

# ***Ontario Cycling Association 2022 Track Provincial Championships***



**Ontario Provincial  
Championships**

Track Series  
**March 4<sup>th</sup> - 6<sup>th</sup>, 2022**

**Mattamy National Cycling Centre  
Milton, Ontario**

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## **Technical Guide**

**Version 3.0**  
March 2<sup>nd</sup>, 2022

## GENERAL INFORMATION

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### EVENT OVERVIEW

Ontario Cycling Association (OCA) is proud to present the 2022 Track Provincial Championships, held at the Mattamy National Cycling Centre in Milton, Ontario. This event is the premier track event that represents the best of track cycling, drawing top riders from each discipline and age group to Milton for the three-day event. The official Technical Guide covers the relevant rules and procedures for the 2022 Track Provincial Championship events.

### DATE & LOCATION

Friday, Saturday, Sunday March 4<sup>th</sup>-6<sup>th</sup> 2022

Mattamy National Cycling Centre  
2015 Pan Am Blvd. Milton, Ontario L9E 0K7

- The 2022 Track Provincial Championships are sanctioned and governed by the Ontario Cycling Association and will take place on the dates and times scheduled.
- The 2022 Track Ontario Provincial Championships are organized according to the distances and regulations adopted for the National Championships, as established by Cycling Canada. Some exceptions may apply.
- The Mattamy National Cycling Centre velodrome is an indoor 250m track, made of Siberian spruce built in 2014.
- If necessary, racing format may be changed at the discretion of the OCA and Chief Commissaire.

### COMMISSAIRES

<i>Position</i>	<i>Name</i>
<i>Chief Commissaire</i>	Ed Sitarski
<i>Judge Referee</i>	Benjamin Hill
<i>Starter</i>	Marie-Eve Potvin
<i>Finish Judge</i>	Steve Head
<i>Timekeeper</i>	Maryam Abedi
<i>Bike Check</i>	Andy Makarewich
<i>Member</i>	Kevin Scheerer
<i>Member</i>	Brad Slade

### OCA EVENT CONTACTS

<i>Position</i>	<i>Name</i>
<i>Technical Delegate</i>	Chantal Thompson
<i>Track Event Operations Manager</i>	Mel Crosby
<i>Membership/Licensing</i>	Chris Baskys
<i>Timing</i>	Racetiming.ca
<i>Medical</i>	Odyssey Medical

Questions or concerns can be directed to the OCA office at 416-855-1717 or [events.team@ontariocycling.org](mailto:events.team@ontariocycling.org)

## REGISTRATION INFORMATION

- This event is pre-registration only. Registration is available at <https://ccnbikes.com/#!/events/2022-ontario-track-provincial-championships>
- As this is a Provincial Championship event, registration is prioritized and **open only to Ontario Residents until Wednesday February 23<sup>rd</sup> at NOON** after which registration will then open up for out of province riders
- A 24-rider cap has been placed on the bunch race events (Scratch, Elimination, Points). **Register early to reserve your spot.** No other registration caps will be implemented for the competition weekend.
- In the event that a race reaches capacity, please contact the OCA office at 416-855-1717 to be added to the wait list
- Registration closes on **Tuesday, March 1<sup>st</sup> at 12:00 PM - NOON.**
- Late entry requests may be permitted at our discretion and subject to a \$50 late fee until Thursday, March 3<sup>rd</sup> at 12:00 PM, pending availability
- Only 2022 Ontario Provincial Race License and UCI Licensed riders may compete. Out of province/country riders, along with approved upgraded U15s are welcome, subject to availability.
- Riders must have in their possession a valid 2022 UCI license or Provincial Race License with a track code, to present at registration either as a physical card, or on their phone
- Due to setup requirements, participants are asked to refrain from entering and setting up on the in-field until registration (sign on / confirmation) has opened

## ENTRY FEES

Event	Registration Open until Mar 1 <sup>st</sup> at 12:00 PM - NOON
Sprint	\$50 +HST
Individual Pursuit	\$50 +HST
Time Trial	\$40 +HST
Keirin	\$40 +HST
Scratch	\$40 +HST
Elimination	\$40 +HST
Points	\$40 +HST

## REFUND POLICY

- A rider must withdraw prior to the end of registration in order to be eligible to receive a refund. Once the registration period has ended, refunds are no longer available.
- All refunds are subject to a non-refundable processing fee (variable based on transaction value) plus a CCN refund administration fee.
- If an athlete withdraws from the event on race day, they are not eligible for a refund and the rider must inform the Chief Commissaire of their withdrawal. Failure to notify the Chief Commissaire may result in a fine.
- OCA reserves the right to issue refunds in other rare and exceptional cases. Injury, loss/change of employment, or a move away from town such that the participant can no longer attend, will NOT be considered.

