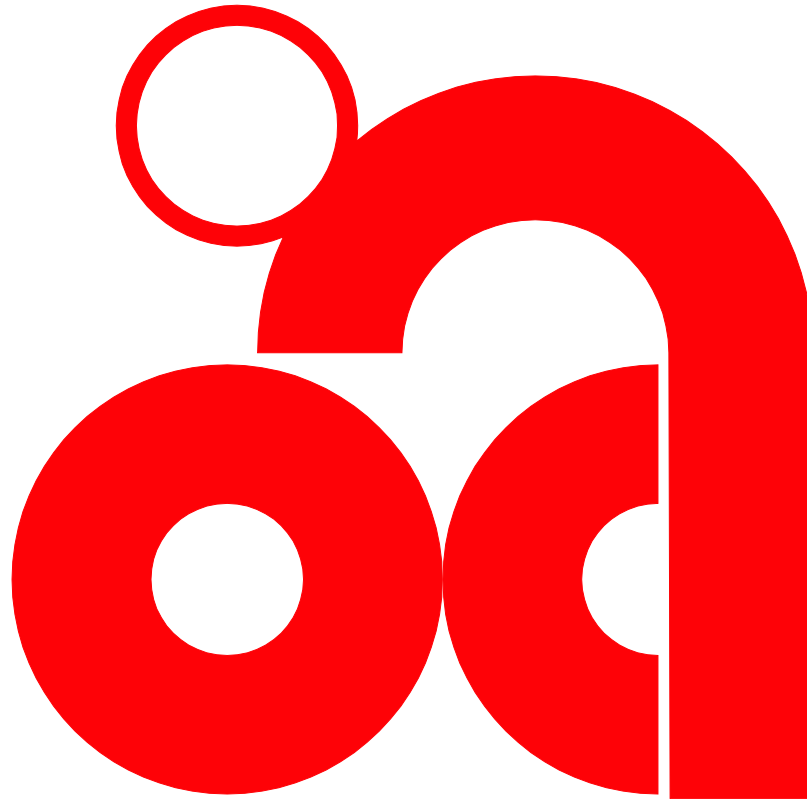


OCA COMPANION GUIDE



Revision
2012.04.01

OCA COMPANION GUIDE

PRELIMINARY PROVISIONS

Please note, that as of January 2012, the UCI Regulations and the CCA Companion Guide will be considered as the reference for all regulations governing the specified disciplines of bicycle racing within Ontario.

The present UCI Regulations and the CCA Companion Guide shall be applicable to all types of specified cycling races.

Where necessary the UCI regulations and the CCA regulations have been revised to accommodate various Provincial Regulations pertinent to Ontario. These amendments appear in this OCA Companion Guide. The Provincial Regulations are preceded by the letter (O) in italics. These rules may, from time to time, be amended at the discretion of the OCA Officials Committee.

It should be noted that the UCI Regulations and the CCA Companion Guide are dynamic reference documents and a particular section may be updated at any time during the year. We therefore recommend that people refer to relevant sections on a regular basis through the UCI and the CCA websites. All preceding regulations will be considered invalid as of the date of the updated regulation.

1. Nevertheless, Provincial Organizations may, in their provincial regulations applicable to races on their own Provincial Calendar, rule on any provisions herein marked by the letter (O). Where no such provincial regulations exist, organizers of races registered on the Provincial Calendar shall strive to respect the national and international regulations to the greatest extent possible and in accordance with the circumstances.

When referencing the UCI or CCA rulebook, the term “National Federation” and “National Calendar” shall be inferred to read “Provincial Organization” and “Provincial Calendar” where the matter involves the sport within Ontario and sanctioned by the OCA.

2. A specific provision of the UCI Regulations, the CCA Companion Guide, and the OCA companion Guide shall constitute an exception to any general provision with which it would be incompatible. Further, an OCA amendment may only refer to part of a CCA/UCI rule. In such cases, the remainder of the CCA/UCI rule will apply

3. Participation in a cycling race, in whatever capacity, shall imply acceptance of all provisions of UCI Regulations, the National amendments contained in the CCA Companion Guide, and the Provincial amendments contained in the OCA Companion Guide.

4. The UCI / CCA / OCA cannot be held responsible for any infringements of the law committed in connection with cycling, even if The Regulations be invoked to justify such infringements.

5. The OCA Officials Committee may be consulted where there are difficulties in applying the UCI regulations or national/provincial amendments.

To facilitate reading, the OCA Companion Guide shall include the use of the masculine for the feminine and singular for plural.

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Anne Cobban – OCA Officials Committee, representative for Road (outgoing)

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Also, the OCA would like to thank the CCA and the National Officials Committee for inspiring this manual.

