



**Ontario Cycling Association**  
***Virtual Challenge #3***  
p/b Morning Glory Cycling Club



**Watopia - Road to Sky**  
**Saturday March 6th 2021**  
Zwift Racing Platform  
**Results**

**OCA Virtual Challenge #3 p/b Morning Glory Cycling Club****March 6th, 2021****Zwift A Category**

Place	First Name	Last Name	Zwift Username	Time	Avg Watts	W/KG	Avg HR
1	Noah	Ramsay	Noah Ramsay - Bateman's	00:42:59	345	5.3	182
2	Ethan	Sittlington	Ethan Sittlington   Toronto Hustle	00:43:04	352	5.3	186
3	Kaj	Johnson	Kaj Johnson [CCF p/b FBS]	00:45:08	344	4.9	177
4	Nick	Cosman	NickCosman	00:45:30	338	4.9	164
5	Brad	Parsons	B.Parsons Techy Kids	00:45:52	335	4.9	167
6	Andrew	Lambert	Andrew Lambert   SWOZR	00:47:04	288	4.8	179
7	Andrey	Andin	Andrey Andin MGCC	00:49:25	300	4.6	168
8	Christopher	Pollett	Chris Pollett LCW SWOZR	00:51:27	327	4.2	153
9	Chris	Pippy	Chris Pippy   FACTION M1M	00:51:38	326	4.2	169
10	Alastair	Thompson	Alastair Thompson	00:52:00	291	4.2	N/A
11	Mark	Lancia	Mark Lancia	00:54:57	280	3.9	180
DNF	Richard	Howard	Rich Howard	DNF			
DNS	Adam	Hawley	Adam Hawley (SWOZR)	DNS			
DNS	Clayton	Vergeer	Clayton Vergeer (Vision)	DNS			
DNS	Warren	Shiau	W.Shiau (MWCC)	DNS			
NP	Chris	Harris	Chris Harris - MGCC - EN A	NP			

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**March 6th, 2021**

**Zwift B Category**

Place	First Name	Last Name	Zwift Username	Time	Avg Watts	W/KG	Avg HR
1	Andrew	Lombard	Andrew Lombard [CCF]	00:51:11	358	4.2	180
2	Godfrey	Taaca	Godfrey T	00:52:15	256	4.1	168
3	David	Moyer	D. Moyer	00:53:31	270	4.0	158
4	Adam	Palmer	Adam Palmer	00:56:07	317	3.8	165
5	Shawn	Clarke	ShawnClarke harke Coaching	00:57:40	283	3.7	180
6	Shane	Jewiss	Shane Jewiss	00:58:06	253	3.7	168
7	Jonathan	Warkentin	Jon Warkentin [LDCC]	01:01:46	273	3.5	176
8	Shaun	McGeough	Shaun McGeough (LDCC)	01:02:26	213	3.5	N/A
9	Joel	Wheeler	Joel Wheeler	01:03:58	198	3.4	174
DNS	Brenton	Henry	Brenton Henry	DNS			
DNS	Russel	Watson	Russel Watson	DNS			
NP	Vince	Liew	V. Liew Mgcc	NP			

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**Zwift C Category**

Place	First Name	Last Name	Zwift Username	Time	Avg Watts	W/KG	Avg HR
1	Samuel	Hebert	Samuel Hebert SCC	01:03:10	291	3.4	184
2	Dale	Irwin	Dale Irwin	01:06:46	205	3.2	157
3	Alejandro	Rojas	ALEJANDRO ROJASU15	01:03:00	187	3.2	190
4	Greg	Caskie	Greg Caskie	01:10:54	247	3.0	N/A
5	Jeff	Kwan	Jeff Kwan	01:11:56	N/A	N/A	N/A
6	Joseph	Laflamme	Jos Mapleflame Laflamme	01:16:46	211	2.8	152
7	Kevin	Brown	Kevinj Brown (OBCZ)	01:17:55	238	2.6	148
8	Chad	Madaleno	Chad Madaleno NECC (M3M)	01:21:13	221	2.5	156
NP	David	Sherrard	DJ Sherrard (OBCZ)	NP			

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**Zwift D Category**

Place	First Name	Last Name	Zwift Username	Time	Avg Watts	W/KG	Avg HR
1	Austin	Rankl	Austin Rankl (U17M)	01:06:01	182	3.4	N/A
2	Grayson	Jewiss	Grayson Jewiss	01:08:23	133	3.3	193
3	Joseph	Hall	Joseph Dore-Hall	01:38:52	214	2.0	N/A
DNS	Tony	Di Battista	Tony Di Battista(VCC)	DNS			

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**Zwift E Category (Women's)**

Place	First Name	Last Name	Zwift Username	Time	Avg Watts	W/KG	Avg HR
1	May	Allison	M. Allison(May)	00:57:50	216	4.0	161
2	Lorie	Cochrane	L. Cochrane   FACTION	00:58:33	228	3.8	172
3	Lisa	Cook	Lisa C (FMC/UNC)	00:59:06	239	3.7	N/A
4	Anna	Tykoliz	Anna Tykoliz SCCC	01:18:48	152	2.8	158
5	Nancy	Schmeler	Nancy Schmeler - Dig Deep	01:26:52	175	2.4	153
6	Susan	Gaudreau	SGaudreau	01:30:15	163	2.3	N/A
7	Chantal	Thompson	Chantal Thompson	01:43:32	165	1.9	155
8	Leah	Power	Leah Power [WTRL] (Drafting Di	02:05:03	112	1.6	157