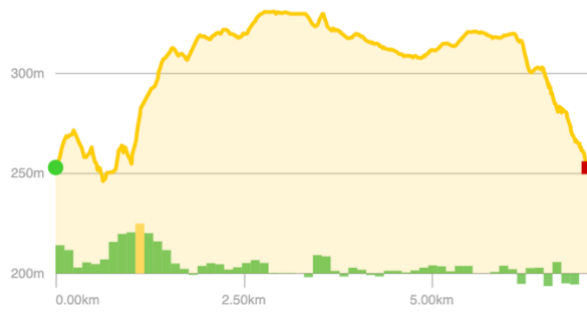
# 2023 PROVINCIAL CHAMPIONSHIPS



**Start Wave 2 & 3 – 10:00 & 11:45 am**



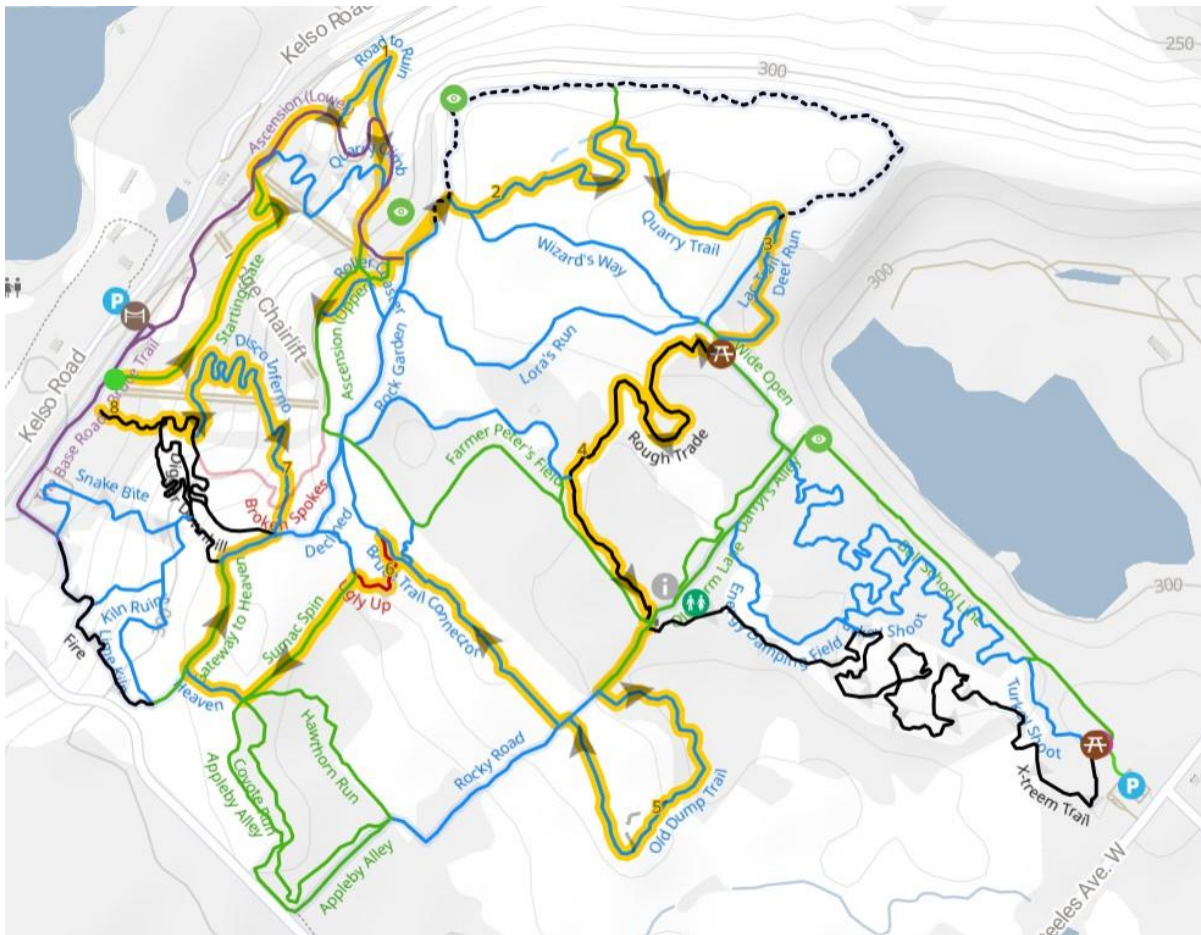
<b>7.1 km</b>	<b>125 m</b>	<b>-123 m</b>	<b>331 m</b>
Distance	Climb	Descent	High Point