PART 1 GENERAL ORGANISATION OF CYCLING AS A SPORT

Chapter LICENCE-HOLDERS

1 Licences

Categories of licence holders

1.1.010 (O) The Organizer's designation will only be issued to those licence holders whom have completed the provincial level Commissaires course in that discipline. A licence holder carrying out the role of organizer may not carry out another role during the event.

Issuing procedure

1.1.011 (O) In order to obtain a licence through the OCA, the member must have a primary residence within Ontario and receive the majority their governmental services from within the province. Any exemption requests must be made in writing to the Development Committee.

Form of licence

1.1.027 (O) The licence must include a "head shot" photo of the licence holder.

Penalties

1.1.029 (O) 1) In provincially sanctioned events
2) No fine will be applied

Sundry provisions

1.1.031 (O) Unless specifically provided for in the rules governing each discipline in the sport, all riders under the age of 17 by December 31st of the current year may compete using an OCA Citizen's Permit for all Ontario Sanctioned events. If a UCI permit is issued to a youth rider, they must adhere to the requirements set out for this type of licence.

1.1.032 (O) If a rider is suspended, he may not take out another licence from a different province for the duration of the suspension.

1.1.033 (O) To participate in Provincial Championships, a rider must be a member of the OCA and duly licenced as outlined in 1.1.011 and 1.1.031

3 Teams

Regional team

1.1.045 (O) A regional team registered with the OCA is known as an OCA private team and is subject to the definitions and regulations outlined in the club policies of the OCA

4 Commissaires

1.1.050 (O) OCA Commissaires may participate in the planning, organization, and officiating of events to which they are a member of the organizing club. During the race, they may not carry out another role.

1.1.051 (O) In Ontario, all matters concerning the status, accreditation, assignment, and discipline of Provincial level Commissaires will be undertaken by the OCA Officials Committee

Conditions of appointment

1.1.053 (O) Admission as a provincial Commissaire shall be determined by the policy set forth by the OCA Officials Committee

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Status

1.1.065 All provincial Commissaires shall be subject to the OCA discipline policy when assigned by the OCA Officials Committee

Mission

1.1.070 (O) The OCA Officials Committee appoints all members of the Commissaires' Panel for provincially sanctioned events.

1.1.073 (O) Reimbursement schedules for provincial Commissaires appointed by the OCA shall be determined by the Officials Committee

1.1.074 (O) Provincial Commissaires are required to wear the designated OCA uniform, unless an alternate uniform is provided by the event organizer.



Chapter RACES

Section 1: administrative provisions

1 Calendar

1.2.002 (O) An OCA calendar will not be drawn up for the following disciplines:

1. BMX
2. trials
3. indoor cycling (cycle ball and artistic cycling)
4. cycling for riders with disabilities

1.2.004 (O) A provincial race is a race entered on a provincial calendar

1.2.006 (O) The deadline for road and mountain-bike applications will be November 15th of the previous year. For cyclo-cross, the deadline shall be set at February 15th of the year that the season begins.

1.2.008 (O) the OCA shall, when publishing the provincial calendar, include national and international calendar races that are run in the province.

1.2.009 (O) In Ontario, the application is known as an "Expression of Interest" form. It shall be submitted each time a race is to be included on the calendar.

1.2.012 (O) In Ontario, the fee is known as an "Event Permit" fee and is due two months after the Expression of Interest forms are due in order to secure the date assigned by the OCA Events Committee. Missing this payment will result in non-compliance and the date will be removed from the calendar. The applicant is allowed to resubmit their Expression of Interest but will only be considered for dates available after the calendar is set.

1.2.013 (O) The decisions of the OCA Event Committee are considered final.

1.2.014 (O) Any change to dates on the calendar shall be subject to approval by the OCA Events Committee. If an event is canceled, the organizer will forfeit their Event Permit Fee.

7 National Championships

1.2.027 (O) Provincial Championships will be run using national categories.

1.2.029 (O) Provincial championships shall be run on the date approved by the OCA Events Committee.

Section 2: organization of races

1 Organizer

1.2.035 (O) For Ontario Cup events, the timing must only be performed by the OCA approved vendor.

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2 Authorization to organize the event

1.2.037 (O) or Provincial

4 Programme - technical guide

1.2.043 (O) The Technical Guide may be changed, without penalty, only with the approval of the Events Committee.

1.2.044 (O) Not in provincially sanctioned events

1.2.045 (O) For road events, technical guides are due to the OCA 60 days prior to the event. For cyclo-cross, 30 days.

5 Invitation - Enrolment

General provisions

1.2.054 (O) "Day of" registrations are not permitted in Road Provincial Championships and Road Ontario Cups

Penalties

1.2.055 (O) Does not apply to provincially sanctioned events.

6 Race headquarters – Secretarial office

1.2.056 (O) Only required at Road Provincial Championships and Road O-Cups, the form of which is taken to be "a place for the race secretary to perform their work."

