# Melrose Gravel Tour Tech Guide

# Boondocks

**Date:** June 10<sup>th</sup>, 2023

Location: Tyendinaga Recreation Complex

363 McFarlane Road

Shannonville, Ontario

Time: Registration desk open 8:30 am, ("day of" entries not permitted)

Roll out start 10:00 am

# Sponsored by **Dougs Bikes** and **Belleville On Bikes**





# Introduction:

Welcome to our inaugural gravel tour. This is an opportunity to experience some winding, hilly, unpaved rural roads and trails in a quiet, traffic free setting. Local riders have set a challenging route to ensure you have an adventure to remember. The event will be run as a Gran Fondo ride with a noncompetitive aspect. Our goal is to share our roads with those who like to roam.

# **Course information:**

Rolling terrain on unpaved and unmaintained rural roads.

Several sections of rugged, muddy trails. You will get dirty.

Approx. 80 kilometers, (with option to shorten to 50 kilometers).

Checkpoint #1 located at approx. 23k distance.

Checkpoint #2 located at approx. 50k distance.

Participants are expected to be self-supported. Please carry sufficient fluids and nutrition to complete the route. We also recommend you carry tools and spares in the event of a mechanical problem.

### Race director's message:

The tour route does pass through remote rural areas with limited access. You must look after you! In the event of a medical emergency, call 911.

Otherwise, you can contact the race director for assistance. 613-847-5503

### **Registration:**

Pre-registration required, ("day of" entries not permitted)

Open category, all participants included.

On-line entries only through CCN bikes website.

Registration closes June 7th, midnight.

Website link: <u>https://www.dougsbikes.com</u>

Facebook: Melrose Gravel Tour Boondocks

#### Entry fee:

Online entry only at <a href="https://ccnbikes.com">https://ccnbikes.com</a>

Ontario Cycling Association members \$50.00, (plus processing fees)

Non-members are required to purchase a one-day permit, (adult \$17), (youth \$14), through CCN site.

#### Included:

Well marked route with arrows and flagging.

Parking and toilets at local rec centre.

Access to post ride food services at rec centre.

Water provided at Checkpoint #2.

## First aid provided by:

Lynn Forbes, R.N.

Mike Conacher, RPN.

## Nearest hospital:

- Belleville General
- 265 Dundas Street East
- Belleville, Ontario
- 613-969-7400

#### Course map:

Ride with GPS :

Melrose\_Gravel\_Tour\_Boondocks-1.pdf

#### **Event organizer:**

Doug's Bicycle Sales

159 College St West

Belleville, Ontario

Ph 613-966-9161

## **Belleville On Bikes**

Ph 613-847-5503