



**YOUTH TRACK  
DEVELOPMENT  
SERIES**



# **YOUTH TRACK DEVELOPMENT SERIES #3 MATTAMY NATIONAL CYCLING CENTRE**

January 28<sup>th</sup>, 2023

**v6**

01/26/23

**THIS EVENT IS SANCTIONED BY**





# YOUTH TRACK DEVELOPMENT SERIES



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# YOUTH TRACK DEVELOPMENT SERIES



## General Information

Ontario Cycling (OC) is proud to present the 2022-2023 Youth Track Development Series (YTDS) held at the [Mattamy National Cycling Center](#) located at 2015 Pan Am Boulevard in Milton, Ontario. The YTDS, sanctioned and governed by Ontario Cycling, consists of 4 separate racing opportunities, with different events at each one. The series is designed to optimize the development of our young athletes, through providing fun, non-traditional races. This allows the riders to focus on skills, speed, tactics, and personal bests, rather than competition and endurance.

### YTDS #3

**Date:** Saturday January 28<sup>th</sup>, 2023

**Time:** 12:30-6:30pm

**Location:** [Mattamy National Cycling Center](#)

## OC Event Contacts

Position	Name
Event Organizer	Jackie Chan
Technical Delegate	Jackie Chan
Membership/Licensing	Chris Baskys
Volunteer Manager	Franzi Middrup
Medical	Odyssey Medical

Please contact [events.team@ontariocycling.org](mailto:events.team@ontariocycling.org) for any questions or concerns.

## Commissaires

Position	Name
President of the Commissaire Panel	Josée Laroque
Starter	Kevin Scheerer
Finish Judge	Mary Mayer





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## Registration and Pricing

- Registration for all YTDS is open to riders 18 years of age and younger, with a minimum age of 9.
- The event is pre-registration only. Only **2023 Provincial Race Licenses** and **2023 UCI Race Licenses** are permitted. Out-of-Province riders must have a UCI License. Licenses will not be sold on event day and must be purchased in advance.
- Registration for each YTDS and Finale close on the Tuesday at 12:00pm noon prior to the event date.
- Riders must participate in all races at each event. Should a rider pull out of a race, they must pull out of all races.
- Late entries will not be allowed.
- In order to participate in the YTDS Finale, an Ontario rider must have participated in at least 1 Youth Track Development Event.

[CLICK HERE TO REGISTER](#)

**Please note that although you may have registered in a specific category, you may be moved to a different category depending on the field and other participants who register.**

YTDS #	Event Date	Events
YTDS #3	January 28	Chariot Scratch Kilo (Para) Snowball Individual Pursuit (Para) Tempo Longest Lap

Registration Timeline
<i>Ontario residents ONLY:</i> December 26 <sup>th</sup> @ Noon – January 24 <sup>th</sup> @ Noon
<i>Open to All:</i> January 9 <sup>th</sup> @ 9:00AM – January 24 <sup>th</sup> @ Noon
A – E Grade: \$50
Para: \$30





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## Refund Policy

- A rider must withdraw prior to the registration closing to be eligible to receive a refund. Once the registration period has ended, refunds are no longer available.
- All refunds are subject to a non-refundable processing fee (variable based on transaction value) plus a CCN refund administration fee.
- If an athlete withdraws from an event on race day, they are not eligible for a refund and the rider must inform the President of the Commissaire Panel of their withdrawal. Failure to notify the President may result in a fine.
- OC reserves the right to issue refunds in other rare and exceptional cases. Injury, loss/change of employment, or a move away from town such that the participant can no longer attend, will not be considered.