1.2.059 (O) Not required at provincially sanctioned events

7 Course and safety

Safety

1.2.063 (O) Nor the CCA or the OCA

8 Medical service

1.2.067 (O) First responders may provide medical care to riders

1.2.068 (O) or organizer must provide an alternative, suitable EAP for rapid transfer to hospital

9 Prizes

1.2.071 (O) This is not required in provincially sanctioned races

1.2.072 (O) All prizes must be given out during the podium presentations. If a rider does not appear for the presentation, they may forfeit their winnings.

10 Travel and subsistence expenses

1.2.075 (O) Not required in provincially sanctioned events

1.2.076 (O) Not required in provincially sanctioned events

Section 3: race procedures

4 Team managers' meeting

1.2.087 (O) Team managers' meetings are not required at provincially sanctioned events

6 Start of the race

1.2.094 (O) A Commissaire need only be present for signature check supervision at O-Cups and Provincial Championships

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7 Finish Finish line

1.2.101 (O) Not required at provincially sanctioned events

1.2.102 (O) In road races, photo-finish is only required at the regional sanction and above

Section 4: supervision of races

2 Commissaires' panel

(O) The OCA Officials Committee appoints all members of the Commissaires Panel for provincially sanctioned events.

Task and composition

1.2.116 (O) For provincially sanctioned events, the following table is to be used:

Road - Circuit

	Youth Cup	Citizen	Regional	O-Cup	Provincial
Chief	1	1	1	1	1
Secretary				1	1
Finish Judge	1		1	1	1
Panel Member			3	3	4

Road - Criterium

	Citizen	Regional	O-Cup	Provincial
Chief	1	1	1	1
Secretary			1	1
Finish Judge		1	1	1
Panel Member		2	2	2

Road – Time Trial

	Regional	O-Cup	Provincial
Chief	1	1	1
Secretary		1	1
Finish Judge	1	1	1
Panel Member	1	3	3

Mountain Bike - XC

	Citizen	O-Cup	Provincial
Chief	1*	1	1
Finish Judge		1	1
Panel Member		1	1

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Mountain Bike - DH

	Citizen	O-Cup	Provincial
Chief	1*	1	1
Finish Judge		1	1
Panel Member		1	1

Cyclo-cross

	Citizen	S-Cup	Provincial
Chief	1	1	1
Finish Judge		1	1
Panel Member			1

* May not always be required

Finish line Commissaire

1.2.119 bis (O) The finish line judge may also fulfill the duties of the Timekeeper-Commissaire

Report

1.2.123 (O) Commissaires shall use the form provided by the OCA

Expenses

1.2.125 (O) Reimbursement schedules for provincial commissaries appointed by the OCA shall be determined by the OCA Officials Committee.

3 Powers of the Commissaires' panel

1.2.131 (O) In provincially sanctioned events, the penalty for this offense is outlined in this guide under the discipline section.

Chapter EQUIPMENT

Section 2: bicycles

2 Technical specifications

(O) For Road Time Trial events, if a riders' bicycle fails to meet the criteria set out in the UCI guidelines, the rider will be offered a chance to adjust their equipment to meet the standard before their start, withdraw from the race, or start the event at their assigned time without making an adjustment.

If a rider chooses to start the event without a compliant bicycle, their result will not count in their normal category; instead they will receive a time and finish order in a sportif category for non-compliant riders.

4 Leaders' clothing

Stage races

1.3.052 (O) Shall be left to the organizer's discretion

10 Sanctions

1.3.072 (O) In provincially sanctioned events, these infringements will be subject to the penalties laid out in the discipline section in this guide.

PART 2 ROAD RACES

Chapter I

CALENDAR AND PARTICIPATION

National calendars

2.1.008 (O) The management of the provincial calendar is the responsibility of the PSO.

Chapter II

GENERAL PROVISIONS

Participation

2.2.002 (O) Depending on the event, this limit may be adjusted at the discretion of the OCA

Exclusion from races

2.2.010 bis (O) Anyone subject to a penalty under the OCA discipline policy may be excluded at any provincially sanctioned event without recourse.

Race programme - technical guide

2.2.012 (O) The programme shall include, at a minimum, the requirements set out in the UCI rulebook, with the following adjustments:

- mention of the fact that the race will be run under UCI regulations with CCA and OCA modifications;
- a statement that alongside the UCI scale of penalties, the OCA scale of penalties will also apply and take precedence;
- the opening hours and exact location of the race registration (headquarters);

Also, the following items are not required

- the venue and time of the team managers' meeting;
- the testing station for anti-doping tests (unless the CCES requires one);
- the frequency used for radio-tour;

Results

2.2.013 (O) For Ontario sanctioned races, must be communicated to the OCA by 9 AM of the next business day, or 24 hours after the race has finished, whichever is earlier

Security

2.2.017 (O) At the discretion of the OCA, these distances may be adjusted based on course layout

2.2.018 (O) Nor the CCA or OCA

Medical care

2.2.019 (O) Medical care may be performed by first responders

Radio-tour

2.2.021 (O) Not required at provincially sanctioned events.

