

TOCCX

2019

"Good Muddy Fun"

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TORONTO CYCLOCROSS PROVINCIAL CHAMPIONSHIPS October 27th, 2019



Sanctioned by the
Ontario Cycling Association

Technical Guide
Version 1.1 – October 21st, 2019



Race Organization

Race Director – Andrew Paradowski

Venue Manager – Iman “Mark” Ansari

Logistics Manager – Rick Doherty

Registration – Barbara Paradowski

OCA Technical Delegates – Taylor Curran & Darren De Ruiter

Commissaire Panel

PCP – Scott Doel

Secretary – Chantal Thompson

Finish Judge – Edward Sitarski

Member – Jeff Kerton

Timing, Scoring, & Results

The logo for RACETIMING.CA is displayed in a yellow rectangular box. The text 'RACETIMING.CA' is rendered in a pixelated, digital font. 'RACE' is in red, 'TIMING' is in blue, and '.CA' is in black.

All results will be posted online after each event at www.racetiming.ca. In order to run a greener event, no paper copies will be posted. It is your responsibility to check the online results before protocol ceremonies begin.

QUESTIONS

Read and review the tech guide prior to the race day.

Direct any questions to events.team@ontariocycling.org



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Ontario Cycling Association**



Title Sponsor

“The Velo Love Bike Shop”

Brian walked into Impala Bicycles in Richmond Hill one October evening, in search of his dream bicycle; the Cervélo S5. He was met by Kayla who showed him the bike, did her top notch sales pitch ;), had him test ride it, and upon his return he left a deposit. After a couple more visits to the store, Kayla decided it was time to ask Brian out on a date. A few dates later.... Brian asked Kayla to marry him! (yay!)

Impala Richmond Hill was set to close when the lease expired in December 2015, and we decided that it would be so great to own the shop that brought us together! So here we are... We now have our own identity as The Velo Love Bike Shop-- the shop with heart, and built on love.

We have a passion for cycling just as much as you do! From repairs to sales, heck, we even do art and interior design, we're here for you.

Come on in, and see what's new--there's always something!



WWW

<https://www.thevelolove.com>



@thevelolove



/thevelolove

General Information

- This event is sanctioned by the Ontario Cycling Association
- Rules of the OCA/Cycling Canada/UCI will apply
- The Toronto Cyclocross Provincial Championships race will take place at the date and time scheduled. There will be no extension due to unforeseen delays or prolonged stoppages.
- Entry fees are non-refundable.

Registration Information

- Registration is available online at CCN Bikes <https://ccnbikes.com>.
- Provincial Championship events are open to OCA licensed members, including citizen permits (where applicable) and Ontario issued UCI license holders, and to out of province UCI Licence holders (who are not eligible for the championship or medals).
- Riders must have a cyclo-cross code on their license and race in the age-based category as indicated by the National category code on their license.
- There is NO day of registration available for championship categories, only sportif and SS categories.
- No Ontario Cup points are awarded at Provincial Championships
- Entry fee schedule is as follows:
 - o **Regular Price** until 11:59 PM, October 17th, 2019
 - o **Last Minute Price** from 12:00 AM October 17th, 2018 to 11:59 PM October 24th, 2019
- Registration closes 11:59 PM October 24th, 2019.
- **All online fees do not include HST or processing fees**
- Please see schedule grid on page 6 for category pricing.
- The race office opens at 8:00 AM on race day. It is located under the park gazebo near the finish line

Bib Numbers

- Riders are to use their Ontario Cup issued bib numbers, assigned to them from a previous Ontario Cup race.
- Replacement bibs will be issued at the rider's expense, at a cost of \$10.
- Bib numbers must be clearly displayed and accurately placed. Do not fold or cut your bib numbers.
- Please ask for a second timing chip for your pit bike. All timing chips are to be returned at the end of the competition.
- Bibs are to be placed on both arms and the left/right back side of the jersey. Please refer to below diagram.