## Eligibility and Ability-Based Categories

- All participating athletes must be MNCC certified through NCIM. However, if an athlete has previous experience training and racing at another velodrome, they are eligible to take the Race-Ready Assessment through NCIM. Race Ready Assessments are offered the morning prior to YTDS events. If the Race-Ready Assessment is successfully completed, the athlete will receive their MNCC certification. For more information about the Race-Ready Assessment and how to register, [please click here](#).
- Athletes who have raced at NCIM/FCV-sanctioned race nights should consult with their coach to determine the category that best suits their abilities. The onus will be on the athlete's coach to make this determination.
- Any athlete that does not have a coach but has raced NCIM/FCV races should contact OC to determine their race category.
  - Assessments of track competencies include:
    - Ability to ride safely and confidently in a pack
    - Ability to move up and down the track (ie. Above the blue line)
    - Exhibits spatial awareness (ie. Shoulder checks)
- YTDS are run using ability-based categories. The ability-based format allows athletes to self-seed from Categories A to E, based on their ability and experience level, not gender and age. The ability-based format is designed to provide meaningful competition for all riders and to help ensure appropriate participation numbers for quality racing.





# YOUTH TRACK DEVELOPMENT SERIES



## Category Selection Guidelines

The guidelines and different ability-based categories are in place to help ensure that athletes will be racing with other athletes of the same caliber and ability level. Please contact OC if you have any questions.

Category	Suggested Seeding
A Grade	<ul style="list-style-type: none"><li>• Junior Men competitive within the OCup Series</li><li>• Junior Men generally in the top third of the field at National Championships</li><li>• U17 Men finishing at the top at Provincial or National Championships</li><li>• Category Capacity = 24 riders</li></ul>
B Grade	<ul style="list-style-type: none"><li>• Junior Women competitive within the OCup Series</li><li>• U17 Men finishing middle of the pack at Provincial Championship</li><li>• U17 Women in the top third of the field at Provincial and National Championships</li><li>• U15 Men competitive at U17 National Championships</li><li>• Category Capacity = 24 riders</li></ul>
C Grade	<ul style="list-style-type: none"><li>• U17 Women finishing in the pack at Provincial and National Championships</li><li>• U15 Men finishing in the pack at Provincial Championships</li><li>• U13 Men/Women with advanced skill and physical maturity</li><li>• Category Capacity = 24 riders</li></ul>
D Grade	<ul style="list-style-type: none"><li>• U13 Women with race experience and/or advanced physical strength</li><li>• U11 Men with race experience and/or advanced physical strength</li><li>• Category Capacity = 24 riders</li></ul>
E Grade	<ul style="list-style-type: none"><li>• U13 Women</li><li>• U11 Men/Women</li><li>• Category Capacity = 24 riders</li></ul>





# YOUTH TRACK DEVELOPMENT SERIES



## Schedule of Events

Day	Time	Event	Category	# of Laps
Sat. Jan 28 <sup>th</sup>	11:00 – 11:45am	Rider Confirmation/Bib Pick-Up	All	
	11:30-12:20	Open Training (bibs required)		
	12:00-12:15pm	Team Manager's Meeting		
	12:30-3:30pm	Chariot Race Qualifying	A	1.5
			B	1.5
			C	1.5
			D	1.5
			E	1.5
		Scratch Race	A	24
			B	20
			C	16
			D	12
			E	8
	Kilo (Para)	Para M/W	4	
	Snowball	A	24	
		B	20	
		C	16	
		D	12	
		E	8	
	Chariot Race 1 <sup>st</sup> Final	A	1.5	
		B	1.5	
		C	1.5	
		D	1.5	
		E	1.5	
	Chariot Race 2 <sup>nd</sup> Final	A	1.5	
		B	1.5	
		C	1.5	
		D	1.5	
		E	1.5	
	Chariot Race 3 <sup>rd</sup> Final	A	1.5	
		B	1.5	
		C	1.5	
		D	1.5	
		E	1.5	







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	Chariot Race 4 <sup>th</sup> Final	A B C D E	1.5 1.5 1.5 1.5 1.5
	Chariot Race 5 <sup>th</sup> Final	A B C D E	1.5 1.5 1.5 1.5 1.5
	Individual Pursuit (Para)	Para M/W	16
	Tempo	A B C D E	30 20 20 12 12
	Longest Lap	A-E	1
<b>END OF RACING</b>			
	Additional training opportunity for YTDS #3 participants such as: 1) Standing Starts 2) Flying 200s 3) Motor pacing Drills		

\*A more detailed schedule and more information will be posted in the Tech Guide closer to the event date







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## Start Lists & Results

Manual timing will be used for the YTDS. All data will be used to categorize athletes to ensure they continue to be placed in appropriate competition categories. The recorded finishing order will be approximate and finishers in the main bunch will be placed as accurately as possible by the volunteers at the finish line. As such, it is possible that athletes finishing together in a bunch may all receive the same finishing place.