## EVENT CATEGORIES

- **Riders must enter their National Age Category, regardless of previous upgrades**
- Categories may be combined based on number of entries or at the discretion of the OCA
- Some categories have already been combined as listed in the schedule below due to historically low numbers to provide the best racing experience for all athletes
- It is recommended that a minimum of ten (10) riders be registered within each bunch race category for categories to stand as listed
- Medals will still be awarded to each of the combined categories
- All riders **MUST** be in possession of a 2022 UCI Race License or Ontario Provincial Race License with the Track designation
- All individuals racing must have track certification

## SCHEDULE AND DISTANCES OF EVENTS - FRIDAY

Please note there will NOT be open training on the track before competition begins or during breaks or pauses within competition.

Friday March 4 <sup>th</sup> 2022				
Time	Events	Category	Distance	Laps
Registration Open 9:00am – 11:00am	Sprint Qualifier	U17 Women	875 m	3.5
		U17 Men		3.5
		Junior Women		3.5
		Junior Men		3.5
		Elite/Master Women		3.5
		Elite Men		3.5
		Master A/B Women (Combined)		3.5
		Master C/D Men		3.5
		Master A/B Men		3.5
		Master A Men (Combined)		3.5
Managers Meeting @9:30am	Sprint 1/4 Finals	U17 Men	750 m	3
		U17 Women		
		Elite/Master Women		
		Elite Men		
Racing Begins @10:00am	Sprint 1/2 Finals	Those that qualify: Best 2 of 3 for all categories	750 m	3
	Sprint Finals	Those that qualify: Best 2 of 3	750 m	3
Session 2 Begins @1:00pm				

Start Lists & Results will be available at [racetiming.ca](http://racetiming.ca)

## SCHEDULE AND DISTANCES OF EVENTS - SATURDAY

Please note there will NOT be open training on the track before competition begins or during breaks or pauses within competition.

Saturday March 5 <sup>th</sup> 2022							
Time	Events	Category	Distance	Laps			
<b>Registration Open</b> <b>8:00am – 11:00am</b>  <b>Manager Meeting</b> <b>@8:30am</b>  <b>Racing Begins</b> <b>@9:00am</b>	Individual Pursuit	<del>U17 Women (Moved)</del>	2 km	8			
		<del>U17 Men (Moved)</del>					
		Master B Women					
		Master A Women					
		Master D Men					
		Master C Men					
		Master B Men			3 km	12	
		Master A Men					
		Medal Break			All IP categories listed above		
		Individual Pursuit			U17 Women	2 km	8
	U17 Men						
	Junior Women		3 km	12			
	Junior Men						
	Elite Women						
	Elite Men				4 km	16	
Para Women	3 km		12				
Para Men	4 km		16				
<b>Registration Open</b> <b>12:00pm – 2:00pm</b>  <b>Session 2 Begins</b> <b>@2:00pm</b>	Time Trial	U17 Women	500 m	2			
		U17 Men					
		Master B Women					
		Master A Women					
		Master D Men					
		Master C Men					
		Master B Men	750 m	3			
		Master A Men	1 km	4			
		Junior Women	500 m	2			
		Junior Men	1 km	4			
		Elite Women	500 m	2			
		Elite Men	1 km	4			
		Para Women	500 m	2			
		Para Men	1 km	4			
		<b>Registration Open</b> <b>4:00pm – 5:00pm</b>  <b>Session 3 Begins</b> <b>@5:00pm</b>	Keirin	Master C/D Men	1.5 km	6	
Master A/B Men							
U17 Women							
U17 Men							
Junior/Elite/Master Women							
Junior Men							
Elite Men							

Start Lists & Results will be available at [racetiming.ca](http://racetiming.ca)

## SCHEDULE AND DISTANCES OF EVENTS - SUNDAY

Please note there will NOT be open training on the track before competition begins or during breaks or pauses within competition.