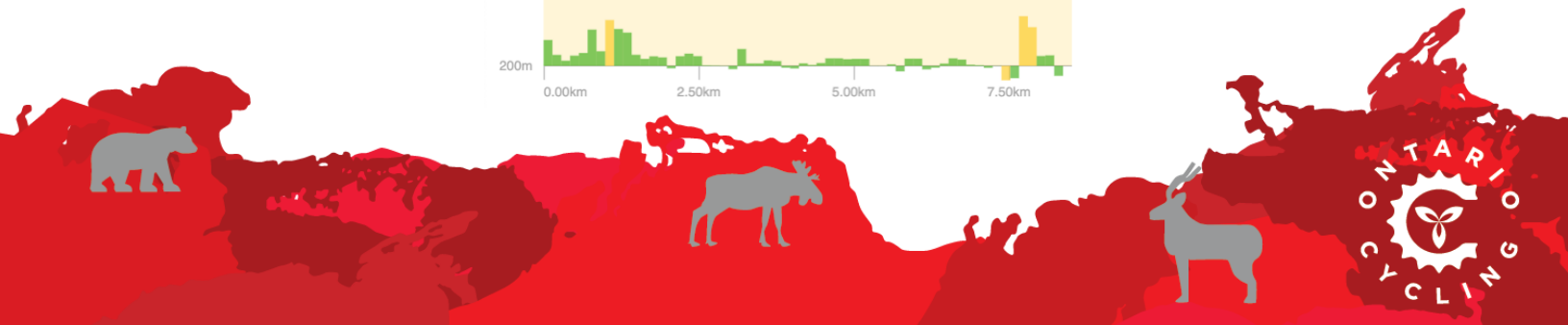
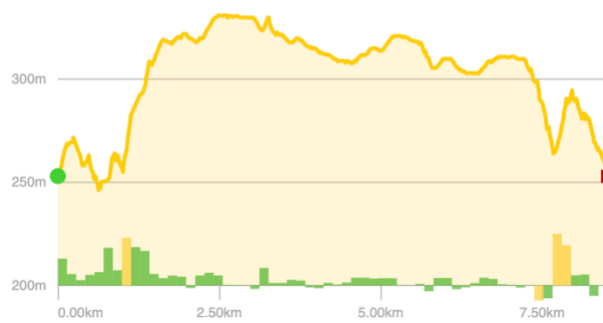
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**Start Wave 4 – 1:30 pm**



<b>8.5 km</b>	<b>154 m</b>	<b>-152 m</b>	<b>331 m</b>
Distance	Climb	Descent	High Point







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## Event Rules

### General Rules & Regulations

- The event will be run under UCI rules with Ontario Cycling/Cycling Canada modifications.
- The penalty scale of the OC rulebook will be applicable.
- Races will start promptly at the indicated start times.
- Any rider dropping out of the race shall immediately notify a Commissaire.
- Protests are considered from the point of the incident up to 15-minutes after the posting of results for the related event. All protests are to be made to the President of the Commissaire Panel and all determinations made by the Commissaire are final.
- Ontario Cup Series Points will be awarded for all categories, as per Ontario Cycling guidelines.
- Upgrade points will be awarded, as per Ontario Cycling guidelines.

### Equipment Regulations

- Approved helmets are mandatory at all times while riding a bicycle at Ontario Cycling Events.
- Per CCA rule 1.3.031 N): At all times when participating in or preparing for an event held in Canada, all licensees who are mounted on a bicycle shall wear a securely fastened helmet that meets a recognized cycling standard for the specific discipline. Riders shall provide documented proof of this, such as a manufacturer's label, upon request by event officials.
- The use of cameras (helmet mounted, mounted on the bicycle, or worn on the body) is not permitted by athletes during competition.

### Staging & Start Protocol

- Riders will start in a Mass Start Format according to the above schedule.
- Start Corrals to open 15 minutes prior to start. Riders are reminded to follow instructions for maintaining proper distancing.
- Race Officials will start each wave of the race.