Licensing Requirements

- All participants shall possess a UCI license or a citizen permit to participate within OCA Ontario Cup sanctioned events.
- Proof of purchase (i.e. receipt) will not be accepted as proof of license. Please ensure you have purchased the correct license as it pertains to your category, prior to race day.
- Riders must race in the correct category as indicated by the National category code on their license. Riders must have a CX code (i.e. CME, CWU23, CMMA, CMMB, etc.) on their license (exception for Citizen Permits).
- Sportif categories are for those riders who do not wish to compete for the Provincial Championship title in their category, and for those with a Citizen Permit.
- Riders licensed in the following categories must compete in their UCI category and may not enter the Sportif race: Elite 1, 2, 3 Men, Master 1, 2, Men.

License Grid

Categories	Citizen Permit	UCI Licence
U13 Women (9-12 years)	X	X
U13 Men (9-12 years)	X	X
U15 Women (13-14 years)	X	X
U15 Men (13-14 years)	X	X
U17 Women (15-16 years)	X	X
U17 Men (15-16 years)	X	X
U19 /Junior Men (17-18 years)		X
Elite Men (19+ years)		X
Elite Women (17+ years)	X	X
Master A Men (35-44 years with Master UCI)		X
Master B Men (45-54 years with Master UCI)		X
Master C Men (55-64 years with Master UCI)	X	X
Master D Men (65+ years with Master UCI)	X	X
Master A Women (35-44 years with Master UCI)	X	X
Master B Women (45-54 years with Master UCI)	X	X
Master C Women (55-64 years with Master UCI)	X	X
Master D Women (65+ year with Master UCI)	X	X
Single Speed Men & Women (17+ years)	X	X
Sportif/Novice Men (19+ years)	X	X
Sportif/Novice Women (19+ years)	X	X

Schedules/Category

Start Time	Category	Approx Duration	Entry Fee reg/last min/day of
9:30 AM	Master C Men (55-64 with Master UCI)	40 minutes	\$40/\$50/NA
	Master D Men (65+ with Master UCI)		\$40/\$50/NA
9:31 AM	Sportif/Novice Men (19+ years of age) non-championship	40 minutes	\$40/\$50/\$70
10:10 AM	Break	20 minutes	
10:30 AM	U17 / U15 / U13 Men	30 minutes	\$25/\$30/NA
	U17 / U15 / U13 Women		\$25/\$30/NA
11:00 AM	Break	30 minutes	
11:30 AM	U19 Men (17-18 years of age)	45 minutes	\$25/\$30/NA
11:31 AM	Master B Men (45-54 with Master UCI)	45 minutes	\$40/\$50/NA
11:32 AM	Master A Men (35-44 with Master UCI)	45 minutes	\$40/\$50/NA
12:15 PM	Break	30 minutes	
12:45 PM	Elite/U23/Junior Women (17+ years of age)	45 minutes	17-18 \$25/\$30/NA
			19+ \$40/\$50/NA
12:46 PM	Master A Women (35-44 with Master UCI)	40 minutes	\$40/\$50/NA
	Master B Women (45-54 with Master UCI)		\$40/\$50/NA
	Master C, D Women (55+ with Master UCI)		\$40/\$50/NA
	Sportif/Novice Women (19+ years of age) non-championship		\$40/\$50/\$70
1:30 PM	Break	30 minutes	
2:00 PM	Elite/U23 Men (19+ years of age)	60 minutes	\$40/\$50/NA
	Single Speed* (17+ years of age) non-championship	45 minutes	\$40/\$50/\$70