Sunday March 6 <sup>th</sup> 2022				
Time	Events	Category	Distance	Laps
<b>Registration Open</b> <b>8:00am – 11:00am</b>  <b>Manager Meeting</b> <b>@8:30am</b>  <b>Racing Begins</b> <b>@9:00am</b>	Scratch	U17/Master A/B Women	5 km	20
		U17 Men	5 km	20
		Master C/D Men	7.5 km	30
		Master A/B Men	10 km	40
		Junior/Elite Women	7.5 km	30
		Junior Men	7.5 km	30
		Elite Men	10 km	40
	Elimination	U17/Master A/B Women		
		U17 Men		
		Master C/D Men		
		Master A/B Men		
		Junior/Elite Women		
		Junior Men		
	<b>Registration Open</b> <b>12:00pm – 2:00pm</b>  <b>Session 2 Begins</b> <b>@1:00pm</b>	Points	U17/Master A/B Women	10 km
U17 Men			15 km	60
Master C/D Men			10 km	40
Master A/B Men			15 km	60
Junior/Elite Women			20 km	80
Junior Men			20 km	80
Elite Men			20 km	80

Start Lists & Results will be available at [racetiming.ca](http://racetiming.ca)

## RIDER CONFIRMATION

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- The registration desk located on the infield, will be open for rider confirmation and bib number pick up during the following hours:
  - **Friday, March 4<sup>th</sup> between 9:00AM-11:00AM**
  - **Saturday, March 5<sup>th</sup> between 8:00AM-11:00AM, and again from 12:00PM to 5:00PM**
  - **Sunday, March 6<sup>th</sup> between 8:00AM-11:00AM, and again from 12:00PM to 2:00PM**
- All riders must report to the registration desk during the above hours before the start of their first event in order to confirm their participation in the events within the championship
- Bib pickup outside the above hours is at the race organizer's discretion

## IN-FIELD PIT ASSIGNMENTS

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- In-field pits will be assigned by the OCA at their sole discretion based on registration numbers and team size.
- Individual riders can use spaces identified for them on a first come first serve basis each day. Please be courteous to other riders needing space.
- Advertising is not permitted on infield pits and no alterations are permitted to the in-field pits.
- Access to the in-field is limited. Only licensed athletes, coaches, and operational/event personnel are allowed in the in-field
- Spectators, spouses, parents, friends and photographers are not permitted on the in-field and must watch from the stands
- Riders are allowed to leave their bikes and equipment in their pits overnight or between sessions however the Ontario Cycling Association, Mattamy National Cycling Centre and the Town of Milton assume no responsibility for any equipment that is lost, damaged, stolen or relocated

## IN-FIELD POLICY

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- Only team-identified personnel are permitted in the in-field, at the sole discretion of the OCA
- A maximum of (5) personnel per club is permitted while attempting to minimize gathering
- Independent riders are permitted one (1) support person
- Club presidents or identified representatives must **pre-register personnel by March 3<sup>rd</sup>, 2022** by sending an email to [events.team@ontariocycling.org](mailto:events.team@ontariocycling.org)
- All team personnel are required to check-in at registration for an in-field wristband
- Access to the infield / restricted area / mixed zone / venue with a camera, Go-Pro or anything else besides a mobile to create media content such as pictures, videos, or journalistic texts will need to obtain accreditation from the Ontario Cycling Association.
  - The journalist's name and contact details (email address, mobile number) must be submitted via email to [patrik.zimmermann@ontariocycling.org](mailto:patrik.zimmermann@ontariocycling.org) by 12:00 pm the day prior to the competition event in order to apply for accreditation.
- The clubs and participants are responsible for the conduct of their infield personnel and must ensure compliance with the OCA Code of Conduct and policies which includes both sporting rules as well as masking/distancing
  - If an event attendee is found to not be following the rules outlined within this technical guide, they will receive up to three (3) documented warnings before being issued a \$50 fine. If the misconduct continues, additional interventions may result including but not limited to increased fines and removal from the competition/premises.