Finish

2.2.022 (O) Not required at provincially sanctioned events.

Measuring jig for time-trial bicycles

2.2.022 bis (O) Only required at O-Cups and Provincial Championships.

3 Race procedure

Gear ratios

2.2.023 (O) All categories under the age of 17 shall use the gear ratios outlined for riders in the U19 category.

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In-race communications (two-way radio)

2.2.024 (O) Infringement of this regulation within provincially sanctioned races will be penalized using the OCA scale of penalties.

Conduct of riders

2.2.025 (O) Objects may only be jettisoned in areas designated by the organizer

2.2.025 bis (O) Unless the event is completely closed to two way traffic, riders must remain on the right side of the road (Colloquially known as the “Yellow Line Rule”). Any intentional breach of this provision shall result in the rider being disqualified from the race and will be required to withdraw from competition immediately.

Frame numbers

2.2.027 (O) Only if provided

Commissaires’ panel

2.2.028 (O) The composition of the Ontario Commissaires’ panel is given in the OCA addendum to article 1.2.116.

Race incidents

2.2.029 (O) The course may not be modified to include roads not part of the original sanction without coordinating with the relevant authorities.

Vehicles

2.2.032 (O) Unless otherwise indicated by the OCA, appropriate vehicles may be any height for provincially sanctioned events.

2.2.034 (O) The organizer shall provide each mobile Commissaire with a car fitted with a radio transceiver; opening roofs, while preferable, are not required

Followers

2.2.035 (O) At provincially sanctioned events, only race organization vehicles are permitted to circulate within the race; these vehicles may be driven by non-members.

4 Press specifications (N)

Accreditation

2.2.039 (O) Only required if the press institution makes a formal request.

Information prior to the race

2.2.043 (O) Not required at provincially sanctioned races.

Press motorcade

2.2.047 (O) Press vehicles may only follow the race with the permission of the OCA

5 Circulation during the race

Cars

2.2.059 (O) May be allowed at the discretion of the OCA.

Press room (O) Not required at provincially sanctioned races

Telecommunications (O) Not required at provincially sanctioned races

Press conference (O) Not required at provincially sanctioned races

III

Chapter ONE-DAY RACES

Rights and duties of riders

2.3.012 (O) Permitted between all riders in a field. Pushing of one rider by another remains forbidden.

2.3.013 (O) May be jettisoned at the designated area.

Finishes and timekeeping

2.3.038 (O) Only in Regional, O-Cup, and Provincial Championship events.

2.3.042 (O) Track finishes are not allowed in Ontario.

IV

Chapter INDIVIDUAL TIME TRIALS

Course

2.4.005 (O) Not required at provincially sanctioned races.

Starting order

2.4.006 (O) The starting order shall be determined by OCA

2.4.009 (O) In provincial championships, the top 5 winners of the provincial championship of the preceding year start last in the reverse order of their classification.

2.4.011 (O) A starting ramp is only required at provincial championships.

Timekeeping

2.4.014 (O) Not required in provincially sanctioned races.

Racing procedure

2.4.018 (O) If the road is not closed to two way traffic, riders must not violate the "Yellow Line Rule" per 2.2.025 bis.

V

Chapter TEAM TIME TRIALS

Course

2.5.005 (O) Not required in provincially sanctioned races.

Starting order

2.5.006 (O) The starting order shall be determined by OCA

Start

2.5.009 (O) 30 minutes.

Timekeeping and classification

2.5.012 (O) Not required in provincially sanctioned races.

Team conduct during the race

2.5.016 (O) If the road is not closed to two way traffic, riders must not violate the "Yellow Line Rule" per 2.2.025 bis.

VI

Chapter STAGE RACES (N)

Participation

2.6.004 (O) Not required in provincially sanctioned races.

Prologue

2.6.006 (O) A prologue may be run on the same day as the first stage.

Individual time trial stages

2.6.023 (O) For the prologue or first stage, starting order shall be determined using the same method as a stand alone time trial.

Drop-out

2.6.026 (O) In provincially sanctioned events, the OCA scale of penalties shall apply.

Team vehicles

2.6.033 (O) Only if the stage race is team based.

Reporting results

2.6.035 (O) Only if the stage race is team based.

VII

Chapter CRITERIUMS

Organization

2.7.004 (O) Only regarding international races in Ontario

2.7.007 (O) At the discretion of the OCA, this distance may be adjusted depending on course layout

2.7.009 (O) Not required in provincially sanctioned races.

2.7.010 (O) Not required in provincially sanctioned races.

Riders may be penalized for changing in public.

VIII

Chapter INDIVIDUAL RACES

2.8.003 (O) There is no minimum prize amounts

Circuit races must be at least 4 km long.