Preliminary results will be posted on the OC website throughout the day. An official copy will be found on the OC website following the event.

## Gear Restrictions

Category	Gear Restrictions
A Grade	7.93m
B Grade	7.12m
C Grade	6.71m
D Grade	6.71m
E Grade	6.71m

## Rider Confirmation/Sign-In

- Please bring your **2023 Provincial Race License** or **2023 UCI Race License** to the Rider Confirmation/Sign-In table to pick up your bib number for the event
- Rider Confirmation/Sign-In will close 30-minutes prior to the start of the first race
- An OC staff will be present at the Rider Confirmation/Sign-In desk to assist with rider licensing issues

## Number Placement

- Bib numbers are available for pick-up at the registration desk
- Bib numbers are to be placed on the back of the rider's jersey per the image below





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## Warm Ups/Open Training

- Riding on the track will be available during the hour before the start of the first event.
- There will be a limit of 30 people on the track at any given time.
- All riders must enter and exit from the backstraight and be wearing their bib numbers.
- Standing starts will not be allowed.
- A commissaire will control and manage the open training session.

## General Rules & Regulations

- The races will be held under the rules of the UCI with CC and OC modifications
- The CC & OC rules are available at: [www.ontariocycling.org/officials](http://www.ontariocycling.org/officials)
- Pre-race roll-out is mandatory from 11:45-12:20pm. Only 1 roll-out is required for the entire event, as long as the rider stays in the same category. If a rider changes categories, they will need to get their bike checked again.
- **Team Manager's meetings will be held at 12:00 PM** on race day, located within the hallway at the bottom of the stairs below Corner 4. An announcement will be made beforehand. Reminder that the Team Manager's meeting is mandatory for the club representative and individual representative.
- For your safety, if you withdraw from the event for any reason, you must inform the nearest Commissaire that you will no longer be racing. Riders not reporting to the Commissaire may be subject to a fine.
- You are required to wear an approved, regulation cycling helmet at all times while riding your bike.
- Do not ride down the ramp. Riders are to walk their bikes down. Failure to do so may result in being pulled from future events.
- Should a Commissaire or OC feel that a rider is unfit to race for any reason, the OC reserves the right to remove the rider from the event, for their own safety and the safety of others.
- Races will start promptly – riders late or missing their starts (including delaying their race start) may be fined.
- Pits will be pre-assigned by an OC staff member on the day of the race, based on club registration numbers. Team flags are permitted. Advertisements in pits are not permitted.
- **Coaching from the infield** is permitted, however climbing, and hanging onto structures not designed for those purposes, such as railings, is not. Ontario Cycling takes the health and safety of all event attendees into consideration.





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- Nobody is allowed to cross the track to access the infield from the stands, and vice versa.
- Aero bars and aero helmets are prohibited.
- Disc wheels are prohibited. The maximum wheel rim depth is 40mm.
- Riders may be pulled from a race if they present a safety concern to other riders and/or have been lapped twice, at the sole discretion of the Commissaire's panel.
- For safety reasons, in the case of a mishap during a mass start race, riders in C, D, or E categories will not be permitted to re-enter the race. Athletes in categories A or B will have 5 laps to resume racing. No one may re-enter a race within the final kilometre (4 laps).





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## Infield Policy

- Only team-identified personnel are permitted in the in-field, at the sole discretion of OC.
- A maximum of (5) personnel per club is permitted while attempting to minimize gathering.
- Independent riders are permitted one (1) support person.
- Club presidents or identified representatives must **pre-register personnel one week prior to each OCup** by filling out this [Google Form](#)
- All team personnel are required to check-in at registration for an infield wristband.
- All Club representatives must attend the Team Manager's meeting.
- The clubs are responsible for the conduct of their infield personnel and must ensure compliance with the OC Code of Conduct and policies.