* anyone wanting to ride SS after already competing can add on the day for \$30

Start lists will be posted within 24 hours of close of registration

Event Maps

Course Map*

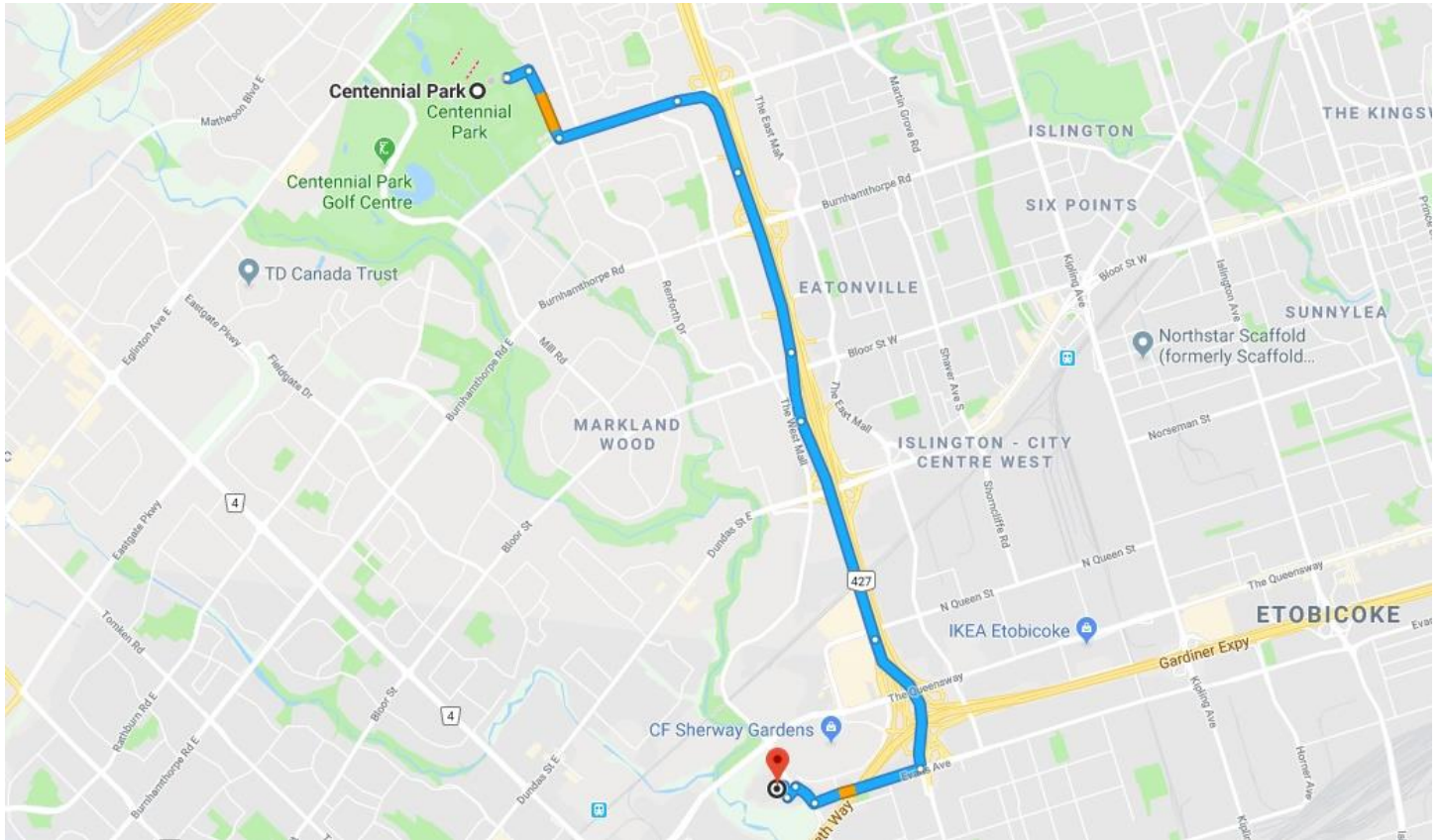


*Subject to change

Site Map
Coming soon

Course Safety

- Event medical will be provided by FRS. There will be an onsite team located near registration.
- The closest hospital is the Trillium Health Partners - Queensway Health Centre 150 Sherway Dr Etobicoke, ON M9C 1A5