PART 12 DISCIPLINE AND PROCEDURES

12.0.000 (O) All penalties received at provincially sanctioned races will be applied as member discipline. These penalties are not subject to appeal to any body other than the ones outlined in the OCA Discipline Policy.

Chapter I DISCIPLINE

1 Infringements

Various infringements

12.1.004 (O) Infringement of this regulation in provincially sanctioned events is subject only to the OCA Discipline Policy

Forms of infringement

12.1.005 (O) Infringement of this regulation in provincially sanctioned events is subject only to the OCA Discipline Policy

12.1.007 (O) Any infringement committed by a licence-holder of a provision of the UCI Regulations - including any race incident - that is not specifically penalized, shall only carry a penalty codified in the OCA Companion, section 12.1.040

12.1.009 (O) Infringement of this regulation in provincially sanctioned events is subject only to the OCA Discipline Policy

Race incidents

12.1.011 (O) Race incidents committed during provincially sanctioned races shall be penalized by the Commissaires Panel, but it may not hand down suspensions. Suspensions as well as race incidents, in case the latter were not noted by the Commissaires, shall be judged and decided upon under the authority of the OCA Discipline Policy provided that the case is given notice within one month of the end of the event.

12.1.012 (O) Only fines exceeding 100 CDN and can only be appealed through the OCA Discipline Policy.

Penalties

General provisions

12.1.015 (O) This does not apply in provincially sanctioned races.

12.1.016 (O) This does not apply in provincially sanctioned races.

Fine

12.1.029 (O) For offenses committed at provincially sanctioned events, the penalty must be paid within one month. All penalties must be paid prior to Provincial Championships. Non-payment will result in a temporary suspension until the fine is paid.

Suspension

12.1.035 (O) The fine shall be 100 CDN to 500 CDN

3 Scale of penalties for race incidents

12.1.039 (O) In provincially sanctioned events the licensee shall be subject to action under the OCA Discipline Policy.

12.1.040 (O) The table below lists the OCA Scale of Penalties. If the infringement is not listed here, national and/or international scale of penalties may apply.

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Discipline	O) Graduated penalty by category: Advanced / Intermediate / Novice E1&2,M1,U19 / E3,M2,U17,MW / E4,M3,U15,U13 Elite, Expert / Sport / Beginner
Road	N) Canadian Events + OCA Provincial Championships O) Ontario Events
Track	N) Canadian Events + OCA Provincial Championships O) Ontario Events
Cyclo-cross	N) Canadian Events + OCA Provincial Championships O) Ontario Events
Mountain bike	O) Ontario Events
PART 1 – GENERAL REGULATIONS (selected sections)	
1.1.027 N) Mandatory photograph of licence holder missing from back of licence	O) if other photo ID presented: warning, else: buy 1-day permit (or 10 fine) Note: warnings only for 1st month of season (until May12th/10)
1.1.029	
2) Participation or attempt to participate, in a cycling competition or event without carrying the requisite licence (penalty shall not apply if licence holder's status as not suspended is determined in another manner)	O) Failure to present licence (if not suspended): buy 1-day permit or \$10 fine
1.2.108 Unless otherwise stated, each rider shall, in order to be classified, complete the race entirely through his own effort, without the assistance of any other person.	O) Intermingling. 30 / 20 / warning. DQ if advantage gained
1.3.026 When competing, all riders shall wear a jersey with sleeves and a pair of shorts..... Sleeveless jerseys shall be forbidden.	O) if observed prior to start: warning and start refused if not rectified. If observed during event: DQ / 20 / warning
1.3.031 N) At all times when participating in or preparing for an event held in Canada, all licensees who are mounted on a bicycle shall wear a securely fastened helmet that meets one of the following standards (see CCA companion guide for standards list.	O) While astride the bicycle not during a race but still at the event: 1 st offence: warning 2 nd offence at event: 50 subsequent offence at event: 100 & subject to action under the OCA Disciplinary Policy (see 12.1.040.3.3 for infractions during a race)
1.3.031.3 Each rider shall be responsible for:avoiding any manipulation which could compromise the protective characteristics of the helmet.....using only a helmet that has not been altered or had any element added or removed in terms of design or form.	O) if observed prior to start: warning and start refused if not rectified. If observed during event: DQ / 20 / warning