## EVENT SAFETY

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- First aid will be provided by Odyssey Medical and will be located in the in-field area.
- For your safety, if you withdraw from the event for any reason, you must inform the nearest Commissaire that you will no longer be racing. Riders not reporting to the Commissaire may be subject to a fine.
- You are required to wear an approved, regulation-cycling helmet at all times while riding your bike.
- Do not ride down the ramp. Riders are to walk their bikes down. Failure to do so may result in a fine, or being pulled from future events.
- Access to trackside for video and photography is reserved for media personnel who have completed Media Training as approved by the OCA and is at our sole discretion.
- Should the Commissaire or OCA feel that a rider is unfit to race for any reason, the OCA reserves the right to remove the rider from the event, for their own safety and the safety of others

## COVID-19 RULES & REGULATIONS

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- All 2021/2022 Track Events will follow government imposed masking, distancing and sanitizing protocols
- All attendees at the event are expected to wear a mask at all times except when:
  - Engaged in the sporting activity (ie. On the track, on rollers)
  - Actively eating or drinking
- Masking and distancing rules apply to all attendees including athletes, coaches, volunteers, staff, Commissaires and photographers
- In-field access will be monitored and limited to necessary personnel
- COVID-19 policies and procedures including distancing and masking will be followed during awards ceremonies for all athletes, photographers, coaches, staff, spectators and volunteers

## YOUTH UPGRADE REQUESTS

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- At the Provincial Championships, unlike Ontario Cup racing, athletes must race in the National age category on their license regardless of previous upgrades
- 2<sup>nd</sup> year U15 riders subject to upgrade policy may be eligible for an upgrade to race U17, subject to availability
- All upgrade requests must be submitted to the upgrade committee as per the upgrade policy by Tuesday, **February 22<sup>nd</sup>** at 12:00 PM – NOON
- The approval of an upgrade to race provincials does not ensure a spot will be available if fields are filled
- Upgrade policy documents are available on the OCA website under forms and literature

## U17 RIDER RESTRICTIONS

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- There is a maximum rollout of 7.12m for both U17 and upgraded U15 riders (Suggested Gearing: 50/15)
- Use of TT or aero equipment (aero bars) will be allowed for U17
- Full carbon disc wheels will not be allowed for U17 (maximum rim depth 40mm)



## NUMBER PLACEMENT

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- All riders must wear two (2) bib numbers except for the following events, where only one (1) bib is required on the centre back: Kilo/500 TT and Individual Pursuit
- Bib numbers shall be placed according to the following diagrams



Kilo / 500 TT, Individual Pursuit

## ANTI-DOPING

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- All racers are subject to doping control. A CCES inspector may require you to participate in testing protocols at their discretion. The OCA expects all riders to adhere to the Race Clean program.
- Athletes participating in the Track Ontario Provincial Championship who require the use of a medication that is included on the prohibited list must apply for a Therapeutic Use Exemption (TUE) prior to participating in the event. This applies to all categories of athletes. To obtain forms and TUE requirements, athletes are encouraged to visit the TUE Wizard: <http://cces.ca/medical-exemptions>

## AWARDS

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- Podium presentations will occur for the top three (3) athletes in each category, for each event
- If a non-Ontario participant finishes in the top three (3) placings, a separate podium will be held
- An Ontario participant is defined as anyone duly licensed by the OCA
- Should categories be combined as a result of low participation numbers, medals will be awarded for all Provincial Categories regardless of number of riders present
- Medals will be picked up by award winners in a contact-less fashion
- Riders must attend the awards ceremonies or risk forfeiting their medals
- COVID-19 policies and procedures including distancing and masking will be followed during awards ceremonies for all athletes, photographers, coaches, staff, spectators and volunteers
- Podium protocol shall be enforced and fines issued to those who fail to comply. Riders must wear their competition uniform for medal presentations. No hats or sunglasses are permitted on the podium.

## GENERAL RULES & REGULATIONS

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- The races will be held under the rules of the UCI with CC and OCA modifications
- The CC & OCA rules are available at: <http://www.ontariocycling.org/commissaires/commissaires-rules/>
- Aside from U17 rollout, there will be no official pre-race bike-check taking place during the Sprint and Bunch race events on Friday and Sunday. Bike check will take place during the timed events on Saturday. Riders are required to ensure that their bikes are compliant and visit bike check before each of their races on Saturday March 5<sup>th</sup>.
- **A team manager's meeting will be held 30 minutes before racing begins on the track each day of competition.** This meeting will be located within the hallway at the bottom of the stairs below corner 4 and an announcement will be made beforehand.
- Races will start promptly – riders late or missing their starts may be fined
- Pits will be pre-assigned by an OCA staff member on the day of the race, based on club registration numbers. Team flags are permitted. Advertisements in pits are not permitted.
- **COACHING FROM APRON:** New for the 2021/2022 season, races will follow UCI Regulation 3.1.012 “During all track events, except Team Pursuit and Individual Pursuit, all team staff shall remain on the infield (off the safety zone and track). Specific team staff may be permitted to access the safety zone (i.e. the mechanic following a crash) at the Commissaires’ discretion.”
- **Coaching from the infield** is permitted, however climbing and hanging onto structures not designed for those purposes, such as railings, is not permitted. The Ontario Cycling Association takes the health and safety of all event attendees into consideration.
- In case of an accident, spectators are NOT PERMITTED to cross the track
- All athletes must report to bike check before the start of the Time Trial and Individual Pursuit event. U17 riders will undergo rollout at the beginning of the Sprint competition on Friday, and before their various events on Saturday and Sunday. Failure to report to bike check before your event may result in a refusal of start or disqualification. It is the rider's responsibility to allow sufficient time for bike check before the start of the race.