- In case of lightning, the race may be delayed or cancelled. If you are informed that the race has been stopped due to lightning, you are advised to seek shelter until the race can resume.
- For your safety, if you withdraw from the event for any reason, you must inform the nearest Commissaire that you are no longer racing. Any unreported DNF may result in a severe penalty.
- You are required to wear an approved, regulation cycling helmet at all times while astride your bike, from the moment you arrive at the race until you leave. Non-compliance may result in a severe penalty
- Helmets
- The course is open to all park goers. While best efforts will be made to ensure course safety, it is up to each rider to remain vigilant while riding

General Event Rules and Regulations

- The races will be governed under the current UCI Cyclo-Cross rules as amended by CC and OCA. CC and OCA rules are available online at: <http://www.ontariocycling.org/commissaires/commissaire-rules/>
- The UCI penalty scale with CC and OCA modifications will be used for any infractions
- All riders must sign-in at registration on race day at least 30 minutes prior to their start.
- US licensed racers must hold a UCI International license. For insurance reasons, a USA cycling license is not sufficient and is not permitted in Canada.
- All foreign licensed riders, other than US riders must produce a letter of permission from their country's federation. This must be submitted to the OCA in advance of the event and a copy must be provided on race day to the Chief Commissaire.
- Riders must have a valid citizen permit (where applicable) or UCI license to participate.
- An OCA representative will be present at the race to assist with rider licensing issues. Licenses will not be sold on race day.
- Proof of license purchase (i.e. receipt) is not a sufficient proof of license and will not be accepted on race day.
- All riders (or parents/guardians) are required to sign the OCA and CC waivers prior to participating.
- Races will start promptly at the indicated start times.
- There will be no team managers meeting.
- Warming up on the course while a race is taking place is prohibited. As the lead rider crosses the finish line riders will be advised that they may enter the course at a point just beyond the finish and must not interfere with racers completing their last lap. Please courteous to other racers above all else.
- Rider staging will begin 10 minutes prior to race start and call-ups 5 minutes prior. If you are not present for callup you forfeit your starting position.
- Any rider dropping out of the race shall immediately notify a commissaire. If you drop out of a race and do not report to a commissaire, you will be considered and unreported DNF and assessed a penalty.
- A double wheel pit is located on course for servicing equipment and changing bikes or wheels. The pit must be accessed by the designated entrances and riders may not travel backwards or cut the course to reach the entrance, with the exception of a mishap occurring after the pit entrance but before the pit exit (travel back to pit entrance in this case).
- There is no neutral service provided. Riders must supply their own spare wheels or bicycles.
- Lapped riders may be pulled at the order of the commissaire, either after being overtaken or just before being overtaken.
- The 80% rule will be enforced at the discretion of the Chief Commissaire.
- All riders finish on the same lap as the winner. The ringing of a bell will indicate the last lap.
- Results will be posted near registration shortly after each race.
- Upon posting there will be a 15-minute protest period after which time, the results will become official and award presentations will follow promptly.
- In case of lightning, the race may be delayed or cancelled. If you are informed that the race has been stopped due to lightning, you are advised to seek shelter until the race can resume. No refunds will be issued if the race is cancelled.

Equipment Rules

- Cyclocross bicycles conforming with UCI regulations are required in all categories except for U17 and under.
 - A bicycle shall not measure more than 185cm in length and 50cm in overall width.
 - Mountain bikes or bikes with flat-bar handlebars are not permitted.
 - Width of the tire shall not exceed 33mm and it may not incorporate any form of spike or stud.
 - All other categories allow the use of any bicycle; including mountain bikes provided bar end are removed to be used.
- Riders are required to wear jerseys corresponding with the club or team printed on their license. Independent riders and unlicensed riders are required to wear a plain jersey with no significant logos, team names, or advertising displayed on them.
- Sleeveless jerseys are not permitted. ☒ At all times when warming up or participating in the event, riders who are mounted on a bicycle shall wear a helmet at all times.
- Two-way radios are reserved for race organization only.
- The use of radio links or other remote means of communication with the riders is forbidden.
- Riders may not use any form of radio communication while competing.
- Helmet mounted cameras are not permitted.
- The use of personal music players are not permitted while racing or warming up on the course.
- The use of glass containers is strictly prohibited during the race

Callups

- In the event of multiple categories starting in the same start wave, each category will be called to the line separately.
- The top eight (8) riders from each category, will receive a call up and then the remaining racers in that age group will be called to the line.
- Call-up order will be determined as follows:
 - UCI Points
 - National Champion
 - Outgoing Provincial Champion
 - Alternating (series) call-up with eastern rider then southern/western rider
 - Random draw
- If you are not present for call-up you forfeit your starting position.