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## Ontario Cup Points

The top 15 riders at each OCup event in their respective category will earn\*:

Place	Points	Place	Points	Place	Points
1st	25	6th	10	11th	5
2nd	20	7th	9	12th	4
3rd	16	8th	8	13th	3
4th	13	9th	7	14th	2
5th	11	10th	6	15th	1

*\*Any riders competing with an ACM as a member of the host club supporting the particular OCup they are eligible to participate at is not eligible to earn OCup points.*

**\*New for 2023\*** Riders will earn a x1.2 multiplier to their total 2023 OCup Points tally for having competed in the 2023 Provincial Championships of the respective discipline. To earn the multiplier a rider must both register for Provincial Championships and start their race, riders who do not start their race (DNS) are not eligible. For example, the final top three of an OCup category could look like:

Name	OCup #1	OCup #2	OCup #3	OCup Total	Provincials	Final Points
Rider 1	20 (2 <sup>nd</sup> )	25 (1 <sup>st</sup> )	16 (3 <sup>rd</sup> )	61	x1.2 (Yes)	73.2
Rider 2	16 (3 <sup>rd</sup> )	16 (3 <sup>rd</sup> )	25 (1 <sup>st</sup> )	57	x1.2 (Yes)	68.4
Rider 3	25 (1 <sup>st</sup> )	20 (2 <sup>nd</sup> )	20 (2 <sup>nd</sup> )	65	x1 (No)	65



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## Category Upgrade Criteria

**\*New for 2023\***, upgrade criteria will be used in place of points to determine if a rider is eligible to upgrade categories. With mandatory upgrade category criteria that is easier to achieve, the new upgrade points process will provide greater flexibility for optional movement between categories, while protecting categories against strong riders. Riders will be eligible to earn criteria to upgrade at OCups of the respective discipline they are looking to upgrade in.

Category	Mandatory Upgrade (End of Season Enforced)	Optional Upgrade
Expert to Elite*	<ul style="list-style-type: none"><li>-Win 2 OCups</li><li>-Place 3 times on the OCup podium</li><li>-UCI Trade Team Status</li></ul>	<ul style="list-style-type: none"><li>-Finish an OCup in the first 20% of your category</li><li>-Elite 1/2 Road or CX Status</li><li>-National Trade Team Status</li></ul>
Sport to Expert	<ul style="list-style-type: none"><li>-Win 2 OCups</li><li>-Place 3 times on the OCup podium</li><li>-Elite 1/2 Road or CX Status</li><li>-National Trade Team Status</li></ul>	Self-Selection (all riders have the option to self-seed as Sport or Expert)

*\*Does not apply to U17, U19, & Master categories.*

*\*\* You must race the category on your license, please notify the OC office in advance of your event if you are planning to upgrade or downgrade categories. You may be asked to provide additional information such as race results upon submitting a request to upgrade or downgrade.*





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## Ontario Cup Call-Up Protocol

Call-ups for OCups are designed to encourage participation in the OCup series by Ontario riders. OCup races use ability-based categories:

- 1) Call-ups will be done by OCup points only for the first 2 rows.
- 2) Riders tied with the same number of OCup points will be randomized.
- 3) After the first 2 rows are filled, the rest of the riders will fill the remaining places on a first-come, first-served basis.
- 4) If the first 2 rows are not filled, other riders can take open positions there.
- 5) When two or more categories are combined in the same start wave (that is, start at the same time offset), those riders will be considered "in the same race". Call-ups will cycle between each category to fill the first 2 rows (1st, 1st, 1st, 2nd, 2nd, 2nd, 3rd, 3rd, 3rd, 3rd, etc.)

Organizers may wish to publicly acknowledge National, World Champions or other celebrity riders in their race. These acknowledgments will be done before the call-ups. Participants will then be called up following the procedure above only. There is no penalty if a rider saves a place and allows another rider to move up to take it (riders may choose any position after their call-up).

Youth Categories (1<sup>st</sup> OCup of the 2023 series):

- Youth age-based categories will be called up based on OCup points from the 2022 season at the first race of the series moving down through the ability categories used, A Grade, B Grade, C Grade, D Grade, and E Grade until the first 2 rows of each age-based category have been filled (series ties broken randomly).
- When the first 2 rows are filled, the remaining riders will fill the positions on a first-come, first-served basis. If the first 2 rows are not filled, other riders in the same category can take open positions there.
- Each category shall begin in a new row. Half-wheeling between rows is not permitted.
- All youth categories will start together on the same whistle and use the same lap counter unless communicated otherwise.