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O) Helmet mounted cameras shall not be worn	
1.3.072	
O) Failure to wear team/club clothing as listed on licence	O) if observed prior to start: warning and start refused if not rectified (warning only for 1st offence & novice categories) if observed during event or 2nd offence: DQ / 20 / warning Note: warnings only for 1st month of season (30 days after first event)
O) All independent riders must wear a plain coloured jersey that does not display any team / club names or sponsors.	O) if observed prior to start: warning and start refused if not rectified (warning only for 1st offence and novice categories) if observed during event: DQ / 20 / warning
7. National champion's jersey in violation of 1.3.068 (National road, track, cyclo-cross, mountain bike, BMX, trials and indoor cycling champions must wear their jersey in all events in the discipline, specialty and category in which they won their title and no other event.)	O) 30
PART 2 – ROAD RACE REGULATIONS (selected sections)	
2.2.024the use of radio links or other means of remote communication with the riders is not permitted. Riders are forbidden to use a mobile telephone while riding a race. (see also 12.1.040.37)	N) This regulation applies to all categories from Junior and below O) start refused or DQ
2.2.023 For U19 men and U19 women, the maximum gear ratio is that which gives a distance covered per pedal revolution of 7.93 metres.	N) The riders must apply the following chain gear limits: U17 6.94 m, U15 6.00 m, U13 5.60 m O) U19 gear ratio of 7.93 metres will be enforced
2.2.025 bis (O) Unless the event is completely closed to two way traffic (YELLOW LINE RULE)...intentional breach of this provision required to withdraw from competition immediately.	O) 1st offence: immediate DQ 2nd offence during season: immediate DQ+20 Subsequent offences during season: subject to action under the OCA Disciplinary Policy
2.6.026 A rider dropping out of the race may not compete in any other cycling events for the duration of the stage race that he abandoned.	N) for races below the international level: 15 day suspension and fine of 20 to 200
PART 12 – DISCIPLINE & PROCEDURES REG'S (selected sections)	
12.1.007 Any infringement committed by a licence-holder, other than an organizer, of a provision of the UCI Regulations – including any race incident – that is not specifically penalized, shall carry a fine not exceeding SFR.100.	O) 50 / 20 / Warning
12.1.040 RACE INCIDENTS	
2. Bicycle	
O) U19 riders: Failure to report for gear check:	O) pre-race: 1st offence: warning. Subsequent offences

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	<i>during season: DQ. Immediately post-race: DQ</i>
3. Clothing	
3.3. Rider taking off the mandatory helmet during the race	O) DQ+50 / DQ+20 / DQ
4. Number, epaulet, cycle plate or frameplate changed or badly positioned. O) includes: upside down; wrong side; not as per technical guide	
4.1 One-Day Race	O) 20 / 10 / warning
5. ID number or frameplate invisible or unrecognizable	
- One-Day Race	O) 50 or DQ / 20 or DQ / warning
6. Non-return of rider's number after dropping out	O) Warning+5 admin charge
O) Not reporting to a Commissaire after dropping out of race (1.3.080N)	O) 1st offence: 50 2nd offence: 150 3rd offence: subject to action under the OCA Disciplinary Policy
10. Sprint	
10.1 Deviating from selected lane, endangering other riders	
10.1.1 One-Day Race	O) 1st offence: DQ+50 / DQ+50 / DQ+20 2nd offence during season: DQ +100 / DQ+100 / DQ+50 Subsequent offences during season: subject to action under the OCA Disciplinary Policy
14. Willful deviation from the course, attempt to be placed without having covered the entire course by bicycle, resuming the race after having accepted a lift in a vehicle or on a motorbike.	O) 100+DQ / 50+DQ / 25+DQ
17. Cheating, attempted cheating, collusion between riders of different teams	
17.1 One-Day Race	O) 20+DQ / 10+DQ / DQ
18. Rider holding on to some other motor vehicle:	O) DQ + 50
23. Unauthorized refreshments	
23.1. One-Day Race	
- in the first 50 km	O) Rider: 20 / 20 / warning
- in the last 20 km	O) Rider: 30 / 30 / warning O) Other licence-holder: 20 / 20 / warning
24. Non-regulation supply of refreshment	O) Rider: 20 / 10 / warning per offence

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	O) Other licence-holder: 20 / 10 / warning per offence
28. Failure to respect instructions by the Race Administration or the Commissaires	O) Rider: 50 / 20 / Warning Other licence-holder: 50
O) – Safety violations	1st offence: DQ Subsequent offences during season: subject to action under the OCA Disciplinary Policy
O) – Breach of provisions concerning the circuit and warming up	30 / 20 / warning
29. Insults, threats, unseemly behaviour	
O) –Public Urination	O) 50 / 50 / 20 Subsequent offences: subject to action under the OCA Disciplinary Policy
O) –Littering	O) 30 / 30 / 10
O) –Public Exposure	O) 50 / 50 / 20 Subsequent offences: subject to action under the OCA Disciplinary Policy
MOUNTAIN BIKE EVENTS	
54. Use of radio links or other remote means of communication	O) DQ
56. Failure to use the handlebar plate during training	O) 50 / 20 / warning

Chapter **II**

POWERS AND PROCEDURES IN DISCIPLINARY MATTERS

Generalities

12.2.002 (O) Also the CCA and/or OCA amendments

2 Commissaires Panel

12.2.006 (O) The Commissaires Panel may judge the matter without consultation.