## Awards

- The Youth Track Development Series is designed to optimize the development of our young athletes rather than competition. Therefore awards are not given out at these events.

## Event Safety

- First aid will be provided by Odyssey Medical and will be located in the in-field area.
- Access to trackside for video and photography is reserved for media personnel who have completed Media Training as approved by the OC and is at OC's sole discretion.





# YOUTH TRACK DEVELOPMENT SERIES

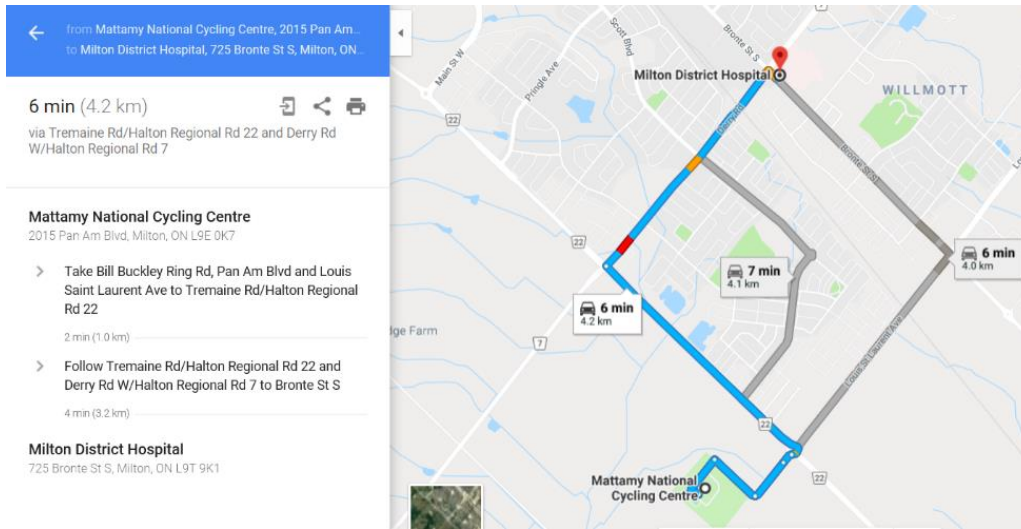


## COVID-19

- All participants are strongly recommended to wear a mask when they are not riding, drinking, or eating.

## Hospital Information

Milton District Hospital  
 725 Bronte Street South, Milton  
 905-878-2383





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## Race Formats

Over the course of the series, these events will be featured. The # of laps may be modified depending on the schedule and timing. Please check the schedule for # of laps.

Race	Description	Cat.	# of Laps
Individual Pursuit	An individual timed event where 2 riders begin from a stationary position on opposite sides of the track.	Para	16
Flying 200m	An individual timed event where the rider has 2 laps to reach their maximum speed before reaching their last 200m.	Para	3
Kilo	An individual timed event where two riders are up on the track at the same time (one on the back straight and one on home) and are held by a neutral holder. Riders race 1km. Manual timing will be used.	Para	4
500m Time Trial	A 500 meter standing start timed event. Two riders will start on opposite sides of the track at the same time, with a held start and countdown.	A-E	2
Chariot Race	Seeding of riders is determined by results from the 500m Time Trial. Riders are held in order on the backstraight. Riders will sprint for 1.5 laps when they hear the whistle. The first rider across the finish line is the winner. Every rider will get a second race in a final (there will be consolation races based on where each rider finishes).	A-E	1.5
Scratch Race	Riders begin the race together after a single lap neutral start. Objective is to be first over the finish line after a certain number of laps.	A	24
		B	20
		C	16
		D	12
		E	8
Tempo Race	Riders begin the race together after a single lap neutral start. 1 point is awarded to the first rider of each lap from the second lap to the last lap. Double points will not be awarded for the last sprint and points will not be awarded for lapping the field. The winner of the race will have the most points at the end of the race.	A	30
		B	20
		C	20
		D	12
		E	12
Points Race	Riders begin the race together after a neutral start. 5, 3, 2, and 1 point(s) are awarded to the top four finishers of each sprint. Sprint laps are denoted in brackets beside the total number of laps. Double points will not be awarded for the last sprint and points will not be awarded for lapping the field. The	A	40 (10)
		B	30 (5)
		C	20 (5)
		D	16 (4)
		E	12 (3)