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## **Feed Zones and Technical Assistance – 4.2.033 – 4.2.042 reference UCI changes/updates**

### **Feed Zone Regulations**

- 1) Feeding is permitted only in the zones designated for that purpose.
- 2) Only those persons responsible for feeding riders may be in the feed zone. Spectators / Children & pets are not permitted in the feed zone. Spectators may watch from the opposite side of the course.
- 3) Tents, Chairs, Coolers etc. must be a minimum of 10 feet away from the race course and must not obstruct others from feeding their rider.
- 4) Feeding from the opposite side of the zone will not be permitted.
- 5) Water bottles and food must be handed up to the rider without the feeder running alongside the rider.
- 6) During feeding no physical contact between feeders and riders is allowed. This will be considered technical assistance.
- 7) Water may be poured onto riders only if specific permission has been given by the PCP before the event at which time water may only be poured on at rider's request.
- 8) No rider may turn back on the course to reach a feed zone.





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## Technical Assistance Regulations

- 1) Riders should be prepared to work on their bicycle outside of the technical assistance zone. They can receive assistance in the technical zone only, or neutral support if it is provided by the organizer.
- 2) Small tools and tubes can be handed to people in the technical zone only.
- 3) Anyone in the technical assistance zone may help riders to get their bicycle running.
- 4) Riders must finish with the bicycle frame and number plate that they started the race with.
- 5) Spare wheels are allowed in the technical assistance zone only. No spare wheels are allowed in the feed zone or along course.
- 6) Neutral technical assistance may be provided for Ontario Cup Races.
- 7) Neutral support may supply spare wheels.
- 8) Riders are required to supply their own parts and equipment in the technical assistance zone. Riders may not take other participants equipment without their permission.
- 9) Technical assistance applies to 1:30 pm starts at Ontario Cups only.
- 10) Riders may carry tools and spare parts, provided that these do not involve any danger to the rider themselves or the other competitor.

## Pulling Riders

Riders may be pulled from the event if they don't meet the 80% rule in the 1:30 PM start time, at the discretion of the President of the Commissaire Panel. Riders may be pulled from additional starts if continuing could impede participants in the following start time, at the discretion of the Panel of Commissaires.

Please pre-ride with extra care as the race course is not fully marked and our marshals and safety crews are not on course. Treat pre-riding as just another mountain bike ride and ride within control and with maximum caution.





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## **Bad Weather and Course Changes – UCI Rule 4.2.013 changes/updates**

- Changes to the course may be required in case of severe weather or changing atmospheric conditions. Changes will be announced at the start of all races. In all conditions riders should ensure they are riding within their limits and dismount if the terrain exceeds their technical comfort level.
- In the case of severe weather requiring a change of schedule, an email will be sent out to all participants, and information will be posted on Ontario Cycling's social media accounts.
- OC Lightning Policy: <http://www.ontariocycling.org/forms/lightning-policy/>

## **Event & Course Safety**

- First Aid will be provided by Odyssey Medical. They will be stationed near the start/finish area and at strategic location(s) on course at the discretion of the First Aid provider. Marshalls will be on course during all races.
- For your safety, if you withdraw from the event for any reason, you must inform the nearest Commissaire that you will no longer be racing. Riders not reporting to the Commissaire may be subject to a fine.
- Riders are required to wear an approved, regulation cycling helmet at all times while riding their bike.
- Should a Commissaire or OC representative feel that a rider is unfit to race for any reason, the OC reserves the right to remove the rider from the event, for their own safety and the safety of others.