12.2.007 (O) Appeals under the OCA Discipline Policy are only possible in cases where the fine exceeds 100 CDN

12.2.008 (O) Offending parties shall be notified via Communiqué posted online. It is the responsibility of all members to read and respond to their own infringements.

12.2.009 (O) 100 CDN

12.2.011 (O) Decisions shall hold until a ruling is made under the OCA Discipline Policy.

12.2.012 (O) Decisions made under the OCA Discipline Policy regarding an appeal may not be further appealed.

Disciplinary Commission

(O) The OCA Discipline Policy shall be applied in provincially sanctioned races

Chapter **III**

COMPETENCE AND PROCEDURES IN CASE OF DISPUTES

General

12.3.001 (O) For all disputes regarding provincially sanctioned races, the OCA Discipline Policy shall prevail above all else.

PART 13 SPORTING SAFETY AND CONDITIONS

II

Chapter SPORTS DOCTORS

13.2.001 (O) Doctors do not need to be licensed by the OCA to perform their duties at provincially sanctioned events.

III

Chapter PARAMEDICAL ASSISTANTS

Licence

13.3.003 (O) Paramedics do not need to be licensed by the OCA to perform their duties at provincially sanctioned events.

PART 15 CYCLING FOR ALL

I

Chapter GENERAL PROVISIONS

1 Participation

15.1.001 (O) Participation shall be open to all OCA license types.

15.1.005 (O) Participation shall be open to all OCA license holders.

2 Entries and responsibility of participants

Health

15.1.008 (O) Nor the CCA or the OCA

3 Organization

Programme - Event technical guide

15.1.014 (O) Technical Guides are only required if sanctioned by the OCA

II

Chapter CYCLOSPORTIVE EVENT

1 Course and safety

Marshals

15.2.006 (O) Where required by the Ontario Highway Traffic Act, Police shall be used to control traffic.

OCA Companion Guide Supplement

Mountain Bike 2012.05.25

This supplement to the OCA Companion Guide includes rule amendments to the UCI & Cycling Canada Mountain Bike rules and is intended to serve as a quick reference to all three rulebooks regarding the specific rules set out below. In the future, these rule amendments will be included within the OCA Companion Guide.

Each amendment will be accompanied by first the original UCI rule (as of the date of this publication) and the Cycling Canada rule if one exists. Cycling Canada rules are marked with an "N" beside the rule number and OCA rules are marked with an "O" beside the rule number.

Age categories and participation

4.1.006 Downhill events are open to all riders aged 17 or over.

UCI

UCI points are awarded in relation to the rider's time and not to their category. This applies to all races on the international calendar, including world championships, continental championships and national championships. To ensure that this rule is correctly applied, only one combined result needs to be sent to the UCI.

Comment: For instance, a junior finishing with the 5th overall time at the world championships receives the 160 UCI points awarded to the 5th position, no matter its age category.

4.1.002 N) Age categories recognized for men and women are:

**Cycling
Canada**

10-12 yrs: U13/Under 13
13-14 yrs: U15/ Under 15
15-16 yrs: U17/Under 17
17-18 yrs: U19/Junior
19-23 yrs: U23/Espoirs
19-29yrs: Senior Elite
30-39 yrs: Master A
40-49 yrs: Master B
50+ yrs: Master C

N) A rider may be recognized in three different subcategories within the same category, one for cross-country, one for downhill and one for 4 X. The license must reflect all sub-categories.

Any license which has been modified in any way after leaving the provincial office of origin shall be considered defaced and can be withheld by the Race Secretary and be returned to the provincial office of origin for replacement. In this case, the Race Secretary for the event will issue the license holder with a temporary license which will be valid for a 2 week period.

OCA

4.1.006 bis O) The minimum age group is Minime - 13 years old as of Dec 31. Upgrading is not permitted. Minimes will have the first runs. The course will be rerouted around any feature that was deemed off limits by the Technical Delegate, Commissaires and organizer. Marshals will tape off any identified sections during race runs. Minimes have different coloured plates so marshals can watch any attempts to try any off limits sections during practice. If a Minime is spotted riding off limit sections they will be immediately disqualified.

Technical delegate

UCI **4.1.012** For the Olympic Games, world championships, World Cup events and continental championships a technical delegate is appointed by the UCI.

OCA **4.1.012 O)** Where applicable, the Technical Delegate for will be appointed by the OCA and will arrive prior to registration and remain for the duration of the event.

UCI **4.1.013** Without prejudice to the responsibility of the organiser, the technical delegate supervises the preparation of the technical aspects of the event and serves as a link with UCI headquarters in this respect.

OCA **4.1.013 O)** Without prejudice to the responsibility of the organizer, the technical delegate shall supervise the preparation of the technical aspects of the event and shall serve as a link with the OCA in this respect.