Ceremonies & Protocol

- Upon the (online) posting of results there will be a 15-minute protest period, after which time the results will become official and award presentations will follow promptly.
- Top 3-finishers are required to attend award presentations or risk forfeiting their awards and possible additional penalties.
- Riders are to wear their competition uniforms for the presentation. No jeans, sunglasses, or hats are permitted on the podium or risk fine

Provincial Medals & Jerseys

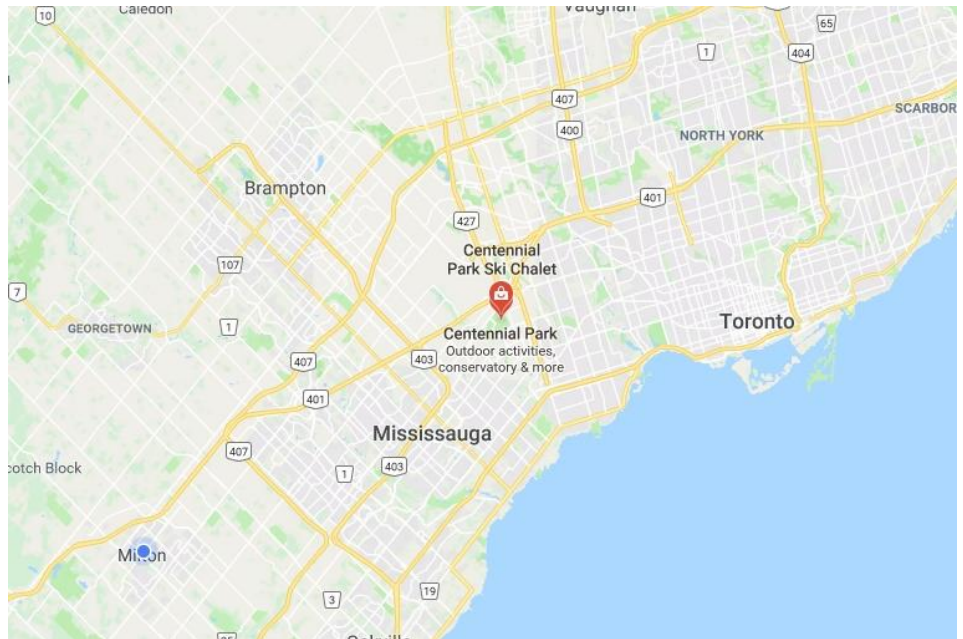
- Only riders with Ontario issued Citizen Permits (where applicable) or UCI licenses will be awarded championship status.
- Provincial medals and jerseys are only awarded to championship categories; sportif and single speed will receive event medals only.

Directions to Event

Centennial Park Ski Chalet
256 Centennial Park Rd,
Etobicoke, ON M9C 5N3

Easily accessible by 401, 403, 427,
& 400 series highways. Click on
the link below for google maps
directions

<https://goo.gl/maps/oC93mJ8oRDr>



Parking

Parking is located on the event venue. Please follow the signage and any instructions by venue management. Please be considerate of others and park in such a manner to allow others a chance to park well. The main parking areas are for cars only

Team Tents/Vehicles/Trailers

If you would like to park a team vehicle or trailer, please contact the race organization beforehand. Spaces will be allotted on a first come first serve basis. The same goes for team tents – if you want to install a team tent you must contact the organization first. You must not install any team tent areas in the general parking areas.