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	winner of the race will have the most points at the end of the race.		
Snowball	Points are awarded to the winner of every lap, increasing in value. (ie. First lap = 1 point, Second lap = 2 points, Third lap = 3 points and so on). The final placing of riders is determined by their total accumulated points. For riders without accumulated points, placing will follow riders with points and is determined by finishing order.	A	24
		B	20
		C	16
		D	12
		E	8
Keirin	Riders start from the inner rail on the back straight (racing order will be drawn before the start). The Moto will roll away at a slow pace to ensure all riders are on by the front straight. Race will start on the front straight. Number in brackets denotes the number of laps behind the derny.	A	6 (3)
		B	4 (2)
		C	4 (2)
		D	3 (2)
		E	3 (2)
Longest Lap	Athletes begin by slowly rolling up onto the track on the home straight. They remain there for an undisclosed amount of time, attempting to track stand or roll as slowly as possible while maintaining balance. Once the Commissaire blows the whistle, a one lap race ensues. The first rider to complete the lap wins.	A-E	1

Riders must participate in all races.







# YOUTH TRACK DEVELOPMENT SERIES



## Participant Survey

In order to continue to better our events, we need your feedback! [Click here](#) to fill out a survey or scan the QR code below.

## EVENT PARTICIPATION FEEDBACK



PLEASE SUBMIT YOUR FEEDBACK

## Volunteers

Thank you to all volunteers who dedicate their time to make these events possible. If you are interested in volunteering at future events, please contact [events.team@ontariocycling.org](mailto:events.team@ontariocycling.org)





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Sponsors



**Book your accommodation now with Staybridge Suites on the border of Oakville and Burlington!**



**2511 Wyecroft Road Oakville-Burlington  
Tel: 905-847-2600**

Special discount for Ontario Cycling event participants:

- **\$109** plus tax for **single occupancy**
- **\$139** plus tax for **double occupancy**

Use discount code **"ONC"** when booking for your special rate

The Staybridge Suites Oakville features include:

- Wireless Internet
- 24 renovated Fitness Center
- Indoor Heated pool
- On-site laundry facilities
- Complimentary breakfast
- Daily housekeeping





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## TRACK BIKE RENTALS

Single Rental - \$13.50

10 Pack - \$90

Bronze Annual Package - \$540



Available at the Bike Shop  
The Fix Coffee shop or online  
[www.thefixvelodrome.ca](http://www.thefixvelodrome.ca)





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## The Fix Coffee & Bikes

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Espresso.  
Cappuccino.  
Americano.  
Tea  
Breakfast Sandwiches  
Grilled Sandwiches  
Velobike Track Parts  
Bike Rentals  
Repairs & Service





# YOUTH TRACK DEVELOPMENT SERIES



Ontario Cycling is proud to present the 2022-23 Youth Track Development Series/ OCup Track Series Crewnecks. Show off to your friends and family and order your warm and stylish Track Series Crewneck today!



## Product features:

- 65% polyester, 35% cotton
- Youth Unisex sizing: XS – XL
- Adult Unisex sizing: XS - 2XL

**Price: \$35.00 + HST**

The crewneck will be available for purchase throughout the Track Season. Shipping will not be available. All orders are to be picked up at the registration desk from the velodrome (2015 Pan Am Boulevard, Milton) during the OCups/YTDS events listed below. If you would like to pick up during office hours, please contact [events.team@ontariocycling.org](mailto:events.team@ontariocycling.org) to make special arrangements.

Order Deadlines are as follows:

**November 30** for pick up at YTDS and OCup #1

**January 4** for pick up at YTDS and OCup #2

**February 1** for pick up at OCup #3 and Youth Finale