UCI **4.1.014** If an event is promoted at a new venue, the technical delegate must carry out an inspection in advance (course, distance, location of feed/technical assistance zones, installations, safety, event race schedule, etc.). He meets the organiser and prepares an inspection report without delay for submission to the UCI mountain bike coordinator.

OCA **4.1.014 O)** If an event is promoted at a new venue, the technical delegate must carry out an inspection in advance (course, distance, location of feed/technical assistance zones, installations, safety, etc.) He will meet the organizer and prepare an inspection report without delay for submission to the OCA Events Coordinator.

UCI **4.1.015** The technical delegate must be on site at least one day prior to the first official training session and must carry out an inspection of the venue and course in conjunction with the organiser and the president of the commissaires' panel. He coordinates the technical preparations for the event and ensures that the recommendations made in the inspection report are implemented. The definitive version of the course and any changes are the responsibility of the technical delegate. In cases where a technical delegate does not have to be appointed under article 4.1.012, this task falls to the president of the commissaires' panel.

OCA **4.1.015 O)** When required by the OCA the technical delegate shall be on site prior to the first official training session and carry out an inspection of the venue and courses in conjunction with the Chief Commissaire and the organizer. He shall coordinate the technical preparations for the event and shall ensure that the recommendations made in the inspection report are implemented. The definitive version of the course and any changes shall be the responsibility of the technical delegate.

UCI **4.1.016** The technical delegate must attend the team managers' meetings.

Cycling Canada **4.1.016 N)** Where applicable, the Technical Delegate for National events will be appointed by the CCA and will arrive prior to registration and remain for the duration of the event.

Cycling Canada N) The technical delegate must be on site prior to the first official training session and carry out an inspection of the venue and courses in conjunction with the Chief Commissaire and the organizer. He shall coordinate the technical preparations for 2012 CCA Companion Guide General Organization of Cycling as a Sport 17 the event and shall ensure that the recommendations made in the inspection report are implemented. The definitive version of the course and any changes shall be the responsibility of the technical delegate. The technical delegate shall attend the team manager's meetings.

OCA **4.1.016 O)** The technical delegate shall conduct the team manager's meetings.

OCA **4.1.016 bis O)** In the absence of a team managers meeting, the technical delegate shall conduct a riders meeting prior to the start of the race.

Course marking

4.3.006 The length of the course and the duration of the event are determined as follows:

UCI	Minimum	Maximum
Course length	1500 m	3500 m
Duration of the event	2 minutes	5 minutes

OCA 4.3.006 O) This rule can be modified with permission from the OCA

4.3.007 The entire downhill course must be marked and protected using non-metallic, preferably PVC, stakes (slalom stakes) 1.5 to 2 meters high.

In very fast and dangerous sections, where the riders line is close to the course boundary, B lines must be installed as per diagram:



UCI

OCA 4.3.007 O) The entire run must be taped

UCI 4.3.008 The use of straw bales to mark off the course is not permitted.

OCA 4.3.008 bis O) Where course sections involve obstacles such as walls, tree stumps or tree trunks, hay bales or suitable padding may be used to protect the riders. Such protective measures must not restrict the rideability of the course. Not every obstacle can be padded nor can every crash outcome be predetermined. Consideration should be given to the race line, the spill zone etc.

O) Chicken wire may not be used as a non-slip surface on bridges or ramps

First aid (minimum requirements)

4.3.020 The first aid service must be organised in accordance with articles 4.2.052 to 4.2.058 it being understood that the number of people qualified under the laws of the country to give first aid must be at least seven.

UCI

A medic must be stationed at the exit of the finish bowl during racing. The organiser must submit an evacuation and medical plan to UCI prior to world championships, world cup and continental championships. The organisers medical coordinator must meet the technical delegate if applicable or the president of the commissaires' panel before the first training.

OCA

4.3.020 O) Notwithstanding UCI articles 4.2.052 through 4.2.058, the following represents the minimum first aid requirements:

- The number of qualified personnel has been amended to a minimum of 4.
- Qualified shall mean the equivalent of the Canadian Ski Patrol System.
- A doctor on site is not required.

- Ready access to an ambulance i.e. 911 service or prior notification to ambulance dispatch.

- UCI** **4.3.021** The following training sessions must be organised:
- an on-foot inspection of the course must be organised before the first training session.
 - a training session, the day before competition.
 - a training session on the morning of the race day.

No training is permitted whilst a race is in progress.

OCA **4.3.021 O)** the number of training sessions may be altered by the chief commissaire.

UCI **4.3.022** Each rider must complete at least two training runs on pain of disqualification. The start commissaire must ensure that this rule is applied.

OCA **4.3.022 O)** If only one training run is provided per 4.3.021 O), a rider must complete that training run upon pain of disqualification. This run must take place on the morning of competition.