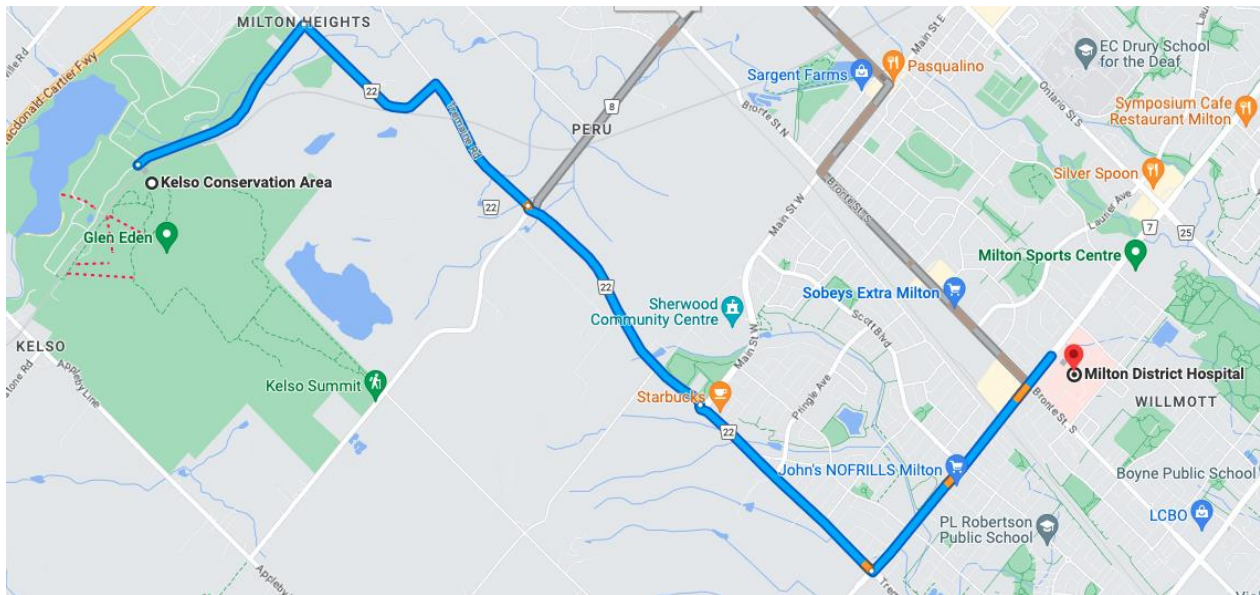
# 2023 PROVINCIAL CHAMPIONSHIPS



## Directions to Nearest Hospital

**Milton District Hospital:** [725 Bronte St. S, Milton, ON L9T 9K1](#)

- Exiting Kelso Conservation Area turn right onto Tremaine Rd
- Turn left onto Derry Rd W
- On your right past Bronte St S find Milton District Hospital





# 2023 PROVINCIAL CHAMPIONSHIPS



## 2023 Provincial Championship Apparel - Special Edition

Everyone needs a good shirt or crewneck, even better if it is the special edition of the 2023 Provincial Championships in North Bay, ON; Kelso, ON MTB or Peterborough, ON for Cyclo-Cross. The soft, naturally breathable fabric makes this one a perfect companion for rides, chilly summer nights or your day-to-day business.

Product features:

- Unique great lakes camouflage design
- Limited Edition for 2023 Provincial Championships in North Bay, ON | Kelso, ON & CXLogo application in the neck
- Camping mug for the long weekends

T-Shirt - Youth sizes: CAN \$20\* + HST

T-Shirt - Adult sizes: CAN \$20\* +HST

Crewneck - Youth sizes: CAN \$40\* + HST

Crewneck - Adult sizes: CAN \$45\* +HST

Camping Mug: CAN \$15 +HST

The items will be available for purchase throughout the season.

*The items (UNISEX) will be delivered to North Bay, ON, Kelso, ON, or Peterborough and are ready to pick-up at the registration desk. Optionally, the items can be sent to your home address after the event.*

\*Please be aware that a \$5 shipping fee will be added to each order



ORDER TODAY



# 2023 PROVINCIAL CHAMPIONSHIPS



## Media

- Any individual wanting to create media content while using equipment other than a phone is required to obtain accreditation from Ontario Cycling.
- Please contact [Patrik.zimmermann@ontariocycling.org](mailto:Patrik.zimmermann@ontariocycling.org) by Thursday, August 17<sup>th</sup>, 2023.

## Sponsors

### Montu Site Discount



Ontario Cycling is proud to have Montu Bikes as a main partner for the 2023 Ontario Cup series. Montu is pleased to offer Ontario Cycling members a 15% discount on Montu apparel orders using the code **ontariocycling15**. Visit <https://montu.cc/> to see the collection today!

### Service Course Halton



A mobile bike tune-up and repair service in Halton is the official neutral mechanic at the 2023 Mountain Bike Provincial Championships. Full details on the services they can provide on the day off event can be found on the [OC events page](#).

For more information on the services Service Course Halton provides, visit their [website](#)!