## EVENT SPECIFIC REGULATIONS

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### Sprint

- 1/16, 1/8 and 1/4 finals will consist of one (1) round. Semi-finals will be best two of three for all categories as well as all finals will be best two of three.
- For categories between 8 and 15 qualifiers, we will proceed with a quarter-final (8-rider tournament). For categories with 4-7 qualifiers, we will proceed with a semi-final (4-rider tournament). For categories with less than 4 qualifiers, we will proceed directly to a final. Tournament progression is at the discretion of the organizer.

### Keirin

- There may be combining of categories. There must be at least 4 starters to hold a race. Riders in categories with fewer than 4 starters may be combined with another category.
- If there are 7 or fewer riders, the event will be run as a direct final.

## Scratch, Elimination and Points

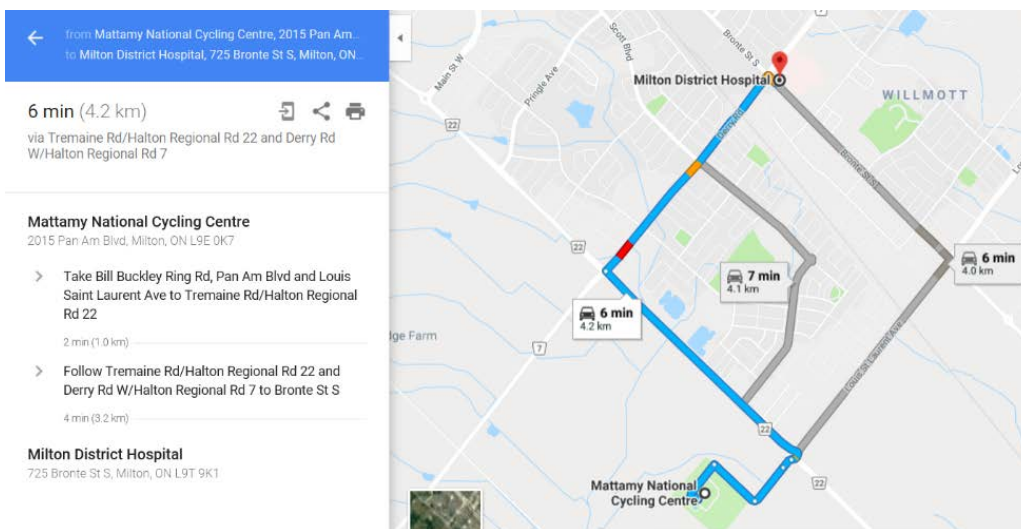
- The OCA reserves the right to combine categories where there are less than 10 starters
- It is important to note that if categories are combined, the races will be run as a single event whereby points are awarded as such. The separate category podiums will be broken out after the fact based on overall results.
- There will be a category limit of 24 entries for scratch races so register early to secure your spot

## Individual Pursuit / Kilo / 500M

- This will run as a direct final
- In the Individual Pursuit, if a rider is caught, they must continue and complete the distance in order to receive a time and be placed in the standings. Caught riders must not draft, nor may they attempt to re-pass.

## Hospital Information

- The nearest hospital is:  
**Milton District Hospital**  
**725 Bronte Street South, Milton**  
**905-878-2383**



## Thank You!

Thank you to all of our volunteers who dedicate their time to making events like this possible.

If you or anyone you know are interested in volunteering at future events, please contact

[events.team@ontariocycling.org](mailto:events.team@ontariocycling.org)



2511 Wycroft Road Oakville-Burlington  
Tel: 905.847-2600

Special discount for Ontario Cycling Association event participants:

**\$89** plus tax for **single occupancy** or

**\$119** plus tax for **double occupancy**

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**Now Open  
Coffee Shop  
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the Mattamy National Cycling  
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Open during all events and  
race nights**